XIII.—Starting.

Whenever possible, the start shall be a flying start. Before the time of starting a flag shall be hoisted as a signal for the boats of each successive race to approach the starting point. Five minutes before the start a preparative gun shall be fired, and all the boats are then amenable to the racing rules of the Club. At the expiration of five minutes exactly, the flag shall be hauled down, and a second gun fired as a signal to start. In a flying start, if any yacht or any part of her hull or spars be on or across the line before the signal to start is made, she must return and recross the line. A yacht so returning, or one working into position from the wrong side of the line after the signal to start has been made, must keep clear of all competing yachts. Should the gun miss fire, the lowering of the flag shall be the signal to start. After the signal to start is given, five minutes' time shall be allowed in which to cross the line, the time of each yacht to be taken as she crosses the line, until the five minutes have expired. No yacht shall be ruled out of any race on account of failure to cross the line at the start within the stipulated time, but the time of such vacht shall be taken from the expiration of the five minutes allowed for crossing the line.

XIV.—Ballast.

No shifting of ballast or planking out shall be permitted during any race. Yachts must carry the ballast they start with throughout the race, under their floors, platforms, or lockers. The crew carried must be limited to

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