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fact that it became a part of my stock in trade to declare that the Christian can be happy and rejoice under the most distressing circumstances. I had seen it, and I believed it, but I little knew then that I would be called upon to illustrate my own positions in my own life.

As I look back now I feel that my purpose was pure in doing what I could to merit promotion and enlarge my field of usefulness, but the lack of wisdom lay in my methods of procedure. I failed to give myself fair play, and as a result, nervous prostration set in. In this weakened condition I became an easy prey to rhenmatoid arthritis which, up to the present, has defied all medical treatment.

My first trial came to me when I was pastor of an influential Church and secretary of my Conference. The apprehension that progressive ministerial work must cease, temporarily at least, filled me with distressing forebodings. It overtook me