

THE TIMES-STAR FEATURE PAGE

Fables On Health

HEART WEAKNESS.

THERE is not a single sensation associated with real heart disease which may not be caused by other disorders, Mr. Mann of Anytown learned.

It is because of this that many persons give much useless worry to symptoms which the heart has absolutely nothing to do with.

Regardless of this, however, any painful sensation, that seems to have its origin in the heart, should not be ignored.

Often if the heart is slightly affected, the disorder may be removed, or if not removed, the patient may shape his mode of living to enable him to live to a fairly ripe old age, despite the disorder. Symptoms of heart disease have two distinct sources, those which develop in the heart because of its intrinsic damage, and those which develop in other parts of the body because the diseased heart is unable

LITTLE JOE

THERE'S NO SENSE IN DAD'S BRINGING HOME THE BACON UNLESS THERE ARE SOME EGGS IN THE HOUSE.



to maintain an adequate circulation. If the heart does not give enough blood to the brain there is dizziness. When the lungs are affected, there is shortage of breath and coughing. When it is the stomach or intestines, there are symptoms of indigestion. When it is the legs, the ankles swell. This list could be lengthened to include all organs of the body, but enough has been said to indicate why a great variety of symptoms may develop as a result of heart weakness.

Adventures of the Twins

By OLIVE ROBERTS BARTON. BIMBO TAKES A RIDE.

When Bimbo the Clown heard that spring had come and that it was time for the circus to begin, he did a little dance of joy. The March Hare and the Twins had hunted and hunted for him and finally they had found him in a fine big stable.

"This is finer than a circus!" said Nancy in surprise. "Would you like to leave here?" "Nothing is finer than a circus," said Bimbo. "Showdown is much grander than red velvet carpet, and poles and ropes are much more wonderful than gold curtains and painted walls. Oh, boy! I can smell the peanuts roasting already, and hear the band going tum-tum-tum-tum, and hear the lions roaring, and the wagons going rattle-bumpity-bump!" "It's time for your act," said the stage man knocking on the dressing room door where they were all talking. "We're in a great hurry," said the March Hare, looking at his watch. "It will only take me about twenty minutes," whispered Bimbo. "You three can stand out in the wings and watch. Then I'll go with you right away."

So Bimbo went out on the stage and somebody brought in a white horse from the other side, and then Bimbo jumped on and jumped off and turned somersaults and stood on his head while the horse was running, and hung by his tail, the horse's tail, of course, and did so many wonderful things the Twins could scarcely get their breath. "I never knew that clowns were so smart!" exclaimed Nick. "Neither did I!" said Nancy. "I thought that all they did was to make people laugh," said Nick. "It takes smart people to make people laugh," said Bimbo.

FLAPPER FANNY



SOME MEN won't stop at anything—even a hosiery display.

Paris Strong For Gold



MANY of the new Paris hats are plain, decorated with a single gold ornament, such as the one shown above. Gold decorations are extremely popular.

URGES SPANKING OF NAUGHTY CHILD

New York University Professor Declares Modern Ways of Correction Wrong.

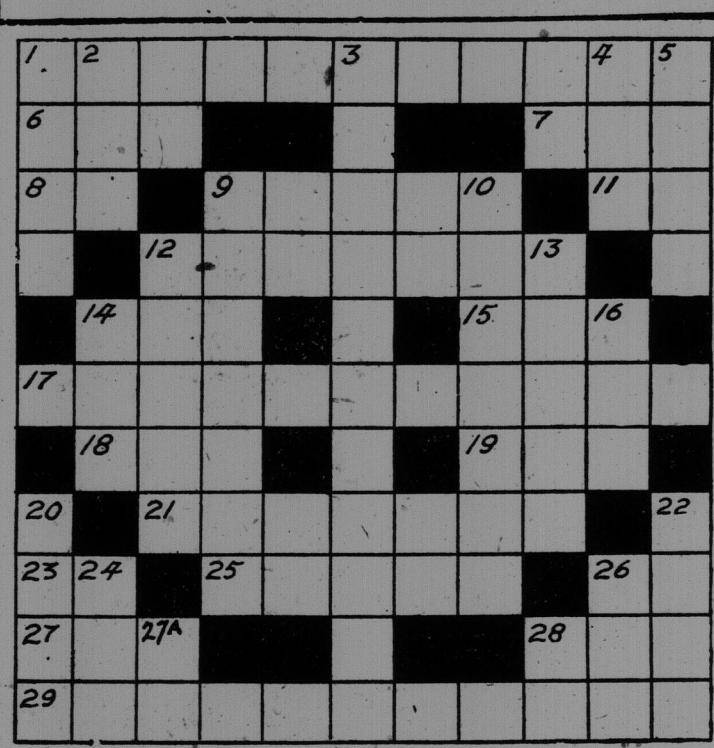
NEW YORK, March 24.—"Spank your children if you want them to grow up in the way they should go. This is the old-fashioned new advice given to young mothers and fathers by Dr. Rudolph M. Binder, professor of sociology at New York University, who scorns the modern ways of correcting the infant generation and harks back to the old Biblical admonition to apply the rod. Spanking is the 'ultima ratio' for naughty children, the sociologist declares, for corporal punishment will impress youngsters when nothing else will. In his opinion, going to bed and sitting in a chair soon become very commonplace and sometimes enjoyable, so the desired effect of the correction is frequently lost.

Not Severe. Dr. Binder does not advocate frequent or severe whippings. He says that such correction should be briefly applied and only in the case of wilful disobedience. "And most important of all is the fact that a spanked child will come back to establish friendly relations much more quickly than if he has been corrected in some other way. The reconciliation is more sincere and resentment is absent."

CLEANING WALL PAPER. Wall paper may be cleaned, if not too badly soiled, by rubbing the surface lightly with cotton batting.

SOAK YOUR PANS. Sauce pans and cake pans should be put to soak as soon as they are used.

Cross-Word Puzzle



- HORIZONTAL:
1—Valiant.
2—Neotropical bird.
3—Stent sound.
4—Personal pronoun.
5—Perforated.
6—A conjunction.
7—Chastisement.
8—A beverage.
9—Emulation.
10—To enclose, or screen.
11—Bodily posture.
12—A puzzle.
13—A shop.
14—To put on.
15—A farm building.
16—Expense.
17—Abe.
18—A number.
19—Of (French).
20—You.
21—A garden.
22—To enclose, or screen.
23—Bodily posture.
24—A puzzle.
25—A shop.
26—To put on.
27—A farm building.
28—Expense.
29—Abe.
- VERTICAL:
1—An ancient city.
2—Female sheep.
3—Scoundrel.
4—Not high.

Yesterday's Puzzle.

TYRANT SCREAM
RUSE TOAR
IS ESTERNM SE
FUR SYRUP BUT
LEER BEN SOME
E MAP V ALA R
ANNIVERSARY
S AGE R AND E
TONE TEA TERN
OUT LANCE RAD
NR SORCERY NE
E ALL E ROD A
SIMPLE USURER

DUST WITH DAMP CLOTH

Occasionally after sweeping it is well to dust a carpet with a cloth wrung very dry out of clear water or water to which a little ammonia has been added.

LAUNDRY HINT.

All articles starched with boiled starch must be dried thoroughly, made very damp and rolled up tight in a clean dry cloth. They should be ironed two or three hours before they are ironed.

HER HEADACHES WERE SO BAD SHE COULDN'T DO ANYTHING

Once the head starts to ache and pain you may rest assured that the cause comes from the stomach, liver or bowels, and the cause must be removed before permanent relief may be had.

There is no better remedy for headaches of every description than

BURDOCK BLOOD BITTERS

as it removes the cause of the headaches in a way that no other remedy will do.

Mrs. Wm. Helpard, Lower Stewiacke, N. S., writes:—"I suffered for a long time with my head. It would ache and ache until it made me so sick I could not do anything but lie in bed. After taking four bottles of B.B.B. I feel that I cannot recommend it too highly to all those suffering from headaches of any kind."

B.B.B. has been on the market for the past 46 years and is recognized by all who have used it to be without an equal as a remedy for headaches; put up only by The T. Millburn Co.

THE OLD HOME TOWN



FRECKLES AND HIS FRIENDS



HOPING FOR THE WORST



By Blosser



By Martin



BOOTS AND HER BUDDIES



INDIAN TRADING



By Swan



By Swan



SALESMAN SAM DOOMED



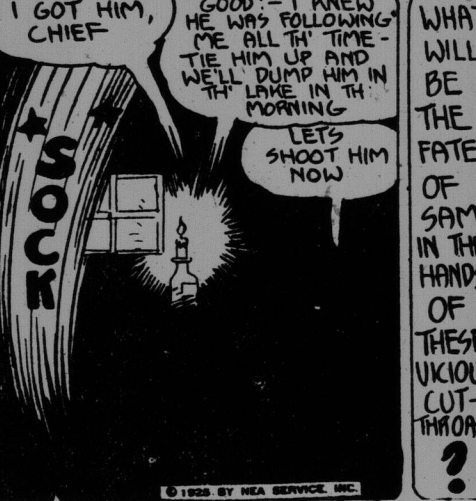
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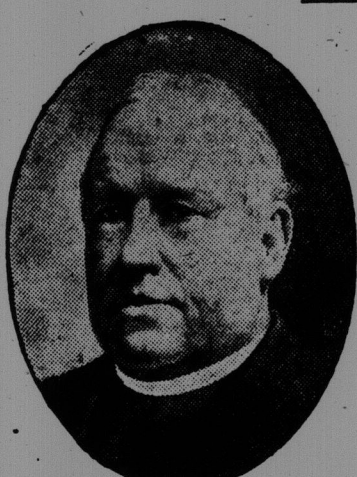
By Swan



By Swan



WHY MARCH IS THE MOST DANGEROUS MONTH



If the impurities are driven from the blood, and the nerve tissues are fed with a wholesome, strength-giving food medicine; such as Father John's Medicine; there is no danger of season.

Father John's Medicine is a preparation of the purest cod liver oil, scientifically blended with other valuable ingredients by specially designed apparatus. This exclusive process makes Father John's Medicine easy for even weakened systems to digest. Father John's Medicine is invaluable as a tonic in the spring. It builds strength. It purifies the blood. It rebuilds the nervous system. It nourishes mind and body. And it is absolutely free of alcohol and dangerous drugs.

For over 68 years, Father John's Medicine has been bringing pale, weak, run-down men and women safely through the dangerous spring weather changes. One day, warm and sunny; the next, chill and dreary; the danger in using patent medicines is from the stimulants and dangerous systems can depend on their temporary effect. Because it is free from alcohol, narcotic and dangerous drugs, Father John's Medicine has had 68 years of easy the deadly work of grippe and pneumonia. Neglected colds, which and in the treatment of coughs and weakens the constitution may easily doctor's prescription—pure and wholesome. But—if the system is given strength.

