

SOOTHES IRRITABLE THROAT QUICKLY CURES BRONCHITIS

No Drugs to Take, No Sickening
Stomach Medicine to Use

Just Breathe "Catarrhose".
Coughs, colds, sore throats, and you will feel its soothing influence on a sore irritated throat. No failure with "Catarrhose"—it cures because you can breathe a healing vapor to the very spot that needs help.

The big thing to remember about Catarrhose is this—you just breathe a healing piney vapor that is full of the purest balsams, that is rich in the greatest healing agents known to science.

This wonderful vapor dispels all soreness, kills all germs, gives nature a chance to complete a real cure. Colds and throat troubles can't last if the pure healing vapor of Catarrhose is breathed. Catarrh will disappear, bronchial attacks will cease, coughs and winter ills will become a thing of the past. Complete relief lasts two months. Price \$1.00; smaller size 50c, sample size 25c; dealers or The Catarrhose Co., Kingston, Ont., Canada.

GUARD YOUR HOME AGAINST INFLUENZA

Don't Neglect Treating a Cold on its First Appearance.

Influenza is again making its appearance and every home should safeguard its inmates against the epidemic. The initial symptoms of the disease are practically the same as those of a cold in the head. Consequently no appearance of such complaint should be neglected.

As soon as the first sign of a cold—a sneeze, a sniffle, running of the nose, etc.—appears, the sufferer should start taking Grip Fix. This preparation is composed of ingredients which meet every condition of the system created by the complaint. It keeps the system open, relieves the pain in the head and muscles, reduces the feverish condition and tones up the entire system. It acts very quickly, a bad cold being relieved in 24 hours and even a case of Grippe in 48 hours.

Grip Fix is not a patent medicine. It is a combination of just the drugs which any physician would use, and the ingredients are fully stated on each box. It comes in capsule form, the convenient method for home use, and has a record of years of satisfactory service. A bad cold can be in every home at this season of the year.

You can obtain Grip Fix from your druggist, where it is sold at 25 cents per box or three boxes for \$1.00. Be sure and get Reid's Grip Fix as there is no substitute which will do its work. Get a supply to-day and be safeguarded should the flu come or cold appear.

HOW TO SHED A ROUGH, CHAPPED OR BLOTCHY SKIN

This is what you should do to shed a bad complexion: Spread evenly over the face, covering every inch of skin, a thin layer of ordinary vasoline cream. Let this stay on over night, washing it off next morning. Repeat daily until your complexion is as clear, soft and beautiful as a young girl's. This result is inevitable, no matter how soiled or withered the complexion. The wax literally absorbs the thin film of surface skin, exposing the lovely young skin beneath. The process is entirely harmless, the old skin coming off so gently and gradually.

Mercerized wax is a veritable wonder-worker for rough, chapped, red-denied, pimpled, freckled or sallow skin. It is obtainable of course at any drug store, and one ounce usually suffices.

SUGAR PRICE IS TO SOAR

So Reports U. S. State Commission
On Necessaries of Life—Price to Consumers May Be 15c or Over.

Boston, Dec. 10.—The price of sugar will rise when the sugar equalization board passes out on January 1, the State Commission on necessities of life reported to the Legislature today. The commission asserted that the equalization board could have prevented the 1920 sugar crop of Cuba for six and a half cents a pound in July and August, and that a recommendation to this effect was made to the administration at Washington but was not acted upon.

15-18 Cents A Pound
"Already this 1920 crop is being quoted at 81 cents a pound which will mean a price of 15 to 18 cents a pound to the consumer," said the statement, adding that even this price was not assured.

Fixing Responsibility.
Washington, Dec. 10.—Responsibility and remedies for the present sugar situation were discussed at length in the Senate today when the McNary bill to continue the U. S. sugar equalization board another year was brought up. Prolonged debate prevented a vote on the measure.

Blame Wilson
President Wilson was charged by Senator McNary, Republican, Oregon, author of the bill, with major responsibility for the sugar shortages through failure to act on the board's repeated recommendations last summer to purchase Cuban sugar.

CHRISTIAN SCIENCE LECTURE.
Morning Star, Rockford, Ill.
Announcement on Page 3.

Its corner-stone was "heal the sick," and that millions were healed is not gainsaid. She founded her faith on the Bible, on the teachings of the "great healer."

She knew the Bible as few knew it, indeed to her its meanings and teachings were as sure and understandable as the alphabet. From cover to cover, it contained no doubt and not a line bore a misgiving. It was the inspired word for the betterment of mankind. It not only healed the mind but the body. It was a sheet anchor, and clinging to it meant physical and spiritual safety. These were her teachings, and whether we believe in them or not,

ONE AGAINST MANY

What Happened When the Irish
Policeman Thought Green Was Red.

By HAROLD CARTER.

To be put back on patrol duty after fourteen years of steady desk work, and when one is approaching forty and conscious of an increasing girth is enough to distress any ordinarily constituted policeman. Dennis Flaherty was no exception to the rule. He told his wife the news at dinner.

"They haven't got a grudge against you, Dennis," she asked, fearful as all women are at the thought that their husband's position are insecure.

"No, it's Commissioner Everett," he said. "He's a new man. 'Nine-teen of us, Nora, woman, turned out of our berths and set to pound the sidewalks. The only comfort is them reformers never lasts long. No, them reformers ain't what I call stayers."

he continued, sipping his tea with melancholy satisfaction.

"But, Dennis, maybe you'll be set upon by them strikers," suggested Nora, remembering the days when she had lain awake at night with mental images of her husband being waylaid by criminals, and trembling at every ring of the door bell.

"It ain't them guys I'm scared of," retorted her husband. "It's me corns. Sidewalks is hard on corns—and a reformer in the street paving department, bad luck to the pair of 'em."

"But, Dennis," suggested his wife, hopefully, "didn't the doctor say your eyes wasn't fit for patrol duty and you'd have to do desk duty instead?"

"That was Doc Flanagan, as good a Cork man as ever breathed. The new doc's a Scotchman. I saw him yesterday. I says to him my eyes ain't what they used to be. 'All the more reason for you to give up desk work, Flaherty,' he answered. 'Your eyes is as sound as the ace of spades,' he says to me, after he'd put me through my paces. So I guess it's the sidewalks for me, Nora."

Ever since Patrolman Flaherty, in his earliest days, had walked into a dynamite explosion, averring that he had not seen the red danger flag, he had believed that his eyes were bad. True, they served him well enough at desk duty. But in the old country, a word from him had brought

about the transfer. Now Flaherty was condemned to pound the sidewalks, at the instance of the unsympathetic and reforming police commissioner, and there was no redress.

However, he minded less than Nora. In spite of his ample girth he considered himself well able to defend the majesty of the law against the strikers, who, with flags flying and bands playing, paraded the business section of the town daily. There were not enough police to preserve order. Citizens had been sworn in on special duty, and conflicts were frequent.

"If I can't do desk work I'll show 'em they've got the best cop in town down at the quay, Nora," he said to his wife at the end of the first day.

"They've never put you on post down there!" exclaimed his wife in horror.

The Quay was the name locally given to the bridge which crossed the river between two factory districts. The strikers had constantly endeavored to cross it in parade, but each time they had been repelled. However, on the morning, as they had publicly advertised, they meant to march over the bridge in a grand procession to the city hall. And this the mayor had sworn they should not do.

"There'll be nigh on a hundred of us, Nora," answered Flaherty. "I guess I can take care of meself, woman."

He felt prouder than ever of his uniform on the next day when, standing in a platoon with his comrades, he watched the mob forming in the lower section of the town. There was the sound of distant music. Flaherty started and frowned. Why, this was sacrilege. The band was playing "The Wearing of the Green."

Flaherty gripped his club tighter. He looked at the lieutenant in charge. He had ordered the men to disperse to their own posts. Did he not know,

we must admit that she did measure less good.

TAX OF HALF-MILLION ON PINT OF WHISKEY

Washington, Dec. 9.—A tax of half a million dollars on a pint of whiskey will be asked of Congress, the International Reform Bureau's Executive Committee declared here to-day, in the event the Supreme Court declares the wartime prohibition amendment unconstitutional.

"The Supreme Court has decided that

then, that an attack was imminent? This was Flaherty's post, here on the bridge. The platoon was dispersing. Discipline forbade Flaherty to ask questions. He was left alone. He gripped his club more tightly. If he was to be made the sacrifice on account of a foolish order he would show them what he could do. His feet were paining him furiously and the blood rushed to his head. He was quite alone now.

"I'll teach 'em, the dogs, playing that tune!" he muttered. The crowd had gathered into a well-organized detachment and started toward the bridge. In front of it marched two men, each carrying a huge red flag. Flaherty looked round. Was nobody going to stop them? All he could see was the lieutenant's coat disappearing round the corner of the block.

On they came, toward the center of the bridge, where Flaherty stood. The music sounded loudly, the flags waved, cheers and yells came from the throats of thousands. The sidewalks were lined with spectators. A faintness overcame Dennis. Had the mayors actually forbidden this procession or was he dreaming? But a good cop never pauses to examine his mental condition. He strode forward with uplifted club.

"Stop that!" he yelled. "Stop right there, boys. The first man that sets his foot forward, I'll bate his brains out."

The old Irish accent had come back in full force with his excitement. Dennis saw the men with the flags halt irresolutely. The crowd surged backward and forward, and then, at a word of command from its leaders, advanced again. The men with the flags smiled coolly and contemptuously. Dennis felt his wrath overcome his reason. He sprang forward and began clubbing right and left. He seized the nearest flag. The mob bent against him like an invading sea. A thousand voices clamored for his blood. The flag was wrenched out of his hand. He seized the staff again, struck right and left, was beaten to his knees, staggered under the terrific blows, and was showered upon him; then the mob surged forward over his prostrate body.

"Flaherty, the Cap's waiting to see you," said the man who was bathing his forehead.

Dennis opened his eyes. The swimming room was the district police quarters. Then the battered, aching man on the cot must be himself, Dennis Flaherty. But he had done his duty. He rose to his feet and staggered into the captain's room—to confront not the captain alone, but the police commissioner.

"Drunk and ran amuck right into the midst of them demonstrators," he heard the captain saying.

"You are accused of attacking the parade of Loyal American Hibernians, Flaherty," said his captain. "Also of attempting to pull down one flag, the property of the organization. What have you to say?"

"'Twas the strikers wid their red flags I fought, and alone," cried Flaherty.

"Red flag!" snorted the commissioner. "Since when has the red flag been the symbol of Ireland's glory, my man? That flag was as green as the emerald grass of Ireland."

"'Twas as red as—as that!" cried Dennis, pointing to a tattered emblem in a corner of the room.

"Begorra, that's the very flag!" yelled the captain. "He's drunk still."

"I think this is a case for Dr. McDermott," said the commissioner smiling. "It's all right, my man," he added. "You can go home on sick leave now. I think, Captain, if McDermott agrees with my diagnosis, I may revoke my order concerning desk duty in this special instance."

"You see, Nora," explained her husband after ward, "with every Irishman in town hanging for me blood—why, they thought a whole cop at the typewriter was better than twenty pieces of one making work for the street paving commissioner."

(Copyright, 1919, by W. G. Chapman.)

War on Typhoid Fever.

Once more the relation of typhoid fever to the water supply has been demonstrated. During the flood of 1918, when the Hudson river at Albany, N. Y., rose a foot above the city filtration beds, and the people received the untreated water of the river, containing the sewage of places upstream, an outbreak of typhoid followed, and it was found that 75 per cent. of the cases were in families where the warning to boil the water for drinking had not been heeded. The reservoir was then sterilized chemically, and the typhoid ceased. Modern medicine has done great things in making preventable what in other days were reckoned to be the visitations of God. Our grandfathers wondered at the prevalence of typhoid after floods, but we know that the trouble comes from the contamination of water supplies, and so lives are saved where once human beings were doomed. Year by year the advance of sanitation is reducing the peril from typhoid.

Ignorance is Bliss.

Manuel Queson, the Philippine delegate to the United States congress, and the first man always to appear in white clothes upon the floor of the house, went to New York recently. While there he was introduced to Charles Murphy, chairman of the New York state Democratic organization, and grand sachem of Tammany hall.

Now Manuel's last name is pronounced "Ka-son" and Mr. Murphy thought it something else. The mistake was to Queson's advantage, for only half lives, of women who bore children when nature had forsaken their very breasts, who carried under their hearts the children who were to people the valleys of the earth—and when you know that to-day in our country there are more than a million mothers living on the very edge of life, without vitality to give us anything but a C-3 race. When you remember all that, and that they live in shame, where God's light and God's good air never comes, that to me is worse than war, and the manhood of a nation, the manhood that will let their women be mothers in such circumstances, it is they who should be dead—the women would be better off. For what a Mother is, the nation is a

a thing can be taxed to death," said Dr. Wilbur F. Crafts, head of the bureau, in explaining the committee's action.

Some day or another, the workers of the world will understand the oneness of their interests, will understand the religion of a common comradeship. They will understand that neither race nor language barrier, nor divisions of continents nor countries must stand against a greater love of man for man. And then, so soon as we can obliterate the aftermath of this war, as soon as we can

No Profiteering Here

OUT OF THE HIGH RENT DISTRICT

Two Days Friday Dec. 12th and

Two Days Saturday Dec. 13th.

Special Sale

We want to suggest to our patrons that they come to this sale as early as possible as the quantities are limited and to secure the greatest savings you should come the first thing Friday morning.

| Household Needs | Writing Table Specials | For Men Who Smoke |
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| 25c A. B. S. & C. Tablets..... 17c | 10c Tablets, 2 for..... 11c | Bachelor Cigars, 3 for..... 25c |
| 25c Aspirin..... 15c | 25c Tablets, 2 for..... 26c | Why not buy your Xmas Cigars now? |
| 50c Emulsified Coconut Oil..... 33c | 10c Envelopes, 2 for..... 11c | 18c Player Cigarettes, 2 for 31c |
| 15c Photo Paste..... 11c | | |
| 25c Orange Blossom Talc..... 19c | | |
| 25c Cream of Cucumbers..... 19c | | |
| 25c Witch Hazel Cream..... 19c | | |

Bring Your Prescriptions Here

Every prescription filled here is double checked and is compounded from the very best drugs obtainable. Your doctor's advice is worthless unless you follow his wishes in every detail; we co-operate with your physician and as a result you are more quickly restored to health. Be safe. Bring your next prescription to us.

Laxative Cold Cure Tabs

If you have a cold in the head, we suggest that you try our

They give instant relief and contain no harmful ingredients. Price 25c.

Candy Special

60c lb. Willard Chocolates, while they last at per lb..... 51c

\$1.00

Our own syrup Hypophosphites. The best nerve and system tonic..... 69c

\$1.25

We Guarantee these two against any other.

Our own Palatable Cod Liver Oil Compound for lingering colds that require a tonic..... 99c

Tooth Paste Special

35c tube Tooth Paste with peroxide, 2 for 36c (whitens like peroxide).

59c box Face Powder..... 37c
Gum 3 for 10c, (all kinds).

While in, have a look at our full stock of Xmas presents, among them being:

Willard's Forklift Chocolates, 50c box up.
Ebony and Ivory Sets and Pieces.
Thermos Bottles.
Perfumes Packages 35c up.
Toilet Waters and Lotions.
Purses, Wallets and Card Cases 50c up.

Pipes, Cigars and Tobacco Pouches.
A full line of Tags, Seals, Postcards, Booklets and Xmas Tree Decorations, Safety and Straight Edge Razors and Strops, Cameras and Supplies.
Parker's Lucky Curve Fountain Pens, guaranteed, \$1.75 up. (The pen the Prince of Wales used on his trip through Canada.)
Flashlights and Batteries.
Fancy Stationery in fancy boxes.

We want you to become better acquainted with A. D. S. REMEDIES

Sold in over 30,000 U. S. Drugstores.

A. D. S. Remedies are not supposed to take the place of the family physician, but when the illness is not of a nature that requires the services of a doctor, A. D. S. Remedies can be relied upon to give quick relief without any harmful after-effects.

These are only a few of the items to be featured Friday and Saturday. Come in and see the rest.

Seegmiller's Pharmacy

Phone 1603. Out of the high rent district.
28 Queen St. South Kitchener.

obliterate the memories of the war itself, it will be better for us, the great working class, who have made up the fighting forces. And I for one, hope, so far as my life is given me, I am going to fight for the class which saved the world from militarism, which saved it from the devastation of Prussianism. But having won that war all right, we will remember that every dear boy buried in a mine crater—we will remember that they sowed the earth that a new harvest of brotherhood and love might come to mankind. If that be not so, then we have not learned our lesson by bloody sacrifice—and we have not learned the lesson of our industrial slavery—of wretched little tenements, of lives that were only half lives, of women who bore children when nature had forsaken their very breasts, who carried under their hearts the children who were to people the valleys of the earth—and when you know that to-day in our country there are more than a million mothers living on the very edge of life, without vitality to give us anything but a C-3 race. When you remember all that, and that they live in shame, where God's light and God's good air never comes, that to me is worse than war, and the manhood of a nation, the manhood that will let their women be mothers in such circumstances, it is they who should be dead—the women would be better off. For what a Mother is, the nation is a

mother not merely gives body, she gives soul.

—Ben Tillett, Labor Member of the British House of Commons, Fraternal delegate to the Trades and Labor Congress of Canada at Hamilton, September 1919.

SENATOR PETER TALBOT, who died at his home in Lacombe, Alberta, Canada.

PRINCESS MARIE OF RUMANIA—The latest bride to be added for the Prince of Wales by London society is the Princess Marie of Rumania. The Princess is at school in London and a frequent visitor to the Royal palace at Windsor. She is 20 years old and is considered one of the most beautiful of European princesses.

Polar

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Makes a difference

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Any day in winter is good exclusively with Imperial Polar spray, because Imperial Polar nor run thin under highest engine temperatures. By using Imperial Polar temperature is assured—friction and quick pick-up made possible concentrated behind the pistons. Three grades for cylinder, Heavy and Imperial Polarine. For transmission and differential. Polarine oils and greases which Imperial Polarine is sold stores. In six sizes—half gallon steel drums, half-barrel Imperial Premier Gasoline price.

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