

CHATS WITH YOUNG MEN

EATING MEAT ON FRIDAY
Most of our young men have been brought up in good Catholic homes, wherein the precept of abstinence from meat on Friday is faithfully observed.

sons or powerful temptation men may commit sins of human frailty, but most of these lack the cool malice which characterizes the sin of unlawful use of meat on Friday.

To fit their case, it might be said: "Know all men by these presents I am the great Mr. S. and so, the premier of my race. I have acquired money—no matter how, have occasionally broken into blue-blooded society."

In these days of plenty, when so many kinds of food are available, it is absurd that any one not seriously ill should attempt to stifle his own conscience, scandalize his fellow-man, whether Protestant or Catholic, despise the precept of his Church and sell his birthright as a Christian for the mess of food which he consumes on Friday.

MAGIC BAKING POWDER is used COSTS NO MORE THAN THE ORDINARY KINDS
NEVER ANY FAILURE OR DISAPPOINTMENT WHEN

If you hope for immortality—live; and prepare to enjoy it. If you ever expect to reach the mansions above, love everybody, whether they be enemies or not; and above all put trust in Him who will never desert His children in their hour of need.

OUR BOYS AND GIRLS

Climbing up a Hill
Never look behind, boys, Up and on the way! Time enough for that, boys, On some future days.

POPULAR, BUT "BAD FORM"
Many girls are "bad form," without suspecting it. Here are a few things, little considered, that are popular but not in good taste: Inquisitiveness. Have you never pried into personal affairs by questions?

Teach your boy to disdain revenge. Revenge is a sin that grows with his growth and strengthens with his strength. Teach him to write kindness in marble, injuries in the dust.

THE LAYMEN WE NEED

The troubles that beset the Church today, it has been observed, are due not so much to the malice of her foes as to the apathy of her friends. The disadvantages under which she labors are caused less by the courage and activity of her enemies than by the cowardice and remissness of her friends.

greatest city in the world. Press and people were in accord with the civic heads of London and Westminster.

To study the Sacred Heart that we may love it; to love it and always try to love it more; and to live in conformity with this love, is what Jesus asks of us, when He shows us and gives to us His heart.

NA-DRU-CO Tasteless Cod Liver Oil Compound
THE "building-up" value of Cod Liver Oil is well known, but its drawbacks have been its nasty taste and indigestibility.

Kellogg's TOASTED CORN FLAKES
Millions daily do enjoy Kellogg's TOASTED CORN FLAKES



An I H C Manure Spreader Will Save Your Farm
THE whole future of American farming depends upon the farmers' attitude toward fertilizing. Already Middle Western farm lands are issuing a warning to their owners by producing smaller and smaller average crops.

I H C Manure Spreaders Corn King, Cloverleaf

are best for the work because they get 100 per cent efficiency out of the manure. When spread by an I H C Spreader, one ton of manure will produce more and better results than two tons spread by hand.

THE GENTLEMAN BOY
An eminent educator, addressing an assemblage of parents, said: "Let your boy with the first gleamings of speech be taught to speak accurately on all subjects, be they trivial or important, and when he becomes a man he will soon tell a lie."

BAKED UDDERS CURED IN 24 HOURS
By Douglas's Egyptian Liniment
Here is the opinion of Mr. Robert Harkness, a leading resident of Tamworth, Ont.

THE LITTLE BOY THAT LIVES NEXT DOOR
When I was cranky every way, and tired of school and tire of play, and to feel that every day was just a nuisance and a bore, 'twas then my mother came to me and, taking me upon her knee, would softly ask me did I see the little boy that lived next door.

"Eastlake" Steel Shingles will save you money

The Experimental Farm at Guelph Ontario ranks as one of the best in the World. There, the farm buildings are roofed with Eastlake Steel Shingles.

Exclusive Features
By The Philosopher of Metallic Town
"Eastlake" STEEL SHINGLES

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