

MAGIC BAKING POWDER
CONTAINS NO ALUM
MAGIC BAKING POWDER
COSTS NO MORE THAN THE ORDINARY KINDS

Remember!
No matter what others may do or say you will always do better at COLLINS'. Look at these Values:

Striped Am. Flannelettes,
absolutely free from dressing, worth 17c.
COLLINS' PRICE 11c. per yard

Am. Muslins, Silk Finish,
suitable for Evening Blouses, worth 15c.,
20c. and 25c.,
COLLINS' PRICE 10c. per yard

P. F. Collins,
340, 342, 344 Water Street.

SLATTERY'S
Wholesale Dry Goods House.
WE OFFER to our Customers, the Trade and Outport Buyers, this Spring, the best selected Stock of Dry Goods of all kinds—American and English—yet put on the market.

See our Stock of Fleece Underwear, Muslins, Embroideries and Dress Goods before purchasing elsewhere.

W. A. SLATTERY, Slattery Build'g,
Perth and Esplanade Street—near City Hall

PER S.S. "FLORIZEL,"
20 barrels Gravenstein Apples,
10 baskets Ripe Tomatoes,
50 barrels Granulated Sugar,
10 cases Sweet Oranges,
Potatoes, Beet, Cabbage,
New York Corned Beef.

Try Our ECLIPSE TEA, at **40c. 1b.**
People say it's worth 60 cents.
Buy here every time and get your Coupons.

J. J. ST. JOHN, Duckworth-st.

FUSSELL'S
FULL CREAM
CONDENSED MILK
IS THE
CREAM OF MILKS

The Secret of Wealth Lies in Four Letters!
S A V E
To be saving deal with the Reliable Tailoring, Cleaning and Pressing House.

Have your Clothes Cleaned, Repaired and Pressed by us. Have your Overcoat Cleaned, Prepared and a new Collar put on it, and when finished by us it will look as good as new.

OR BETTER STILL! Have your Overcoat Turned Re-lined and a New Collar put on it, and when finished by us, we assure you it will be as good as a new one. This is the time to have those things done. Note the address:

WM. SPURRELL, 174 Duckworth Street.
On the Beach. PHONE-727.

The Evening Chit-Chat
By BRYCE CAMERON

You doubtless know that your high heeled shoes tire you much more than your common sense walking shoes— you, of course, meaning the sex that wears those instruments of torture.

You probably realize that the reason you were so abominably tired the other night was not because you had done anything especially strenuous but because you wore those French heeled shoes whilst shopping.

But do you realize that high heeled shoes may do much more than tire you—may actually injure you?

If you know anything at all about your internal organism you know that it is a very delicate balanced affair. Now the high heeled shoe throws the weight of the body forward, and if this position is held for too long a time, doesn't it seem quite natural that this delicate equilibrium might be disturbed?

If you don't believe me, ask your doctor. I'll wager he'll talk more forcibly than I have.

Yes, I know those dainty, pattery little high heeled shoes are much more attractive than the big clumsy kind. I just love them myself.

And I grant you that they are all right for occasions when you are going to be sitting down most of the time.

But for occasions when you will have to stand or walk a good deal—well, is the daintiness worth while at the price of certain exhaustion and the risk of physical injury?

Do you know of anything more mortifying than to have someone with whom you have been talking over the telephone for five or ten minutes finally acknowledge that she has company or some pressing engagement from which you are keeping her?

I don't.

The agony of looking back and thinking—"And she's been squirming and trying to get away all the time she was talking."

Whereas if anyone tells you the moment that you call up, that it is not just convenient for her to talk just then and that she would like to call you up later you are not in the least disturbed or embarrassed.

As I was passing a public dump the other day a gust of wind threw half a dozen letters at my feet.

A few of them were torn in two or three fragments. Many of them were entirely whole.

The subscription of one of the letters which lay at my feet was, "Four loving sister, Anne."

Presumably such a letter would contain intimate family details. And there it lay—and its companions—ready for "him who runs to read."

I didn't read the letters but I don't think I should have blamed anyone who did.

Carlessness like that which put those letters upon into a waste basket to be thrown into the litter barrel and thence to be carried to the public dump richly deserves such punishment.

Where do the letters you throw into your waste basket go?

Perhaps you think they are burned up, but are they? Surely not in the summer months when there is no furnace fire.

On the whole I think it behooves you to be sure your vast correspondence is going to be turned up, or else to tear it into mighty fine shreds.

I can assure you I shall in the future.

Rod Cameron

Remedies are Needed

Were we perfect, which we are not, medicines would not often be needed. But since our systems have become weakened, impaired and broken down through indiscretions which have done from through countless generations, remedies are needed to aid Nature in correcting our inherited and otherwise acquired weaknesses. To reach the seat of weakness and consequent defective function, there is nothing so good as Dr. Pierce's Golden Medical Discovery, a glyceric compound, extracted from active medicinal roots—sold for over forty years with great satisfaction to all users. For Weak Stomach, Biliousness, Liver Complaint, Pain in the Stomach after eating, Heartburn, Bad Breath, Belching of Food, Chronic Diarrhoea and other Intestinal Derangements, the "Discovery" is a time-proven and most efficient remedy.

The genuine has on its outside wrapper the Signature

You can't afford to accept a secret nostrum as a substitute for this non-alcoholic medicine of known composition, not even though the agent dealer may thereby make a little bigger profit.

Dr. Pierce's Golden Medical Discovery regulates and invigorates stomach, liver and bowels. Sugar-coated, tiny granules, easy to take as candy.

Household Notes.

A woman who does needle sewing should see to it that the chair on which she sits is just the right height; too low a chair strains the muscles and weakens the weaker.

An asbestos mat under the bread pan will help the bread to rise on a cold night, so it will prevent the bottom being chilled. The ordinary store mat may be used.

A reliable furniture polish is made from equal parts of olive oil, vinegar and alcohol. This should be rubbed in with one woolen cloth and polished with another.

To keep blue clothes from fading try adding bluing to the starch. They will retain their color better than if put in the bluing water and then starched.

Pieces of rubber sponge in a mop handle will be found excellent for taking up dust, lint, etc., from hardwood floors or from rugs. They may be used dry or moistened.

A back rest for an invalid which will be found comfortable for one confined to bed is made of a wide board, well padded, and slipped into a cretane pillow case.

Will Make Hair Grow

Every up-to-date woman should have radiant hair.

There are thousands of women with harsh, faded, characteristic hair, who do not try to improve it.

In England and Paris women take pride in having beautiful hair. Every Canadian woman can have lustrous and luxuriant hair by using **SALVIA**, the Great American Sage Hair Tonic.

McLure & Co. sells a large bottle for 50 cents, and guarantees it to banish Dandruff, stop falling hair and itching scalp in ten days, or money back.

MADE WELL AND STRONG

By Lydia E. Pinkham's Vegetable Compound

Toronto.—I gladly give you my testimonial in favor of your wonderful medicine. Last October I wrote to you for advice as I was completely run down, had bearing down sensation in the lower part of my back, headache, and pain in the side. I also suffered terribly from gas.

After receiving your directions, I followed them closely and am now entirely free from pain in back and bowels, and am stronger in every way.

I also took Lydia E. Pinkham's Vegetable Compound before my baby was born, and I recommend it highly to all pregnant women.—Miss E. WANDY, 22 Logan Ave., Toronto, Ont.

Another Woman Cured

Maple Creek, Sask.—I have used Lydia E. Pinkham's Vegetable Compound and Blood Purifier, and I am now in perfect health. I was troubled with pains every month. I know other women who suffer as I did and I will gladly recommend your medicine to them. You may publish this if you think it will help others.—Mrs. F. E. COOK, Maple Creek, Sask.

If you belong to that countless army of women who suffer from some form of female ill, don't hesitate to try Lydia E. Pinkham's Vegetable Compound, made from roots and herbs.

It is a great protection from moths when putting clothes away to scatter over them dried wormwood, which may be procured from many druggists. Each article should be wrapped separately in a newspaper.

To keep a gas stove from rusting when it is not in use for the winter, first clean carefully with kerosene, dry carefully, and then rub over with olive oil. It is best to do this while the stove is warm.

When carpets are not taken up, they can be greatly weakened by washing with water in which a tablespoonful of ammonia has been added to a pail of water. This should be done after a thorough sweeping.

When wallpaper is to be cleaned with before filling again with fresh water rinse thoroughly, in that way you avoid boiling over possible germs and also keep sediment from forming in the bottom of the kettle.

Always empty a teakettle after using and before filling again with fresh water rinse thoroughly, in that way you avoid boiling over possible germs and also keep sediment from forming in the bottom of the kettle.

Invermore's Passengers.

The Invermore arrived at Port aux Basques on time yesterday morning, bringing G. A. Reilly, E. McGehee, F. A. Regent, E. M. McCracken, W. Parsons, D. Gracie, P. McLean, M. E. Knight, E. and Mrs. Ricketts, S. and Mrs. Grant, Miss D. Thompson, Miss A. Gardiner, W. A. and Mrs. White.

Train Notes.

The express and local arrived here at 12:40 p.m. to-day bringing about 100 passengers including J. J. Murphy, J. H. A. F. Fortune, J. McCarthy, J. Ryan, Rev. Dr. Whelan, P. T. Carwright, Mort Greene, A. Mews, G. Roberts, J. Kavanagh, G. Langmead, Constable Quinlan, J. Curran and G. M. Shears.

CHARTERED BY JOBS.—Bishop & Sons Anceola has been chartered by Job Bros. & Co. to take a load of oil to Europe.

Eczema Not a Blood Disease

For this reason Internal treatments fail to cure—Success of Dr. Chase's Ointment.

Experience with the use of Dr. Chase's Ointment will soon convince anyone that Eczema is a disease of the skin and not of the blood.

Mr. A. B. Macanley, Stornoway, Que., writes: "I had itching eczema on my leg for over five years and tried many remedies and several doctors without benefit. Dr. Chase's Ointment cured me completely."

Mrs. Chas. Gilbert, Haystack, Pictou Co., N.S., writes: "I was a sufferer from Salt Rheum for ten years and was cured by eight boxes of Dr. Chase's Ointment. I am heartily thankful for this cure and want to recommend Dr. Chase's Ointment to other sufferers."

Why not get the cure started to-day. If you are a sufferer from eczema or any form of itching skin disease you will thank the day you heard of Dr. Chase's Ointment. It cures a host of dealers, Edman, Bates & Co., Toronto.

MINARD'S LINIMENT FOR SALE EVERYWHERE.

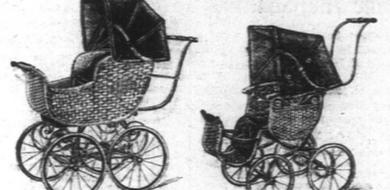
JUST ARRIVED, BY "FLORIZEL,"
2,000 PAIRS

Men's, Women's and Children's BOOTS,
At Prices that were never known in the city before.

And if you want to get your Footwear at half price and the best value for your money call

At The White Shoe Store,
301 and 306 Water Street.
S. B. KESNER, Proprietor.

A New Shipment of
Baby Carriages and Go-Carts
IS NOW ON DISPLAY.



You certainly will want to take the Baby out these bright sunshiny days, and this store is ready to furnish the finest

BABY CARRIAGES and GO-CARTS
that can be secured anywhere. WE HAVE THEM AT ALL PRICES.

U. S. PICTURE & PORTRAIT Company.
Complete House Furnishers.

Tea Aprons!
Priced for Quick Selling.

197 ONLY TEA APRONS,
Made of Fine Quality White Lawn with Deep Frill—worth 30c.s

OUR PRICE --- 15 CENTS.
SEE WINDOW.

HENDERSON'S - - Theatre Hill.

HAVE YOU TRIED
Morris & Company's
Canned Meat Products?
Ask your Grocer for
MORRIS'
Cooked Corned Beef,
White, Red and Gold Label.
Once Tried Always Used.

JOB PRINTING Neatly EXECUTED

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Buy Your BOOKS From
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Mrs. H. E. Gorat, 50c.
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& Wardrobes, which
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