

any person or persons in this State shall violate the provisions of the act, he, she, or they, shall, on conviction thereof, forfeit and pay for each and every offence the sum of \$20. "Good Health" says: This is certainly a good law so far as it goes. A similar law has been enacted in several States, as well as in France, Switzerland, and other European countries, and ought to be made universal; but why not go a little further, as did the half-civilized African potentate recently, who, finding that his subjects were being injured by the weed, forbade its use by any person, whether under sixteen years of age or not? The reasons which justify the prohibition of the use of tobacco by boys, apply to its use by older persons.

**THE "FOULS OF THE AIR."**—A Sunday-school teacher had been reading to her class that passage of Scripture which includes the expression, "the fowls of the air came and lodged in its branches," etc. She called for an explanation of the expression, "the fowls of the air." All were silent, until a little girl looked up with an animated countenance, confidently thinking she had solved the mystery, and exclaimed,—*"Please ma'am, the 'fowls of the air' means bad smells."* At this time of the year the species of "fowls" referred to are exceedingly numerous. Their nests and breeding places are found about many dwellings.—*Good Health.*

**INHERITED TENDENCY TO INEBRIETY.** Dr. Crothers, (*Journal of Inebriety*) says: Galton has pointed out some very curious facts concerning the children of professional men, which indirectly relates to my topic. He found from a study of the heredity of the members of the largest scientific societies of London, that the legal profes-

sion presented the most eminent men and the fewest idiots. The medical profession came next, and lastly clergymen, who produced the smallest number of eminent men, and the largest number of idiots and feeble-minded. The lawyers gave origin to six times as many more eminent men as the clergy. The clergy gave origin to six times as many more idiots and feeble-minded as the lawyers. This curious fact evidently applies to Europe, where the clergy do not represent the brain vigor of the educated classes. It also indicates that occupation at the time of conception, as well as physical vigor, has a power over the future of the child. In the study of the heredity of inebriates, many cases appear where the parents were greatly disturbed in health and their social relations on or about the time of the conception of the child, which grew up and became an inebriate, without any special exciting causes.

**FOOD FOR CHILDREN—EXCLUDING MEAT.**—It has been found says the *Journal of Reconstructives*, that the gastro-intestinal complaints so prevalent with children, especially in the summer, are infrequent in those from whose dietary meat has been omitted, and who are fed largely on milk. Dr. Clonston, after saying that he agrees with Dr. Keith, who has preached an anti-flesh crusade in the bringing up of all children up to eight or ten years old, continues: "I believe that by a proper diet and regimen, more than in any other way, we can fight against and counteract inherited neurotic tendencies in children, and tide them safely over the periods of puberty and adolescence." A few facts are worth more than any *a priori* reasoning. These may be gleaned from the expe-