



**We invented
OXO Cubes to
make life more
easy for men
and women
who do their
own cooking.**

Many men and some women go early to work—what can be easier than to have OXO Cubes and the kettle put ready the night before, and then in the early morning all you have to do is to drop an OXO Cube into hot water and you have a delicious drink to start the day on. OXO Cubes are equally handy in all kinds of cooking—they make it so easy.

Sold in Tins containing 4 and 10 Cubes. OXO is also packed in bottles for people who prefer it in fluid form.

**OXO
CUBES**

25 Lombard St., Toronto.

41 Common St., Montreal.

Consumption Book FREE



This valuable medical book tells in plain, simple language how Consumption can be cured in your own home. If you know of any one suffering from Consumption, Catarrh, Bronchitis, Asthma or any throat or lung trouble, or are yourself afflicted, this book will help you to a cure. Even if you are in the advanced stage of the disease and feel there is no hope, this book will show you how others have cured themselves after all remedies they had tried failed, and they believed their case hopeless.

Write at once to the Yonkerman Consumption Remedy Co., 1609 Rose Street, Kalamazoo, Mich., and they will send you from their Canadian Depot the book and a generous supply of the New Treatment, absolutely free, for they want every sufferer to have this wonderful cure before it is too late. Don't wait—write today. It may mean the saving of your life.



FREE

Send us your name and we will send you Free, all charges paid, this handsome LUCKY HEART PICTURE

BROOCH - which is the latest, daintiest and prettiest jewelry novelty, all the rage everywhere. We are giving it

ABSOLUTELY FREE to introduce our goods. Just send name and address and we will send it to you at once. Address ALDEN MFG. CO., 77 ROY ST., PROVIDENCE, R. I., U.S.A.



Mail Contract

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until Noon, on Friday the 4th November 1910 for the conveyance of His Majesty's Mails on a proposed Contract for four years six times per week each way, between CHATSWORTH and WALTER'S FALLS from the 1st January next.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Chatsworth, Walter's Falls and route offices and at the Office of the Post Office Inspector at Toronto.

POST OFFICE DEPARTMENT

Mail Service Branch.

Ottawa, 22nd September, 1910.

G. C. Anderson, Superintendent

New Westminster

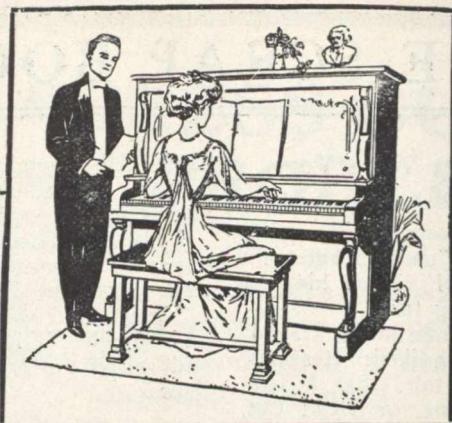
By F. E. BROPHY.

THE Fraser River city whose name carries one back to the banks of the River Thames, within sound of Big Ben and Mr. Lloyd George, is noted for two things, one, an edible, and the other a sport. For the sake of the person who is not good at riddles, the answer is canned salmon and lacrosse, one from the water and the other from the land. Now in the same fashion as Pharaoh's daughter is reputed to have taken a little prophet from rushes on the bank, even so doth the New Westminster lacrosse team, while the spectators, when not watching the process, divert themselves by observing their neighbours net profit from the river. Accordingly, the Eastern critic (and who ever saw an Easterner in the West that wasn't a critic) writes home that the banks find their floating liabilities easily liquidated, and while they admit that scales are a good omen in this place and especially in the hands of justice, they declare that the chief wealth of the settlement lies in fish and game, sockeye and "Salmon-belly."

If the author of these whimsical oddities and quaint arabesques of thought could get away with them without detection, he would be moved to observe that he has resided in the lacrosse capital of the Western hemisphere for a considerable period (considerable is a chosen word, for all periods are such on the local press of this community. The press itself is periodic and to insure that periodicity is a pressing affair). As a citizen, I say, of this capital, I feel that any word that should fall from my lips, would be of more value than if they fell from the lips of an Outlander or a manufacturer of lacrosse sticks.

The Montreal sportsmen came from the St. Lawrence full of ardour and confidence, but when they reached the Fraser and crossed sticks on two separate occasions with the "Salmonbellies," they found their supply of these abstract qualities were insufficient. Later in the season from Donald Smith's pocket borough came forth another band of coureurs-de-bois, adepts we are told by the public prints of the copper country, at fishing and hunting, like their progenitors, the heroes of the Long Sault, and like them mighty in battle, uncheckable in their mad career, and matchless in shooting, for they had the savoir faire in aiming and putting the ball to its goal. Fleet, too, of foot and, whether in the forest or in the clearing, ever on the *qui vive* for the signal of the approach of the enemy. Caring less for the trophy than for the exhilaration of the chase, these spirited descendants of the *jeunesse doree* of Versailles and Fontainebleau, astonished the aborigines with their fleetness and daring. And, says the historian, "they left their gore in the scarce trodden wilderness, far from the haunts of Strathcona and the easeful homes of Mount Royal. They came and they departed, but they carried not with them the thing they sought, which the men of that country continue to hold, hidden now in some fastness among the Douglas firs or again in such spots as could not be come at."

A man once said to the writer: "How do you account for the prowess of your men in the national sport?" He was a French-Canadian, and I replied: "*Esprit de corps*." I continued (my French is syllabic), "Our men live in the same town which is about 12,000 population. Several of them are brothers. All are friends. Most of them have gone to school together. They have



AN INVITATION

is extended to you to come and examine our display of Gourlay Pianos. Even if you are not yet ready to purchase, come now and spend an hour in seeing and hearing these superb instruments.

Gourlay Pianos

are all of one quality—the best. The lowest priced style is as well made as the highest. The ambition of the makers of Gourlay Pianos is not to make the greatest number of instruments, but to make each one so rich in tone, so responsive in action, so artistic in design and so durable in every way that it will bring prestige and added reputation.

If you cannot come in write for Catalogue and prices.

(Name and address here)

The Associated Board OF THE Royal Academy of Music and Royal College of Music London - - England

For Local Examinations in Music in the
BRITISH EMPIRE

Patron—HIS MAJESTY THE KING.

The Annual Examinations in Practical Music and Theory will be held throughout Canada in May and June, 1911.

An Exhibition value about \$500 is offered annually.

Syllabus, Music for the Examinations, and all particulars may be obtained on application to

M. WARING DAVIS,
87 Shuter Street, Montreal
(Resident Secretary for Canada.)

Shaw's Schools

Central
Business College
and Branches
Central
Telegraph School
Shaw's
Correspondence
School
Toronto



all prepare young people to succeed in life.
Catalogues on request. Address
W. H. SHAW, - - PRESIDENT.

St. Alban's School Weston ONTARIO

Military College. Special attention given to juniors and boys entering commercial life Reopens Sept. 13th. For prospectus apply to M. E. Matthews, Head Master.

A Residential
School for Boys
Three miles from Toronto.
Visitor—Lord Bishop of Toronto. Large and beautiful grounds. Boys prepared for the University and Royal

FREE!

CHECK THE SUBJECTS

you are interested in, clip out the coupon and mail it TO-DAY. We will send you full information about our courses and give you a

LESSON IN SHORTHAND
OR PENMANSHIP FREE

REMINGTON BUSINESS COLLEGE

269 College Street
TORONTO

....Expert ShorthandBookkeeping
....Touch TypewritingPenmanship
....Business EnglishRapid Calculation
....Business Spelling, Etc.
....Commercial Law, Etc.

....DAY SCHOOLNIGHT SCHOOL

I expect to take up a course about.....

Name

St. & No.

City.....