## Bovril Simplifies Summer Cookery


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The Shadow of the Future.












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 "altogether brerghter and happier" 161, Caiabridge Road,

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Milk of Uniform Richness-Uniform Safety
Docrors, health officers and food experts agree tnat a tainly children shoutid have a liberal quantity each day $\rightarrow$ not just when you have milk to spare, but whenever they need it. You'll find Carnation Milk doubly desirable for the children's drink.
They like its creamy, rich flavor.
And it is always the same-uniformly fresh, rich, pure and safe. Canada's finest farms produce this milk. Part of the water is removed by evaporation; it is then sealed while perfectly fresh in ait-tight containers, and is protected against contaminatio
for it is also sterilized - -making it absolutely pure and safe.
No sugar, no preservative or anything else is added. You can keep this fresh, nourish- highquality and CONVENIENCE ing quantity unopened in the con-

FREE!



tainer indefintely. When the chil Carnation Milk with you dilute Carnation. Milk
amount of water.
And you use Carnation Milk
when diluted in every now use ordinary milk- way you
not cook-
ing, for table use, etc.

Use it direct from tne can as
cream for coffee, tea, cerealsorfruit. In short-the purity, freshness,
milk supp.
-a week's or a mour yourth's supperic ahead. Your grocer is the Carna tion Milkman. Ask him to
several cans (tall 16 oz. size), or case of 48 cans.

Garnation mix products Lumired
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## Carnation Milk

Use Carnation Milk For ,


