

### *Other fitness and amateur sport programs*

The Women's Program seeks to improve the status of women in the fields of fitness and sport in Canada.

Through its program for the disabled, Fitness and Amateur Sport seeks to support the promotion of participation by disabled Canadians in both fitness-related activities and the pursuit of competitive excellence.

The Sport Action Program consists of two mobile exhibition units which are used to promote sport and physical fitness activities. The units are set up at exhibitions, fairs, schools and community centres, and members of the local community are invited to participate in the sports activities.

The Canada Fitness Award Program was developed in 1970 by Fitness and Amateur Sport in co-operation with the Canadian Association for Health, Physical Education and Recreation, and tests the speed, power, strength, agility and endurance of boys and girls aged 6 to 17. Some 12 million children have been tested since the program's inception.

