

Palm Bearers.

When Christ, as King, descended
The slopes of Olivet,
The gladdest of all visions
His sacred gaze that met,
Were throngs of Jewish children,
That came in singing bands,
And pressed about him, bearing
Palm branches in their hands.

"Out of the mouths of children
Thou perfectest thy praise,"
He said, as their hosannas
Rang o'er the crowded ways,
"Out of the mouths of children,"
The same dear lips may say,
These hosts of happy children
Who meet him here to-day.

We come with songs of triumph,
No doubtful Christ to own;
The Galilean Prophet
Is King upon the throne!
With greater gladness bearing
Our palms than those he met,
That day when he descended
The steeps of Olivet.

O Saviour! may we children
Strive on till life shall cease,
To send to all the nations
The palm branch of thy peace!
And own our service, saying,
As in Judean days,
"Out of the mouths of children
God perfecteth his praise."

LESSON NOTES.**FIRST QUARTERLY REVIEW.**

MARCH 26.

GOLDEN TEXT.

My sheep hear my voice, and I know them, and they follow me.—John 10. 27.

HOME READINGS.

- M. Christ the True Light.—John 1. 1-14.
Tu. Christ's first disciples.—John 1. 35-46.
W. Christ and Nicodemus.—John 3. 1-16.
Th. Christ at Jacob's well.—John 4. 5-15.
F. The nobleman's son healed.—John 4. 43-54.
S. Christ's divine authority.—John 5. 17-27.
Sa. Christ freeing from sin.—John 8. 12, 31-36.

I. Recall the Titles and Golden Texts of the lessons.

II. Name one important teaching of each lesson.

III. Draw an outline map of Palestine, and locate the following places:

1. Jerusalem, with the temple courts and the Pool of Siloam and the Pool of Bethesda.
2. Bethabara, near the Jordan.
3. Cana of Galilee.
4. Jacob's well.
5. Capernaum.
6. The Sea of Tiberias.
7. The Plain of Butaiha.

IV. At what time of the year was—

1. The Feast of the Tabernacles?
2. The Feast of Passover?

V. State the leading facts in the lessons in which the following principal characters or incidents appear:

1. A man who had been cured of blindness.
2. The pitcher filled from the Pool of Siloam.
3. The hungry people fed by a man.
4. The nobleman pleading for his sick son.
5. The gossiping woman at the well of Samaria.
6. The puzzled elder seeking spiritual light.
7. The happy pair about to be married.
8. One disciple inviting another.

VI. Where and why in this quarter's lessons is Jesus called—

1. The Light of the world?
2. The Lamb of God?
3. The Word of God?
4. The Teacher come from God?
5. The Son of God?
6. The Prophet that should come into the world?
7. The Good Shepherd?
8. The Door.

HOW REX TRAINED.

BY JOAN LLOYD.

"Yes, sir," said Rex, nodding his head solemnly, "if I want to stand any chance of coming in first in the foot race I've got to begin to train."

"Certainly, my boy," said his father across the table, "and see that you begin in time."

"You mustn't impose too many hardships on yourself," said his mother,

anxiously, as visions of a young man starving himself on dry crusts and running an unlimited number of miles daily, flitted through her mind.

Rex laughed merrily. "No, indeed, mother," he said, "Mr. Lee has told us just what to do, and he knows. He was centre rush in the college team, you know."

Mr. Lee was Rex's Sunday-school teacher. Just the best fellow in the world, the boys said. For he took an interest in everything they did.

"What is training, Rex?" said little Lottie, hanging over her brother's chair. I like to see a little girl asking her big brother questions, and liking to be near him. It tells me something good about that boy.

"Oh, it's getting your muscle ready for a race, or something of the sort. Exercising and going without some things you like."

"I wonder if Rex can really do without extras at the table," said big sister Lora.

"Just wait and see," said Rex, decidedly.

Rex started to his room that night exactly on the stroke of nine.

"Are you not feeling well?" said Mrs. North.

"Yes," said Rex, "but I'm beginning to train; and will you please call me at half-past five?"

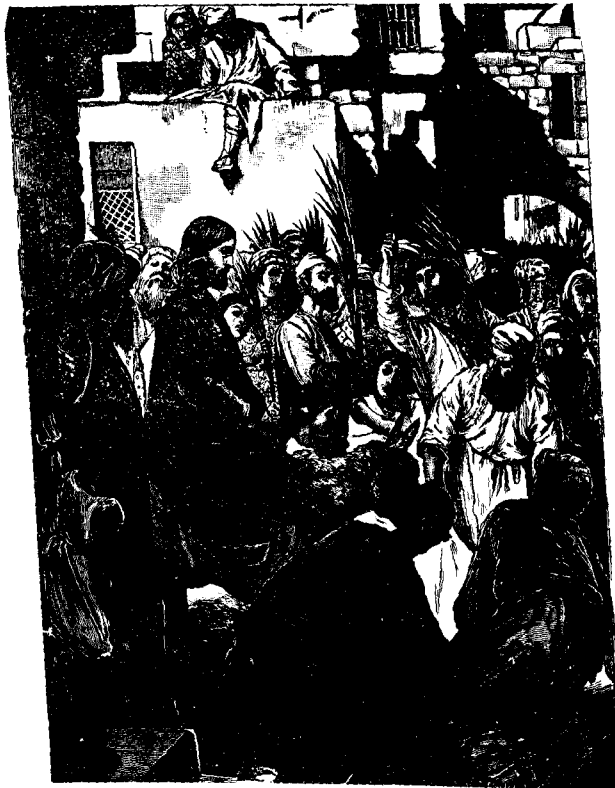
The next morning until breakfast time Rex swung Indian clubs. For, as he explained, a fellow must develop all around if he wants to run well.

At breakfast he refused coffee and hot biscuits, eating instead beefsteak and brown bread. He even refused preserves, much to Lottie's distress, affirming that sweets made flabby muscles. And so, through every day, he lived by rule, eating, sleeping, exercising, and resting at regular hours.

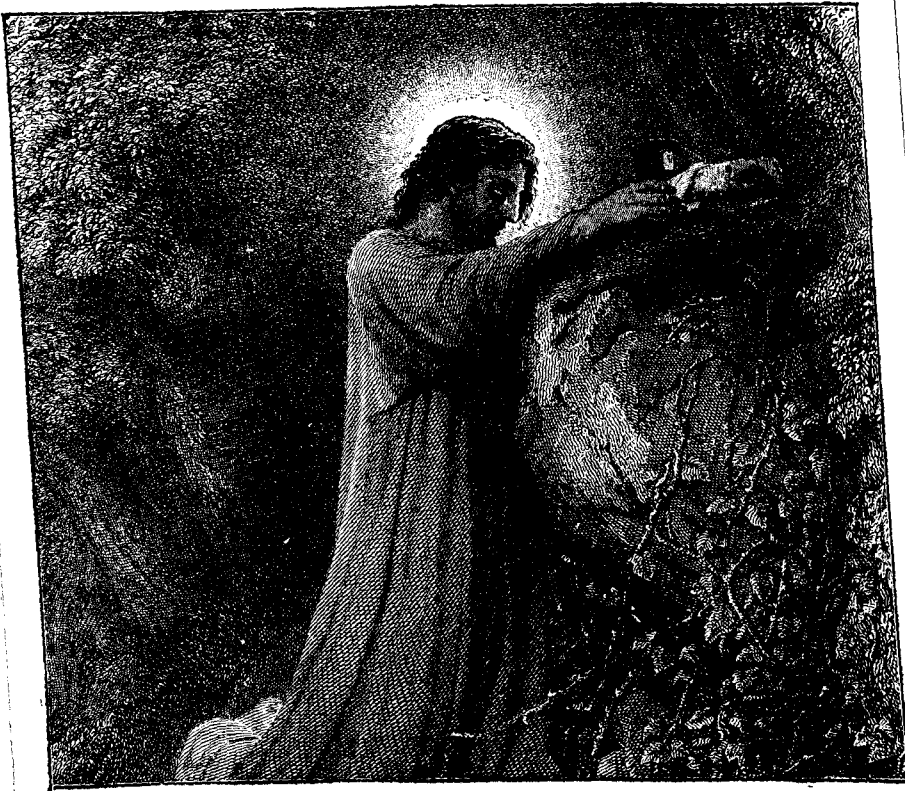
He was getting ready, one day, to go to the gymnasium, where the boys were instructed by Mr. Lee, when he heard his mother say:

"I am so tired, I don't see how I shall get through the day."

Rex stopped to reflect. Nora, the faithful maid, was away for a two weeks' vacation. Lottie had taken this inconvenient time to be sick. Baby was cross on general principles. Lora had given up her music to help mother. But what had he done?



THE TRIUMPHANT ENTRY.—THE PALM BEARERS.



THE AGONY IN THE GARDEN.

GETHSEMANE.

The season of Easter, through which we shall soon pass, is to many a time of joy and gladness. It is well for us to remember, however, what it cost our Lord, whose resurrection the season brings especially to mind, to undergo the sufferings and death without which his resurrection and all the glad truths

which are connected with it would have been impossible. We, therefore, present a picture of Jesus in the garden of Gethsemane. It is to be hoped that as we look upon him, as the picture represents him, praying to the Father for strength to undergo the fearful trials which he knew were awaiting him, our hearts will be stirred with profound gratitude for all that he has done for us.

"I guess I'll put in my three hours training at home to-day," he said, slowly, and it wasn't an easy thing to say, for, in spite of the hard work, it was such fun at the gymnasium.

He went into the kitchen, where Mrs. North and Lora were making preserves. Lora was just going to the well.

"I'll bring the water," he said, taking the pail from her hand.

"Isn't it time for your training," asked Lora.

"I am training," said Rex.

Then he swung up the hammock in the shade, and took Lottie and the cross baby Ralph out there. He told them funny stories until they forgot to be cross.

After baby went to sleep he got out the lawn mower and cut the grass, which was getting high.

"It's as good as Indian clubs any day," he said, when his father stopped to inquire the meaning of this sight in training hours. All the rest of the afternoon was spent in helping at home, and he was more than paid when his mother said at night:

"I don't know how we should have got through the day without him."

"Where were you yesterday, Rex?" said Mr. Lee the next day.

"I was at home, training," he said, with a little laugh. "My stout muscle comes in just right for carrying Ralph and drawing water and running the mower."

"Ah, my lad," said Mr. Lee with an earnest look, "I think you are training for the great race, too."

"I am, sir," said Rex promptly.

Of course you will want to know how the race came out. "Well, Rex's muscles were in such good shape after the home training that he was first at the end of the race. His schoolmates shouted themselves hoarse in his honour, for every one was glad to see Rex win in anything."

And, as for the other race—I think he will take one of the prizes offered for that. You know what the Apostle Paul says about the great race that is for us all: "So run that ye may obtain. And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible. Therefore so run not as uncertainly."—Christian Standard.

President Kruger is suffering from a severe affection of the eyes, and he may have to go to Europe to consult a specialist.

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