

In this manual Dr. Latson makes a strong plea for the elimination of meat from the category of foodstuffs, as being unnecessary for the proper maintenance of physical and mental vigor. He goes on to show how all food elements found in meat can be obtained by the use of such products as cereals, nuts, vegetables, and fruits. The author calls attention to the fact that the flesh of animals is laden with poisonous waste, due to the constant breaking down of tissue, and this taken into the human body often causes weakness and disease. There are many interesting and valuable facts presented by the writer, and we certainly commend this booklet to the thoughtful reader.

W. H. P.

A Text-Book on Obstetrics. By BARTON COOKE HIRST, M.D., Professor of Obstetrics in the University of Pennsylvania. Third edition, thoroughly revised and enlarged. Royal octavo, 873 pages, with 704 illustrations, many of them in colors. Philadelphia and London: W. B. Saunders & Co. 1901. Cloth, \$5.00 net. Canadian Agents: J. A. Carveth & Co., Toronto.

It is not by any means an easy matter for any one, desiring to purchase a work on obstetrics, to make a choice in a hurry, especially if he is desirous of securing something that is at the same time comprehensive, practical, and fully up-to-date. The reason that this is the case is simply that there are now a large number of books on obstetrics in print, almost all by good authors, and each one having within its covers the very best of material. Dr. Hirst's Text-Book of Obstetrics is no exception to the rule, as if there is one point about it worth special note it is that it is exceedingly practical, and that is what is wanted more than anything else. The third edition has been revised carefully and a lot of new material added. We find the chapter dealing with the pathology of labor and that on obstetric operations considerably larger than before. The feature of illustrations is also a notable one, and embellishes the book to quite a considerable extent, rendering its perusal more interesting and a great deal more instructive.

Atlas and Epitome of Special Pathological Histology. By Dozent Dr. HERMANN DÜCK, of the Pathological Institute of Munich. Edited by LUDVIG HEKTOEN, M.D., Professor of Pathology in Rush Medical College, Chicago. Vol. II.—Liver, Urinary Organs, Sexual Organs, Nervous System, Skin, Muscles, Bones. With 123 colored illustrations on 60 lithographic plates and 192 pages of text. Philadelphia and London: W. B. Saunders & Co. 1901. Cloth, \$2.00 net. Canadian Agents: J. A. Carveth & Co., Toronto.

Some little time ago, W. B. Saunders & Co. issued Volume I. of this atlas. That volume was devoted to circulatory organs, respir-