

coction is good to wash inflammations, and taketh away black and blue spots and marks proceeding from blows, bruises or falls, if applied warm; being boiled with figs it makes an excellent gargle for the quinsy or swelling in the throat, and boiled in vinegar and gargled in the mouth cureth the tooth-ache, dropped in the ears is good for diseases in them. The oil of hyssop killeth lice in the head. The green herb bruised and a little sugar mixed therein will speedily heal up any cut or green wound being thereto applied.

Hops are very advantageous for physicial purposes, opening the obstructions of the liver and spleen, cleansing the blood, loosening the belly, expelling the gravel, and provoking urine. The decoction of the tops of hops, whether tame or wild, worketh these effects. In cleansing the blood they help to cure the French disease and all manner of scabs, itch and other breakings out of the body, also tetters, ringworms, and spreading sores, the morpew and discoloring of the skin. The decoction of the flowers and tops helpeth to expel poison, killeth worms, bringeth down courses and expelleth urine. A syrup made of the juice and sugar cureth the yellow jaundice, easeth the headache proceeding from heat, and tempereth the heat of the liver and stomach, and is good for long and hot agues.

HOARHOUND.—A decoction of the dried herb or the juice of the green herb taken with honey is a certain remedy for those who are pursey or short-winded, or have a cough, consumption, or long sickness, or thin distillations of rheum upon the lungs. Helpeth to expectorate tough phlegm from the chest; being taken with the roots of iris or orris, is an excellent medicine to expel poison or to cure the venomous bitings or stings of venomous things; the leaves used with honey purge foul ulcers stay running or creeping sores, and easeth pains of the side; the juice used with honey helpeth to clear the eyesight, it opens the obstructions of the liver and spleen, and purgeth the breast and lungs of phlegm; or outwardly applied cleanseth and digesteth; also by being drank fasting it killeth worms. A serviceable ointment may be made thus: bruise the green leaves, and then boil them in olive oil with a little bees' wax and rosin sufficient to form an ointment, the same ointment is useful to abate the swellings of women's breasts.