

Our Treat All Week!

Luscious "Sunkist" Oranges at Special Prices, at Your Dealer's!

The best part of breakfast is a juicy, thin-skinned, seedless "Sunkist" orange. "Sunkist" oranges are the finest, juiciest, most delicious oranges grown in the world.

Buy them by the box or half-box—they are most economical and keep for weeks.

Carefully picked and packed by gloved hands. The cleanest of fruits. Tree-ripened.

Rogers Silverware Premiums for "Sunkist" Trademarks

Cut the trademarks from "Sunkist" orange wrappers, and send them to us. We offer 27 different silverware premiums—all Rogers A-1 guaranteed Standard silver plate. Exclusive "Sunkist" design.

In remitting, send amounts of 20 cents or over by postal note, postoffice or express money order.

Buy "Sunkist" Oranges at Your Dealer's

Send your name and full address for our complete free premium circular and club plan.

Address all orders for premium silverware and all correspondence to

California Fruit Growers Exchange

105 King Street, East, cor. Church (71) Toronto, Ont.

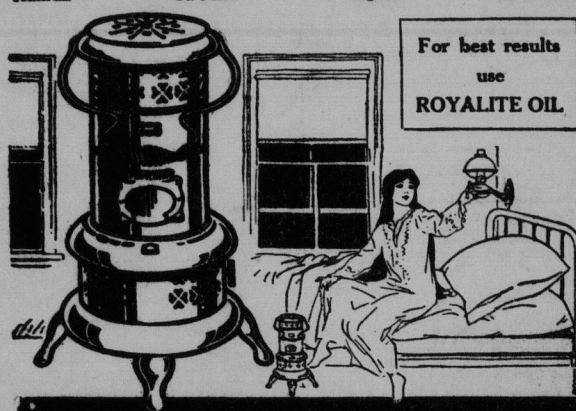
A PERFECTION Smokeless Oil Heater gives a just that touch of extra comfort you need in very cold weather.

PERFECTION
SMOKELESS
OIL HEATER

It gives warmth where the ordinary heat does not go. It chases the chill from the breakfast-room or bedroom in a few minutes. Carry it wherever you need it. Light, easy to handle, clean, durable, and at the same time ornamental. Stock carried at all chief points.

THE IMPERIAL OIL CO., Limited

Toronto Montreal Winnipeg Vancouver
Ottawa St. John Quebec Calgary Edmonton
Halifax St. John Regina Saskatoon



There are the golden crustle-leaves that fill the kitchen with the aroma of fresh-baked hickory nuts—See the eager kiddies follow their noses to table. To-day—Bake with Five Roses Flour.



Five Roses

MADE BY THE FIVE ROSES CO., LIMITED, CANADA

Gifts that Last
To get forks, knives, spoons and fancy pieces of quality and beauty ask for **ROGERS BROS.**
This brand is known as "Silver Plate that Lasts"
Today this is the greatest most service and satisfaction and the heartiest silver plate. Known for over 60 years. Sold by Leading Dealers.

EVERY WOMAN
is interested in and should have about the wonderful **JOHNSON'S ANODYNE LINIMENT**
Use it for both internal and external use. Sold everywhere in 25c and 50c bottles.

JOHNSON'S ANODYNE LINIMENT
Use it for both internal and external use. Sold everywhere in 25c and 50c bottles.

BILLIE BURKE'S BEAUTY



ON TASTE IN DRESS.
By Miss Billie Burke.

THE FIRST WORD—Always dress as well as you can.

This does not mean to be in any way extravagant, but it does mean to be dressed properly for your station and vocation in life. Social reformers try to tell us that the dress of girls today has a great deal to do with their delinquency. This may be so, but I think that some of the reformers have a wrong idea of the function of dress. Str Herbert Spencer tells us that "dress was not first used to cover our nakedness, but as an ornament." This does away with the idea that it was modesty that made our ancestors pluck the leaves from the fig tree.

Clothes are the commonest and most easily recognized marks of social distinction and all women desire that their dress shall not only adorn themselves but their station.

Personally I am very fond of the narrow gowns that women wear nowadays. They are light and unless worn to extreme, very comfortable to walk in and their first beauty is beauty of line. I find no objection in showing the lines of the human figure, as I think that when we learn the dignity as well as beauty of our bodies we shall become a much more virtuous

person. One must remember, however, that line does not mean a high or low waist, large or small sleeves or plain skirts or puffed sleeves, but a thoughtful and artistic composition of materials by which a graceful appearance can be made.

The appropriateness of dress is perhaps the thing that is most abused in this country by the girls who have little money to spend. Naturally they want pretty clothes and consequently they wear things that look ridiculous because they are inappropriate to their circumstances or the place in which they must wear them. I have lately been noticing this more than ever in seeing the young girls who wear boudoir caps on the street and in automobiles. A boudoir cap is as much out of place worn thus as would be your nightgown.

JUST ONE LAST WORD—Spend more thought than money upon your wardrobe.

ON ALCOHOL AS BEAUTY ENEMY.
THE FIRST WORD—Liquor not only ruins beauty but it kills respect.

The other evening in one of the splendid restaurants in New York I saw a number of young girls, none over 18 or 20, having what they thought was a glorious time. There

was a girl who was very beautiful, but she retained not only her beauty but her youthful countenance and expression, answered, "In the first place, I never touch alcohol." The drawers look neat and attractive, and when cleaning is desired a simple wiping with a damp cloth produces a perfect cleanliness. I have carried out the same idea with all the shelves, cupboards, and drawers in the house, whether for linen, china, or kitchen utensils, and find them more easily kept clean. This really makes a good substitute for the highly recommended glass shelves.

A Cooking Kink

As our family do not care for chicken unless fried, I have evolved a way in which a young chicken, weighing about a pound, can be cooked in a very simple and quick manner.

For Marking Stockings.

If you mark stockings with the Cash Initial or name tapes, you can easily mark them in pairs by the method of sewing. Sew two tapes horizontally on the top of the garter-band to mark one pair and far down on the band for another, and midway for the third.

On the fourth pair make the tapes vertical, and on the two other pairs run one pair and far down on the band for another, and midway for the third.

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were six girls and six men somewhat older than themselves and the girls had been drinking wine until their faces were flushed, their voices loud and strident and their manners most noticeable. How I wanted to whisper to these thoughtless maids that if any one of them wished to stand well with any one of the men present, she had better make some excuse and go home immediately.

No man on earth wants to see the woman for whom he cares even slightly under the influence of drink, and the man who will encourage a girl to take a drink of liquor does not care what happens to her. She is nothing to him.

Nothing will steal away your good looks as will intoxicating liquor. I have a friend who is over fifty and who when asked the other day how

she retained not only her beauty but her youthful countenance and expression, answered, "In the first place, I never touch alcohol." The drawers look neat and attractive, and when cleaning is desired a simple wiping with a damp cloth produces a perfect cleanliness. I have carried out the same idea with all the shelves, cupboards, and drawers in the house, whether for linen, china, or kitchen utensils, and find them more easily kept clean. This really makes a good substitute for the highly recommended glass shelves.

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REGAL FLOUR

can now be obtained from us in barrels, half barrels, bags and quarter bags. The demand for this remarkably successful hard wheat flour is increasing all the time

KENNEALY & WETMORE

Pettingill Wharf

Phone Main 429

ST. JOHN, N. B.

BLUE AND DISCOURAGED

Mrs. Hamilton Tells How She Finally Found Health in Lydia E. Pinkham's Vegetable Compound.

Warren, Ind.—"I was bothered terribly with female weakness. I had pains and was not regular, and my head ached all the time, I had bearing down pains and my back hurt me the most. I was dizzy and had weak feelings when I would stoop over, it hurt me to walk any distance and I felt blue and discouraged."

"I began taking Lydia E. Pinkham's Vegetable Compound and am now in good health. If it had not been for that medicine I would have been in my grave a long time ago."—Mrs. ANNE HAMILTON, R.F.D. No. 6, Warren, Ind.

Another Case.

Edmond, R.I.—"I write to tell you how much good your medicine has done me and to let other women know that there is help for them. I suffered with bearing down pains, headache, was irregular and felt blue and depressed all the time. I took Lydia E. Pinkham's Vegetable Compound and commenced to gain in a short time and I am a well woman today. I am on my feet from early morning until late at night running a boarding house and do all my own work. I hope that many suffering women will try your medicine. It makes happier wives and mothers."—Mrs. ANNA HAMMOND, Edmond, Rhode Island.

Write to this woman if you have a relative or friend who drinks.

Not only did she save Mr. Anderson but she stopped the drinking of her husband and several of her neighbors as well. All this she accomplished with a simple home remedy which any one can use and use. And she now desires to tell every man and woman who has a relative or friend who drinks, just what it is.

It can be given secretly if desired and every reader of this notice who is interested in curing a dear one of drinking should write to Mrs. Anderson at once. Her reply will come by return mail in a sealed envelope. She does this gladly, in hopes that others will be benefited as she was. One thing she asks however, and that is that you do not send money for what has been sent to you. Her complete address is 224 Hill Ave., Hillburn, N. Y.

NOTE—This offer should be accepted at once by all who have dear ones who drink. In fact, every one who has to contend in any way with drunkenness should know about it. Therefore, if you do not write Mrs. Anderson yourself OUT THIS NOTICE OUT and mail it to a friend who could use her advice. And even though you do answer it, mail it to someone else who you think would be benefited by it. In other words, let this notice reach as many people as possible. Write Mrs. Anderson a reply to every letter, no matter how many she receives.

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