PAGE OF INTEREST TO WOMEN

ANCIENT SCOTTISH RELIC ONCE HELD BY DEWAR FAMILY

Elspeth Wilson Tells of Famous Crozier in Edinburgh Museum.

they brought with them to Canada when this land was still in her infancy.

"The Quigrich or Crozier of St. Fillan" is the head of a pastoral staff, nine inches high, and consists of an was held two weeks ago. external casing of silver inclosing an of this club are Mrs. E. B. Smith, presiearlier crozier of bronze or copper. dent; Mrs. Frank McCormick and Mrs. This antiquity has remained in the Dewar family since the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of Robert Bruce, descending from father to eldest son. Only one other crozier is known of the days of the d to exist, and it is distinctive of the Cronyn.

In 1876, Alexander Dewar, a Canadian farmer, possessor of the crozier at that time, was approached by a representative of the Historical Society of Scotland and prevailed upon to transfer the priceless relic to the keeping of the society, and for a handsome remuneration the ancient possession was deeded to them for its safety, "there to remain in trust for all time to come for the use, benefit and enjoyto come, for the use, benefit and enjoy ment of the Scottish nation," so read the terms of the deed. Name Changed.

It is interesting to note how with changing years and generations the family name "Jore" has become changed—more in spelling than in pronunciation—to the Dewar (pronounced Jewar) of the present day.-Elspeth Wilson.

WHAT'S IN A NAME

EMMELINE.

Emmeline is another of the feminine names produced from the root Amal, of

the queens of Navarre and the Asturias, the queens of Navarre and the Asturias. The sister of Sancho I. of Navarre, who married Alphonse the Great, was called Amelina. But the ladies of Navarre were not content with a single name. hey inust have equivalents. So Ame-ina was also Simena and Ximena. her other names and came to popular in all classes. The wife of the Cid was so called, but the French turned her into Chimene. The English promptly called this strange name Emmeline, and even France now has Emeline. The form Emylyn, which appears in old ballad poetry is identical with

The latter name is a bit long for americans, and though it is properly given in baptism, it unfortunately too nickly degenerates into the handy Emmy"—which is no name at all!

Jasper is Emmeline's talismanic gem.
This brilliant green stone will drive away evil spirits and prevent the bites of venomous creatures, particularly of snakes. A prayer for rain will be an-swered if the one who prays wears jasper. Tuesday is Emmeline's lucky day, and 5 her lucky number. (Copyright, 1926, by The Wheeler Syndicate, Inc.)

SOCIAL and PERSONAL

TELL IT TO THE SOCIETY EDITOR.

The Ladies' Golf Club, in connection with the London Hunt and Country Club, will meet at 3 o'clock on Thursday afternoon to complete the unfinished business of the annual meeting, which Donald McLean, vice-presidents; Miss

to exist, and it is distinctive of the Celtic church.

Original Crozier.

The original quigrich was given to a progenitor of one Finlay Jore (Dewar) of the parish of Glendochart. His common name in those early days was Jore Cogerach, keeper of the crozier. This office gave the keeper great authority within the bounds of Scotland so long as he bore the crozier, which stood for obedience to the law, both civil and religious.

In 1876, Alexander Dewar, a Canalian farmer, possessor of the crozier dian farmer, possessor of the crozier and the company of the Lord Roberts Chapter, and the Lord Roberts Chapter, Chap

A normal baby weighs on the average

What can be more distressing than sleepless nights?

value of this food cure under such conditions.

Mrs. John Herald and Mrs. Hossie of Hayman Court are spending a few days in Toronto.

Mrs. Merle Brock-Kelly of Detroit, formerly of London, is visiting Mrs. A. B. Greer for a short time. Several delightful afternoon teas have been given in honor of Mrs. Brock-Kelly.

spent in social intercourse. There were, however, a few brief impromptu speeches from members of the board of education and others; readings by Miss Gwendolyn Anthistle, and musical numbers by Mr. Ballantyne, Mrs. D. Smith and Mrs. Craig, the convener of the program committee being Mrs. D. S. Smith.

CARRUTHERS-NICHOLL CARRUTHERS—NICHOLL.
A quiet wedding took place in Windsor on Saturday, April 17, when Doris, daughter of Mr. and Mrs. J. Nicholl, Elimwood avenue, London, became the bride of William Carruthers, this city, the ceremony being performed by Rev. H. P. Saulin. The couple were attended by Mr. and Mrs. James L. Sherry of Detroit. After the ceremony, Mr. and Mrs. Carruthers left for Cleveland and

and the board of teachers of the colleging in board of the charmed to great serious and the board of teachers of the colleging in properties of the colleging in the coll since the object of the gathering was to provide an opportunity for mothers and teachers to know each other better.

and teachers to know each other better.

HOME ECONOMICS MRS. ELIZABETH KENT, MacDONALD COLLEGE. she herself can make and which gives has helped somebody.

It is also the best way to find out fust when anything begins to go wrong with a baby. The sponer it is set right the better for everybody controlled the con

The baby should be weighed naked in a warm room, always at the same time of day, preferably just before his bath. A soft shawl should be warmed, placed on the scoop, its weight marked: the baby should be laid upon it, the weight noted, and the weight of the shawl deducted. A record should be kept, for both mother and doctor will always be glad to be able to refer to it. Such a record tells a good deal of a from 7 to 7½ pounds at birth, isses a ways be glad to be able to refer to few ounces the first week, and then such a record tells a good deal of gains from 4 to 6 ounces a week. If

When You Cannot Sleep

Without sleep you are spending nervous energy without replacing it. Your vitality is running lower and lower each day.

The question is how to build up the supply of nervous energy in the body and the problem is solved by the use of Dr. Chase's

Perhaps the best way for you to satisfy yourself on this point is by reading these letters from persons who have proven the

Hence the tired feelings, the headaches, the failure of the digestive system and the general depression and discouragement.

CARS OF POTATOES STAND IDLE WHILE PRICES ARE SOARING

National Council of Women Begins Country-Wide Boycott.

with handsomely embroidered vest and ing of working navy turban and veil to match. After a held for the purp wedding trip east, they will reside in price of potatoes. country, giving an account of the meeting of women in Toronto, which was held for the purpose of reducing the price of potatoes.

I am inclosing a dot for the purpose of potatoes.

I am inclosing a dot for the purpose of potatoes.

hall to protest against the cost of potatoes, and we are going to ask all the local councils to refuse to buy potatoes, as we have discovered that 39 cars (over 14,000 bags), of potatoes have been standing on a siding in Toronto since March 15 while the prices conto since March 15, while the prices Cynthia Grey's

Mail-Box

Wants To Hear From Irish Coleen. The Western "U" Faculty Club members were the guests of Mrs. Hugh MacCallum yesterday afternoon, when the club met there at the tea hour, Mrs. J. W. McKibbon presided over the tea hour, Mrs. J. W. McKibbon presided over the tea table, prettily decorated with snap-dragons. An interesting feature of the meeting was a brief talk on the raising of funds for the Sick Children's horizon of the Dewar family, and which they properly with there to Canada when any property with the process of Mrs. Hugh MacCallum yesterday afternoon, when the club met the guests of Mrs. Hugh MacCallum yesterday afternoon, when the club met the tea hour, Mrs. J. W. McKibbon presided over the tea hour, Mrs. J. W. McKibbon presided over the tea hour, Mrs. J. W. McKibbon presided over the tea hour, Mrs. Pearl Hastings to Meredith Lavery, the matter of reducing the price of potatoes in a manner which may result in a nation-wide boycott. Letters are being sent by the National Council of Women is taking up the matter of reducing the price of potatoes in a manner which may result in a nation-wide boycott. Letters are being sent by the National Council to all the local councils in the country, giving an account of the meeting of women in Toronto, which was having the price of potatoes in a manner which may result in a nation-wide boycott. Letters are being sent by the National Council to all the local councils in the country, giving an account of the meeting of women in Toronto, which was have not heard. Perhaps she will see the price of potatoes in a manner which may result in a nation-wide boycott. Letters are being sent by the National Council to all the local councils in the country, giving an account of the meeting feature of the matter of reducing the will write again. I would like to hear from Midred will write again. I would like to hear from Midred will write again. I would like to hear from Midred will write again. I would like to hear from Midred will write again. I would like to hear from Midred will write again. I would like to hear f

BY WILLIAM BRADY, M. D., Noted Physician and Author.

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this

every doctor thinks nearly every othe octor's views and opinions are ridicu lous? They're a queer lot. However the conductor of this department strive print occasionally a fact of value to the health of readers. He ce mames produced from the root Amal, of which Amelia has been already discussed. But Emmeline, which has often theen erroneously confused as a derivative of Emma, has an interesting history. The name, which is translated to mean "work serpent," has no connection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means "grand-nection other than by similarity of letters, with Emma, which means grand-nection other than by similarity of letters, with Emma, which means grand-nection other than by similarity of letters, with Emma, which is translated to the health of readers. He certainly porce over the literature many an hour in quest of the elusive fact so cunningly concealed in a mass of heterogenous verbiage, and doctor's advice should be sought, unless the mother herself can see what is lacking and supply it. It is the great-nection of the feather of the leath of readers, He certainly porce over the literatu

> cerned, from every point of view, that of the baby's health, perhaps for all his in the pre-functional stage; to teach them how to keep well. Symptoms, you must have noticed

a pair of artificial eardrums for chronic deafness? (Mrs K. R. I.)

ANSWER—No. So-called artificial drums are impracticable and do not improve hearing. A real aid to hearing for the deaf is the acousticon, worn upon the ear. This instrument is similar in principle to the telephone.

Earrings and Hoodooism.

Please give instructions for numerical creatures keeping us shut up like this when we should have the freedom of the great northland."

"Please don't speak of the northland." is similar in principle to the telephone.

Earrings and Hoodooism.

Please give instructions for numerical creatures keeping us shut up like this when we should have the freedom of the great northland."

"Please don't speak of the northland." is similar in principle to the telephone.

"We shall never see it again," complained the biggest hear.

"I shall die soon if I don't see my friedom the seen." the the ear. This instrument is simllar in principle to the telephone.

Earrings and Hoodoolsm.

Please give instructions for punching friends up there soon," the second bear

of turpentine, linseed oil and vinegar heated together, then shake well and apply with a cloth. MRS. A. R. M. Ans.—Will Irish Coleen write again? Thanks for "dot" for kiddles' fund.

Dear Miss Grey-Isn't it just enough

o be alive, this wonderful weather? Anything else would seem to be just too much joy. The Bluebirds are back again, and flash in a bright streak across the open, while the frogs are bursting their throats, and the dear, soft pussywillows are creeping out. Spring Maid made one exceedingly curious when I read her letter. Will Mere Man when I read her letter. Will Mere Man read my character by my writing? I know he is a very busy man, but my curiosity is very great indeed. I, too, also wish to send him an Easter wish of much joy. This, of course, is for Miss Grey, and all the other Boxites. I do hope to see an answer from Mere Man soon, and will sign myself, only Ans.—If you wish Mere Man to read your character, it will be necessary to send in name, address and date of birth. If you will do this, I will forward it to him. Yes, he is being kept busy indeed. Thanks for good wishes.

Sends in Apron Pattern. Dear Miss Grey,-Having seen in the Mail-Box where Betsy Babbitt asked for a little apron pattern, although held for the purpose of reducing the price of potatoes.

A copy of the letter, received in London by Mrs. H. A. Boomer from Mrs. W. Cummings of Toronto, reads as follows:

"We had a meeting of women today in the council chamber of the city."

A good furniture polish: Equal parts

I ovely pieces, and Star Bright.

I am sinclosing a dot for the kiddles, as I have three of my own, and also was brought up in a home myself (the Barnardo), and not ashamed to say so. What lovely weather we are having now.

A good furniture polish: Equal parts

A good furniture polish: Equal parts

A good furniture polish: Equal parts

Boylor of the city of the lower portions of daddy's shirts, or it only takes one yard of goods to make an apron which is as good as the best. It crosses at the back and buttons on the shoulder. It may not be like the one offered, so pardon for butting in, but I wish to be a little help in a hurry. Yours truly, E. T. C. H.

Ans.—I've asked Betsy to please return pattern, as soon as possible, as it is greatly in demand.

Dewdrop In Again.

Dear Miss Grey,-I am sending back anyone know how to make those potato candles? I would like to say that I have read "Little Women" and "Good Wives" and "Joe's Boys," by Louise Alcott, and I like them very much. I guess there'il be no welcome for me next time, so I'll say good-bye before I'm kicked out. JEFF'S UNCLE.

Ans.—You must be "some" cook for 11 years and Candy and icing recipes

letter to the Mail-Box, so I'll be as referred to readers. This department of this newspaper is dedicated to Personal Health Service. It has no other function. It costs readers nothing. Use it.

Readers will, I am sure, overlook the egotism of the conductor of this department, which prompts him to drag himself into the column nearly every day. All dectors are vain. They can't help it. It makes them more amusing. And have you noticed that every doctor thinks newspaper is dedicated to Personal Health Service. Baby Born With Teeth.

Is it true that occasionally a baby is born with teeth? Is any superstition attached to this fact? (Mrs. L. T.)

ANSWER—Yes. Probably many superstitions—they are attached to nearly every natural occurrence which seems strange to the ignorant.

Baby Born With Teeth.

Is it true that occasionally a baby is born with teeth? Is any superstition attached to this fact? (Mrs. L. T.)

ANSWER—Yes. Probably many superstitions—they are attached to nearly every natural occurrence which seems strange to the ignorant.

For Infants and Childre 900 DROPS **Mothers Know That Genuine Castoria** The Proprietary or Patent Medicine A Always AVegetable Preparation for Assimilating the Food by Regulating the Stomachs and Bowels of Bears the INFANTS & CHILDREN Signature Thereby Promoting Digestion Cheerfulness and Rest Contains neither Opium, Morphine not Mineral. NOT NARCOTIC Recipe of Old Dr. SAMUEL PITCHER Pumpkin Sceal
Senna
Rochelle Salts
Anise Seed
Hoppermint
Hourbanate SalaHorn Seed
Charified Super
Historyreen Havor A helpful Remedy for Constipation and Diarrhoea and Feverishness and LOSS OF SLEEP sutting therefrom in Infancy. Fac Simile Signature of Chat H. Watcher! Thirty Years THE CENTAUR COMPANY MONTREAL, P.Q. At 6 months old 35 Doses 40 Cents

Exact Copy of Wrapper.

a 14-year-old. Candy and icing recip

YOUR OLD CARPETS

Made into new, beautiful, fluffy, reversible rugs.

CANADA RUG COMPANY

See Our Window for Bargains in CHOICE **FLOWERS**

West Floral Co. PHONE 2187. 249 DUNDAS ST.



The best kind of scales for weighing the baby is that which has a scoop and platform for weights, such as is used in groceries. They cost about five doilars, and are an excellent investment. No housekeeper should be without good scales. The first baby may be the first reason for buying them, but he is by no means the last occasion for their use. They are needed to check up the butcher and the grocer, and in canning time, if not for a baby should be weighted naked in a warm room, always at the same time of day, preferably just before his bath. A soft shawl should be warmed placed on the scoop, its weight marked: the baby should be laid upon it, the the dogcatcher had taken the dogs

PART ELEVEN.

Back To the Bears.

Now, you will agree with me. the three bears were not such bad fellows. were they? How lonely they felt after the dogcatcher had taken the dogs. those poor dogs." Bixo spoke this time. "How I wish they would escape from

Advertiser Patterns

Owing to the pattern manufacturers increasing the price of patterns to us, all patterns advertised from this date will be

15 CENTS EACH.



Double-Acting

Doubly-Saving

No Baking Powder can be more efficient, more economical than this.

Paying a high price for a baking powder does not guarantee you the best. High prices are sometimes

charged for the impression they make. Baking Powder

From Plantation to your Table Untouched By Human Hands

"Sweetheart Brand
Peanut Butter
Canada's Finest
Made from the Sweetheart of the nuits

is doubly saving because it is sold at a fair price, and its double action-in the bowl and the oven-makes it a never-failing leavener.

Buying Egg-O in the larger sized tins is most economical

Always follow the directions-one level teaspoonful to one level cup of well sifted flour.

The Egg-O Baking Powder Co., Limited Hamilton, Canada

Kingston, Ont.

Mrs. S. Topliffe, 64 Union St., Kingston, Ont. writes:

"A few months ago, I was suffering from nervousness, headaches, sleeplessness, and a general run down condition. While visiting my sister, who was using Dr. Chase's Nerve Food, she persuaded me to try it, saying she was sure it would help me. I secured a box, took it, and continued the treatment until I found myself greatly benefited, and able to sleep quite well. From the benefit I have derived, I would recommend it to anyone suffering from nervous debility and run down system.

"I have also used some of Dr. Chase's Ointment, and find it a very good ointment to keep in the house.

Kempt, N.S.

Sleep is nature's way of restoring the nervous energy wasted by the activities of the day.

Morning finds you tired, depressed in spirits and perhaps ill-tempered.

Mr. Ambrose B. Dowling, Kempt, N.S.

"My system was all run down, I was weak and very nervous. For nights at a time I could neither sleep nor rest, and finally had to give up work. I read in a newspaper of a cure made by Dr. Chase's Nerve Food in a case similar to mine, so decided to give this treatment a trial. A few boxes made a great change for the better, and after using eight boxes I can say that I rest well at night, and get a good night's sleep. I can now do my work on the farm, and my nerves are much better. I trust that others, troubled the same as I was, may benefit by this

Windsor, Ont.

Mrs. John Lawson, 21 London St. E. Windsor, Ont. writes:

"I was troubled for a long time with nervousness and sleeplessness. My system became run down, too. I never knew what it was to have a good night's rest for ever so long. I spent a lot of money doctoring, but never received much benefit from their treatments. One day I bought some of Dr. Chase's Nerve Food, and after using the first box, I found relief. I could sleep better, and did not feel so tired upon rising in the morning. I continued using the Nerve Food, however, until I had built my system up again. I am stronger now and feel more like myself."

"I can also say that Dr. Chase's Ointment freed me from a case of piles, from which I had suffered for

Port Hope, Ont.

Miss Myrtle Broadbent, Bloomsgrove Ave., Port Hope, Ont. writes:

"I became run down through overwork, was very nervous, restless and subject to headaches. I could not sleep well, became easily worried and took weak spells. My nerves or muscles used to twitch and I had pains through my back. Besides this I suffered from indigestion and my appetite was poor. The doctor told me my whole system was run down and I needed one year of perfect rest and quietness. I did not act upon these orders, but instead began a treatment of Dr. Chase's Nerve Food. This medicine has done me the world of good by curing these symptoms and building up my system in general.

Dr. Chase's Nerve Food

To be a nervous bankrupt is a serious condition. To be sleepless is one of the surest indications that your nervous system needs just such assistance as is best supplied by Dr. Chase's Nerve Food.

You can obtain Dr. Chase's Nerve Food from all dealers or Edmanson Bates & Co., Ltd., Toronto. Be sure to see the portrait and signature of A. W. Chase, M.D., on the box you



A Stylish Dress for Small Figures.
Pattern 2144 is here illustrated. It is cut in three sizes, 16, 18 and 20 years. For an 18-year size it will require 5% yards of 44-inch material. Width of skirt at lower edge, with plaits extended, is about 2% yards. Satin and velvet, gingham and chambray, crepe and chiffon, or georgette and taffeta, are good combinations for this style.

A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

Age (if child's or misses' pattern).... Measurement: Bust...... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 38, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

What will sharpen a jaded appetite? Why coffee! You wake in the morning seemingly half refreshed—you still feel tired -vou want no breakfast. But soon the aroma of coffee floats through the house. Its effect is magical. Its appeal is irresistible. when you drink it your appetite is aroused and whetted. You partake of a generous breakfast. The brain is fully awakened and things look brighter, you are ready for the day's business.

As a pleasingly-gratifying beverage Rideau Hall

cannot be beaten. It is packed in airtight pound and half-pound tins. Buy the larger tins, it is cheaper in

GORMAN, ECKERT & CO., LIMITED. LONDON AND WINNIPEG

