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#### OP IN GASOLINE

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## BIBLE THOUGHT —FOR TODAY—

OCTOBER 10

BOAST NOT thyself of tomorrow; for thou knowest not what a day may bring forth.—Proverbs 27:1.

OCTOBER 11

PEACE I LEAVE WITH YOU, my peace I give unto you; not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.—John 14:27.

OCTOBER 12

MASTER, THIS WOMAN was taken in adultery. Moses commanded us that such should be stoned; but what sayest thou? He said unto them, He that is without sin among you, let him first cast a stone at her.—John 8:4, 5.

OCTOBER 13

BUT NOW IS CHRIST RISEN FROM THE DEAD and become the first fruits of them that slept.—I Corinthians 15:20.

OCTOBER 14

OH THAT MEN would praise the Lord for his goodness, and for his wonderful works to the children of men.—Psalm 107:21.

OCTOBER 15

FOR GOD SO LOVED THE WORLD, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.—John 3:16.

OCTOBER 16

THOU SHALT LOVE THE LORD thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.—Luke 10:27.

### "THE DEADLY CIGARETTE"

"The Hook," Vancouver, published recently under the above heading, subjoined interesting article "by one who had tried it."

The trouble with the cigarette is this, it's not a smoke, it's a dope. The cigarette being milder than the pipe, is generally inhaled into the lungs. Now the lungs are made up of air cells and blood cells, separated by a thin delicate membrane. When the air cells are filled with the air, by breathing, the blood, passing through the blood cells, draws its nourishment from the air through this membrane and thus qualifies itself to supply the need of nerve and brain and muscle.

The cigarette is not a smoke, it's a dope, because, when inhaled, the smoke is drawn into the air cells of the lungs and the blood draws the narcotic through this thin membrane, and carries the poison to the whole body; debilitating the nervous system and reducing one's mental and physical efficiency. That's where the cigarette gets in its deadly work.

Inhaling tobacco smoke sends a shot of dope into the blood through the lungs. That's why I say the cigarette is a dope. Being a dope it creates an ever-increasing desire for the narcotic, so that its addict cannot comfortably be any length of time without it.

This interferes with his steady application to business or labor, reduces his efficiency and hampers his social relations.

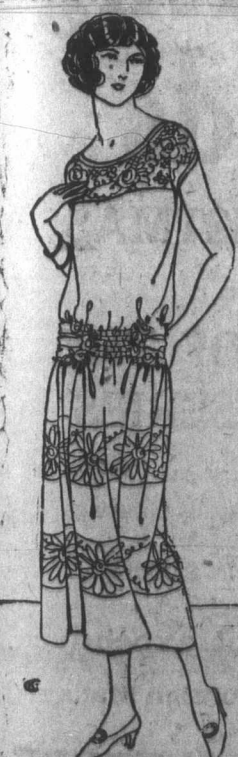
Worse than that, the effect of the smoke on the membranes of the lungs is such that continual inhaling is suicide. The smoke taken so freely into the lungs thickens these membranes, so that, even when the cigarette inhaler breathes good air, the blood cannot draw from the air the nourishment necessary to enable it to supply the needs of the body.

The result is that instead of climbing up in his vocation, he is reducing his efficiency and wrecking his constitution.

I know this because it is my own experience. I was a cigarette fiend.

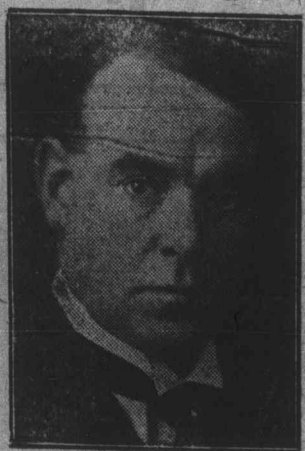
When two of your friends who have both undergone the operation for appendicitis get together, they won't notice if you go away and leave them to talk it out.

WOMAN'S EGG BLUE CHIFFON  
DRESS IS TRIMMED IN BEZEL



A delightfully youthful frock designed for wear in the late afternoon and evening is sketched above. The material is robin's egg blue chiffon, and the dress is simply trimmed, using deep bands of ecru lace for trimming. The little square collar is also of ecru lace. The tulle is confined at the waist by shirring, and pastel flower motifs appear on either side of the skirt.

### REPRESENTS B. C.



G. G. McGeer is presenting the case of the British Columbia Government in the Crow's Nest Pass case at Ottawa. Mr. McGeer declared that if the Crow's Nest Pass commodity rates were statutory and the discriminations were justified, some British Columbia interests would be ruined in so far as getting into contiguous markets were concerned.

### ROADS "SAFE FOR DEMOCRACY"

During the present season altogether too many automobiles fatalities have occurred in spite of constant warnings regarding carelessness and other causes of danger. Hardly a day passes without adding a victim to the blacklist of the roads. The road is generally held responsible for these casualties, but, in most cases, they should be charged to imprudence, ignorance or contempt of the law.

Numerous are the opportunities for accidents; a complete enumeration of them is impossible. They are well known to the public. Railway crossings are responsible each year for the loss of thousands of lives; curves, bridge approaches, road and street intersections; excessive speed also takes a large toll. Automobiles are not always to blame for these accidents. In many cases, however, they are, and in many cases can be avoided by using the required caution.

Valid excuses for accidents were never so few as at present. The speed limit is clearly indicated on the highways, whether automobiles travel in open country, in a town or in a village; timely notice is given of curves, bridges, and railroads; appropriate danger signals are placed where needed; all posters, or other commercial advertisements liable to confuse with official signs and mislead the public, are removed from the limits of the roads; no improvement liable to do away with some possible danger is omitted on the highways.

No efforts to make the highway safe can succeed without the help of the travelling public, and the lives of automobilists cannot be saved against their will. It is pointed out that the motorist should never forget that the law is made for their collective and individual benefit, and that its object is not to collect fines, limit their liberty or needlessly annoy them.

Don't ask a man who is more than sixty years old to relate some of the reminiscences of his youth unless you really want to hear some.

Now that it is possible to photograph noise, perhaps somebody will get a life-like picture of New York.



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Fresh stock of Radio Batteries arriving weekly.

Storage Battery Service Station

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Kentville

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## Office Supplies

Typewriter Paper, good quality bond, \$1.30 per ream. Better quality bond, \$1.70 and \$2.40 per ream.

Copy Paper, manilla, \$1.00 per 1000 sheets.

Business Envelopes, \$1.00 to \$2.50 per box of 500.

Carbon Paper, 2 sheets for 5 cents, \$1.00 per box.

Onion Skin Paper, 85 cents per ream.

Stenographers' Note Books, 10 cents each.

Adding Machine Rolls, 25 cents.

Blotting Paper, 5 cents per sheet.

Orders taken for Typewriter Ribbons, any make.

Orders also taken for Loose Leaf Binders and sheets for same, any size or style of ruling

The Acadian Store

WOLFVILLE, N. S.

### SIX INCHES OF SNOW

Considerable Damage Done by Heavy Downfall in Temiskaming.

NORTH BAY, Ont., Oct. 3.—Reports trickling in from various parts of Temiskaming today indicates that considerable damage was done by Wednesday's snow storm. Heavy wet snow fell to a depth of six inches in several parts, including the Cobalt area. Many farmers who had not taken in their grain had it flattened by the snow which, however, disappeared within twenty-four hours. The great majority of Temiskaming telephone lines are out of commission, having broken under the strain of the snow clinging to them. In Milberta section, several roads were blocked by trees which were broken down by the weight of the snow. Beautiful Indian summer weather has been experienced by all of the North for the past two days.

### GOOD RECIPES

#### Cocunut Ice

This delicious sweet is inexpensive, easily made, and requires no cooking. Ingredients: Three and one-quarter cups icing sugar, one-half pound desiccated cocconut, three tablespoonsful of cold water, a few drops of cochineal. Method: Roll sugar to free it from lumps, put it in basin with cocconut, and thoroughly mix, add water and knead well. When formed into one firm piece divide equally. Press one-half on plate and shape into large firm square. Add a few drops of cochineal to the color is even, then put it on white half and press together. Leave it for twenty-four hours, then cut into bars.

#### Chocolate Cream Pie

One-half cup grated chocolate, one cup sugar, two tablespoons cornstarch, two cups milk, two eggs, one teaspoon vanilla, one-eighth teaspoon salt. Melt chocolate over hot water. Mix sugar, cornstarch and salt. Add milk slowly to melted chocolate, stirring until smooth. Add dry ingredients and stir and cook over hot water until thick and smooth. Add yolks of eggs well beaten and cook a minute longer. Cool and add vanilla. Pour into a baked pie shell and cover with a meringue made with the whites of the eggs beaten until stiff and dry with one-quarter cup of sugar. Bake in a slow oven until a light brown.

#### Fig Cake

One cup of sugar, two tablespoons of butter, two-thirds of a cup of sweet milk, two cups of flour, whites of four eggs and two teaspoons of baking powder. Sift the flour lightly before measuring it. Flavor to suit the taste. This will make three layers. After baking the layers, put between them the following, which has been cooked together ten minutes: Half a pound of figs, chopped fine, one teaspoon oil water, and half a teaspoon of sugar.

#### Carrot Pie

Two eggs, half cup milk, one cup mashed carrots, one teaspoon lemon juice, two tablespoons melted butter, half teaspoon cinnamon and allspice. One-quarter teaspoon nutmeg, pinch of salt. Beat yolks of eggs, add milk and spices and butter and pour in pastry lined dish, and bake about twenty minutes. Then cover with meringue of white of eggs and sugar and flavor with lemon. Put in oven to brown.

#### Baked Hash

One half pound round steak, one and one-half cups chopped carrots, one cup chopped raw potatoes, three onions, one cup milk, one teaspoon salt, one-quarter teaspoon pepper, one teaspoon minced parsley.

Put meat, carrots, potatoes and onions through the food chopper. Mix thoroughly and add milk and seasoning. Put in a casserole or baking dish cover with coarse bread crumbs, dot with bits of butter and bake an hour.



Wife: "Henry, dear, we must have a couple of chickens for dinner."  
Hubby: "All right. I'll take a spin in the car."  
—London Opinion.

### ORGAN AGAIN HEARD

Silent since 1918, when it was damaged by a shell from a German long range gun, the famous organ in the church of St. Gervais in Paris is again in use.

Although it was not directly hit by the shell, which killed scores of worshippers in the church, the organ was seriously damaged by steel splinters which pierced the pipes and shattered the case. The repair work was a matter of laborious patching, and required considerable time. It was found necessary to replace only the bellows.

The exact date of the making of the organ is not known, but it is believed

to have been built in the early part of the sixteenth century. It was played upon for generation after generation by the noted family of organists, the Couperins.

When the pipes were being put in order it was found that many birds' nests, swallows and martins, had been built inside them.

Somebody is asking for the words of an old song, "The Increase of Crime," which was sung sixty years ago. Sixty years from now will anybody ask for the words of an old song, "Yes, We Have No Bananas," that was sung sixty years ago?

## A NEW & BETTER FURNACE At a Sensational Price

### COSTS LESS TO BUY

Gilson's of Guelph now offer you a perfected pipeless furnace at a sensational price. The lowest-priced efficient heating system on the market. Pay less for the furnace—no expense for pipes—installed in any home in less than one day without muss or fuss.

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All you need is enough cellar-excavation to accommodate the furnace. Every room in the house will be cosy and warm. Cellular will be fine and cool for fruit and vegetables.

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them? Perhaps you have a car, or  
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D. A. R. Time-table

The Train Service as it Affects Wolf-

ville

No. 96 From Kentville arrives 8.41 a.m.

No. 95 From Halifax arrives 10.10 a.m.

"Bluenose" from Halifax 11.20 a.m.

(Tues., Wed., Fri., Sat.)

"Bluenose" from Yarmouth 1.59 p.m.

(Tues., Wed., Fri., Sat.)

No. 98 From Yarmouth, arrives 3.12 p.m.

No. 97 From Halifax, arrives 6.12 p.m.

No. 99 From Halifax (Mon., Thurs.,

Sat.) arrives 11.48 p.m.

No. 100 From Yarmouth (Mon.,

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