

COOKING MEASURES.

(Mrs. S. H. Alexander.)

4 saltspoonfuls, 1 teaspoonful.
2 teaspoonfuls, 1 dessertspoonful.
4 teaspoonfuls, 1 tablespoonful.
2 dessertspoonfuls, 1 tablespoonful.
4 tablespoonfuls, $\frac{1}{2}$ gill or 1 wineglassful.
8 tablespoonfuls, 1 gill.
1 cupful, $\frac{1}{2}$ pint.
4 cupfuls, 1 quart.

BUTTER:—

1 tablespoonful, 1 ounce.
1 cupful, $\frac{1}{2}$ pound.
Size of an egg, 2 ounces.
Size of a walnut, 1 ounce.

FLOUR:—

2 tablespoonfuls, 1 ounce.
1 cupful, $\frac{1}{4}$ pound.
4 cupfuls, 1 pound.

CORN MEAL:—

3 cupfuls, 1 pound.

SUGAR:—

Granulated, 2 cupfuls, 1 pound.
Pulverized, $2\frac{1}{2}$ cupfuls, 1 pound.
Brown, 2 cupfuls, 13 ounces.



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