Loaf Cake.-Two cupfuls of light dough, two cupiuls of sugar, one cupiul of butter, one cupiul of cream, two eggs, one-half teaspoonful of soda, one cupful of raisins, one cupful of currants, a teaspoonful each of ground cinnamon and mace, and a grated nutmeg. Work well together and add sufficient flour to make it stiff. Shape in loaves, put into pans, raise, and bake slowly.

Apple Butter.—Making apple butter is almost one of the lost arts; but I have gathered the process from old experienced folks; and New York State farmers say that it is apples pared, cored, cut and boiled in sweet cider till the whole is a dark, rich pulp, and the cider is reduced one-half. No sugar is needed, for the fruit furnishes its own sweetness. Half the apples may be sour and half sweet, or all sweet, as one likes. It takes nearly two gallons of cider to make one of apple butter. Spices are added or not, to taste. I should spice it, the rule being one tablespoonful of cinnamon and one-third of a tablespoon-ful of ground cloves to each gallon of apple butter, added when it is taken up boiling hot. It may be kept in barrels, stone pots or butter firkins and boxes. A clean, second-hand butter firkin is a very good thing to keep many kinds of preserves or pickles in.

HEALTH AND HOUSEHOLD HINTS

Turnip Pasty,-Boil thoroughly onehalf dozen turnips, mash them up, add-ing a teaspoonful of cream and season-ing with salt and pepper. Put paste around this mixture, like a dumpling, and bake or steam.

Potato Pudding .- Boil one-half dozen potatoes and mash them through a sieve. Beat up the whites of two eggs and stir into the mashed potatoes. Add a tablespoonful of Scotch marmalade. Steam in a pudding bag for four hours.

Potato Pie.-Slice eight raw potatoes and cut up into small pieces one-half pound of bacon. Line a basin with some suet pastry and put in the bacon and potatoes; add boiling water and a little flour to make gravy. Put to steam for four hours.

Leeky Pie.-Cut up a dozen leeks, put them to boil with enough water to cover them; when boiled strain off the water. Season with salt and pepper to tast'e. Put them in a pudding dish, pour over one-half pint of buttermilk and a beaten Cover with ordinary paste and bake.

Raised Cake.—One cupful raised dough, one cupful of molasses, one cupful of sugar, one half-cupful of butter, one cupfui of sour milk, a little grated nutmeg, a cupful of raisins, a teaspoonful of soda, two teaspoonfuls of cinnamon, one half teaspoonful of mace, one teaspoon-ful of cloves, three and one-half cupfuls of flour. Bake slowly.

Dutch Apple Pudding.-Line a cake tin with a little thicker crust than for a ple. Take good flavoured apples, pare, cut into sixteenths, lay these regularly along the crust, each piece touch-ing, but not lapping. Press slightly in-to the crust to prevent moving. Dust well with sugar and a little nutmeg. Fill the dish with a sweet custard (as for custard pies), and bake.

Apple Dumplings.-Take a bright round tin pan (say three pints), fill half full of apples, cut in small pieces, add a little water. Make a cream-of-tartar little water. Make a cream-of-tartar biscuit dough, soft enough to pour over the apples. Cover with a round tin that is the same depth and will fit over the edge. Let it cook on top of the stove, not directly over the fire. Serve at once when the cover is removed, with a sauce, or butter and sugar, as preferred.

Cocoanut Meringue.-One quart of sweet milk, five tablespoonfuls of de-siccated cocoanut, three tablespoonfuls of taploca, a generous half cupful of granulated sugar, the yolks of three eggs, salt and vanilla to taste. Wash the tapioca and soak for several hours in plenty of cold water: After draining off the water, add the taploca to the milk and set them on the range in a pudding dish. If there is the least doubt as to the freshness of the milk, stir in a pinch of soda. Cover until the boiling point is reached. Now stir in two tab-lespoonfuls of the cocoanut, and, alter drawing the dish to the edge of the range where the milk cannot boil, add gradually the yolks of eggs and sugar, which have been beaten together un-til light. Replace on the hottest part of the range, stirring continuously until the custard has thickened. Remove from the fire and set aside several hours to cool, when salt and flavouring may be added, and the meringue spread upon

the top. Meringue.-Whip the whites of the eggs stiff, and add to them three table-spoonfuls of powdered sugar and one of cocoanut. Flavour delicately with vanila, and after spreading upon the custard, sprinkle the remainder on the cocoanut over the top, and set in the oven to brown. This dessert is to be eaten cold and requires no sauce. Sponge cake is very nice to pass with the meringue.

They poulticed her feet and poulticed her head.

And blistered her back till 'twas smarting and red,

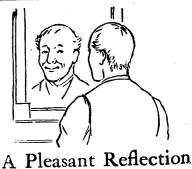
Tried tonics, elixirs, pain-killers and salves, (Though grandma declared it was nothing but "narves.")

The poor woman thought she must certainly die,

Till " Favorite Prescription " she happened to try,-

No wonder its praises so loudly they speak She grew better at once, and was well in a week.

The torturing pains and distressing nervous ness which accompany, at times, certain forms of female weakness, yield like magic to Dr. Pierce's Favorite Prescription. It is purely vegetable, perfectly harmless, and adapted to the delicate organization of woman. It allays and subdues the nervous symptons and relieves the pain accompanying functional and organic troubles. Guarantee printed on bottle-wrap per, and faithfully carried out for many years.

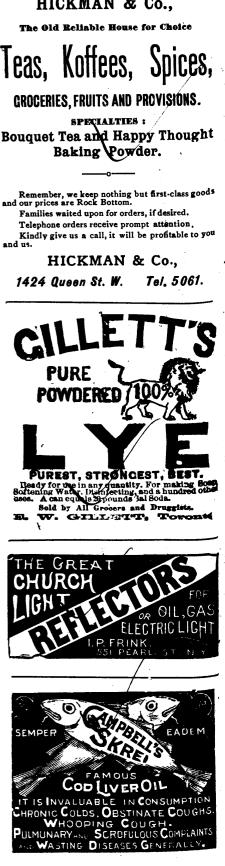


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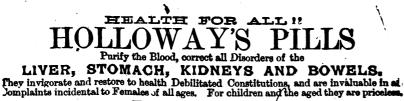
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