

Intramurals

UNB-STU Rowing

By

Chantelle Hanley

It's October and for the UNB-STU Rowing Club that means it's racing season!

This weekend the club will be sending 45 athletes, coxswains and coaches to the Head of Connecticut Regatta in Middletown, Connecticut.

This regatta is the first of the season for the Varsity Crew, who will also compete in the Head of the Charles in Boston later this month. For the Novice Men's and Novice Women's Eights this regatta is the chance to show the Eastern Seaboard how dedication can pay off in medals.

The Novice program at UNB started just three weeks ago. Most of the athletes and coxswains had never rowed before or even seen a rowing shell. Those 18 men and women have spent 15 hours a week learning not only how to row, but how to row as a crew. The team aspect of rowing is the most important. If only one person doesn't show up for a practice then 9 other people can't row. The wrath of 9 teammates is good incentive to be on time for practices, even

if they are at 5:30 in the morning. So, after accumulating 45 hours of experience the men and women of UNB and STU while compete in an international regatta.

The format of university races is very different from the summer regatta series. During the summer, races are held on courses ranging from 1000m to 2000m in length. That's 1 or 2 kilometers for those who can't convert metric. The 2000m course is used at the Canadian Nationals, Royal Canadian Henley and at the Olympics. However, the collegiate course is called a "head race" and is 5000m long or 5 km. Another catch to the head races is that the crews are staggering at the start. This means that the crew is racing the clock rather than the other boats on the water. It also means that instead of having a set number of lanes and boats there could be 30 other boats in the same race and staggered starts mean different events can be run at the same time. Besides 30 eights on the river, there could be 20 fours, 12 doubles, and a bunch of singles. The river tends to look like a highway. It is the coxswains job to steer the boat in as straight a line as possible without hitting or being hit, by another boat.

So, as you can see, 45 hours on the deserted Saint John River is not the best preparation but the excellent coaching staff of the Fredericton Rowing Club has tried their best. We will see the results of the work and dedications of the UNB-STU Rowing Club when the finishing times of the Head of Connecticut River Regatta come in.

JUDO

The UNB-STU Judo Club works out at the South Gym on Mondays and Wednesdays 7-9 pm. There is also a possibility of a Friday class if there is enough interested. The South Gym is the building directly above Marshall D'Avery Hall - beside the Aitken Center. We work out on the third floor, and we welcome new members. For those of you who have never seen Judo before, it consists of throws, chokes, arm-bars, and ground fighting. Come on up and watch us and see if it's the sport for you. Judo can be done on any level - recreational right up to Olympic. It develops a number of skills, including self-confidence, coordination, and balance. It's a great sport, doesn't take a lot of time, and keeps you active. See you there

Rachel Thomas

Men's Hockey League

Manager's information kits for ice hockey are now available from 12:00 - 4:00 p.m. at the recreation office. Team and individual entries are now accepted between 12:00 - 4:00 p.m. Monday - Friday. There will be a managers meeting Thursday October 12, 6:30 p.m. Room 210 L.B.Gym. Unrepresented teams will be dropped.

Bobby Keays



Where your vision will shape a country

The Public Service of Canada is currently recruiting high-calibre university graduates with initiative, creativity and ideas for the future.

Looking for a challenge and a rewarding career? Positions will be available next spring in audit, finance, engineering, computer sciences, statistics, economics, sociology, psychology, criminology, social work, nursing, commerce, administration, as well as in the foreign service.

To find out more, pick up a copy of our information kit from the student placement office on your campus.

For all positions, applications must be received by October 13, 1989.

PSC-CFP

Canada

Public Service Commission of Canada / Commission de la fonction publique du Canada

BOOKBINDING

Old books sewn, repaired, and made usable again; new softcovers can be made into hardcovers. Extend the life and protect the resale value of those expensive textbooks, dictionaries, reference books, etc. 25 years experience in all aspects of bookbinding. Work handled speedily and economically.

Call and leave a message for prompt service.

DUNCAN FRASER 455-4909

FREDDY BEACH COLLECTIONS



now available downtown at KINGS PLACE

"Quality clothing from Freddy"