

ideal and example, and sums up to us all methods of spiritual culture. He is so much the Master of the spiritual world that when we mention faith, we can only mean faith as it is in Jesus. He is the way of access to the Father ; He is the assurance to us of eternal things, the sign of the invisible ; He opens the door of the spiritual world to us. To be in union with Him is life ; to have His mind in us is to be spiritually minded. The Christian task is the practice of the presence of Christ.

My soul, wait thou upon God, with the holy meditation which makes a man calm at the heart, and strong for all the needs of living. There is rest at the centre. Thou lovest nothing if thou lovest not God. Let the world go past with its dust and noise, with its fret and fume. My soul, wait thou upon God.