

stout frame-work had been smoothed by a jack-plane, and then painted a dull slate blue, while, to vary the color, the door and window frames were painted white. The upper storey of the building was used as a public hall for concerts and lectures much more than for any school purpose. The interior presented a very rough and rude aspect, and the furniture was quite in keeping with the wood-work. Much as the painter's brush had been laid on the outside of the building, it had not even a sight acquaintance, so to speak, with the inside. What a contrast with the College of to-day! After the pupils had moved into the new edifice, the old school was closed for some years, until, in 1836, it was reopened again for a time, in consequence of an agitation on the part of the east-end citizens, who wished to have a school in that locality. But it gradually became dismantled, and at last degenerated into a depot for "general stock," or, in other words, a receptacle for rags and old iron. Some years ago it was pulled down, but stores and houses rapidly went up on the old site, thus completely destroying a once famous old landmark.

(To be continued.)

SONG.

I'm weary with living 'mid ceaseless clamour,
 I will create me a world anew,
 And cast around it my fancy's glamour,
 As a veil to soften every view,
 Where no sin dwelleth,
 Where Love's song swelleth,
 In rising chorus, the whole land through.

O'er that fair earth at pleasure roving,
 Through woods alive with song of bird,
 Amid vast towns where throngs are moving
 And only words of joy are heard,
 My spirit is gliding,
 Love's own self guiding,
 And by his presence my soul is stirred.

Speeding over my world of splendour
 I bathe in its waters of liquid blue, [der
 O'er hills clad with verdure and flowers more ten-
 Than any our sad earth ever knew,
 O'er ocean and mountain,
 By river and fountain,
 I pass, and the old world fades from view.

W. W. EDGAR.

Sports and Pastimes.

GYMNASTIC COMPETITION.

INFORMATION FOR COMPETITORS.

It is a practice lately introduced to separate competitors into classes according to weight or height. It is asserted that a tall boy ought to leap further and higher than a short boy, and that a light weight is no match for a heavy weight. That in consequence some allowance ought to be made in favour of small boys and light weights. In leaping, for instance, each boy should be expected to clear his own height, 60 inches cleared by a boy 60 inches high, being deemed equivalent to 70 inches cleared by a boy ten inches taller. Now, though we admit there is some force in this way of reasoning, we cannot advocate the introduction of this principle into our competitions. It is our aim to reward the boys most efficient for the exercises in which they compete, quite irrespective of their natural capacities, their weight or height. Nor is this singular. In schools, where prizes are awarded for mental achievements, no one has ever thought of making an allowance for a deficiency of brains.

We will now give a short notice of the various exercises most suitable for competitions.

The Horizontal Bar. The bar should be 7 ft. 6 in. above the ground; it is usual to require each competitor to do one or more "set" exercises which are obligatory.

This practice is not objectionable if the exercises are chosen discreetly: when there are two exercises one should be a feat of mere strength (slow movement), the other an exercise requiring a certain amount of address and skill. At the same time these exercises should not deter a less expert performer whilst allowing full scope to a proficient one to exhibit his skill. One or more exercises are then left at the choice of each competitor. Five marks or less (as may be agreed upon) are allowed for each exercise, and it is understood that the highest number can be awarded only for every difficult exercise performed to perfection. Particular attention should be paid to the manner in which the gymnast gets on the bar and how he leaves it. Competitors must not be allowed to string together a mass of exercises in the hope of getting a higher number