Scientific and Aseful,

To keep steel knives from rusting, rub with mutton tallow, wrap in paper and put into a baize-lined chest.

WHITENING CLOTHES.—A tablespoonful of turpentine boiled with your white clothes will greatly aid in the whitening process.

ZINCS may be scoured, with great economy of time and atrength, by using either glycer-ine or creosote mixed with a little diluted sulphuric acid.

REMOVING RUST .- The easiest method of removing rust from iron is ruthing it with a rag dipped in oil of tarter. The rust will disappear immediately.

IRON or steel immersed in a solution of carbonate of potash or soda for a few min-utes, will not rust for years, not even when exposed to a damp atmosphere.

OYSTER SOUP.—In making oyster soup take two quarts of boiling milk, and put one quart of oysters, and add pounded cracker, salt, pepper, and butter. Boll five or ten minutes.

GLUE frequently cracks because of the dryness of the air in rooms warmed by stoves. An Australian paper recommends the addition of a little chloride of calcium to glue to prevent this.

CARPET MOTHS.-You will not be troubled with carpet moths if you scrub your floors with hot brine before tacking the carpet down, and once a week scrub your carpets with coarse salt.

CABBAGE WITH CREAM .- Boil, drain and cut up a moderate-sized cabbage. Put in a saucepan with a couple of tablespoonfuls of butter, a gill of cream, a tablespoonful of flour, salt and pepper. Add the cabbage, boil slowly ten minutes, stirring well.

THE "Journal de Pharmacie" gives the following recipe for a mucilage that will unite wood, or mend porcelain or glass: To eight and a half ounces of a strong solution of gum arabic add thirty grains of a solution of sulphate of alumina dissolved in two-thirds of an ounce of water.

MUTTON BROTH.—One pound mutton or MUTTON BROTH.—One pound mutton or lamb cut small, one quart of cold water, one teaspoonful of rice or barley, four table-spoonfuls of milk, salt, pepper, parsley; boil the meat without the salt, closely covered, until very tender; strain it and add the barley or rice; simmer for half an hour, stirring often; add the seasoning and milk, and simmer five minutes more.

And simmer are minutes more.

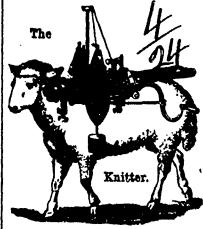
OATMEAL PUDDING.—Mix two ounces of fine Scotch oatmeal in a quarter of a pint of milk; add to it a pint of boiling milk; sweeten to taste, and stir over the fire for ten minutes; then put in two ounces of sifted bread crumbs; stir until the mixture is stiff; then add one ounce of shred suet and one or two well-beaten eggs, and a little flavouring or grated nutmeg; put the pudding in a buttered dish and bake slowly for an hour.

GRAHAM RISCULT—Stir, with a snoon

buttered dish and bake slowly for an hour.

GRAHAM BISCUIT.—Stir with a spoon tepid water into a Graham flour until stiff enough to form into a dough as soft as can be kneaded; roll out when sufficiently kneaded to be well mixed, and cut into cakes three-quarters of an inch in thickness. Lay them in baking pans so they will not touch each other, and bake in a quick oven, letting them remain long enough to become brown and crisp, which, with a good heat, will require about twenty-five minutes, or taking them out when just done through, as one prefers; if not sufficiently baked they will be heavy at the bottom. Put them on a grate or colander to cool, that they may not steam and become heavy. This bread is excellent for growing children and for brain workers. None of its nutritive qualities are diminished by fermentation, and eaten with good cow's milk and some sub-acid fruit it good cow's milk and some sub-acid fruit it forms perfect food.

For burns and scalds a good application, that can always be obtained, is cooking soda. Sprinkle the burnt surface at once that can always be obtained, is cooking soda. Sprinkle the burnt surface at once with this powder, and cover it with a wet cloth, or immerse the burnt part in alum water, strong brine or soap suds. A good salve for sub-equent application is sweet oil and cooking soda, linseed oil and turpentine. The thing to be done is to protect the burnt surface against the influence of the air. An excellent application to make at once is a tablespoonful of unsalted lard, the white of one egg, and a teappoonful of cooking soda, well mixed. Burns or scalds upon the face are best treated by applying mucilage or gum arabic. It forms a complete covering, and obviates the use of rags. Repeat the application every ten to fifteen minutes, until a thick artificial skin has been formed. It is so transparent that the condition of the burnt surface can be seen from day to day. It ultimately scales off and leaves a new skin, perfectly smooth and fair.



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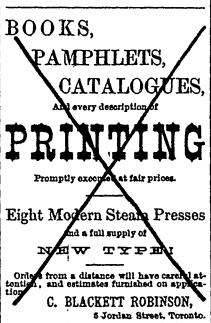
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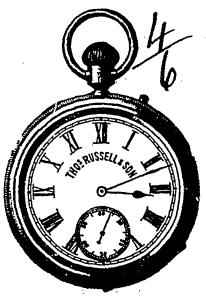
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