

REGULATIONS OF LENT  
IN THE  
DIOCESE OF ST. JOHN, FOR 1854.

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Every week day in Lent is a Fast Day on one meal and a collation.

The Bishop, by virtue of powers delegated to him by the Holy See, permits the use of Flesh Meat at one meal on all Sundays, Tuesdays, Thursdays and Saturdays from the first Sunday of Lent to Palm Sunday, inclusive. On all other days, from Ash Wednesday to Holy Saturday, meat is strictly forbidden. Eggs are not allowed on Ash Wednesday nor on Good Friday.

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HOLY DAYS OF OBLIGATION.

ALL SUNDAYS IN THE YEAR.

Circumcision	-	-	-	-	January 1st.
Epiphany	-	-	-	-	January 6th.
Annunciation	-	-	-	-	March 25th.
Ascension	-	-	-	-	May 25th.
Corpus Christi	-	-	-	-	June 15th.
SS. Peter and Paul	-	-	-	-	June 29th.
Assumption	-	-	-	-	August 15th.
All Saints	-	-	-	-	November 1st.