

LIMBS AND BODY ALL SWOLLEN

"Fruit-a-tives" Relieved Both Dropsy and Sick Kidneys

The Wonder of Fruit Medicines

Those who know they have Kidney Trouble—who suffer with pain in the back—who are up frequently at night—will welcome the news that "Fruit-a-tives", the wonderful medicine made from fruit juices and tonics, will positively relieve Kidney and Bladder Troubles—as proven by this letter.

"Our little girl had Kidney Trouble and Dropsy—her limbs and body were all swollen. We decided to try 'Fruit-a-tives'. In a short time, the swelling went down. Now, she is the healthiest one of the family."

WM. WARREN,
Port Robinson, Ont.
50c. a box, 6 for \$2.50, trial size 25c.
At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

Wedding Stationery

ANNOUNCEMENTS
INVITATIONS
CAKE BOXES
CARDS

Newest Designs
Finest Quality

The Guide-Advocate

CANADIAN NATIONAL RAILWAYS

TIME TABLE

Trains leave Watford station as follows:

GOING WEST

Accommodation, 111.....8.42 a.m.
Chicago Express, 17.....12.40 p.m.
Detroit Express, 83.....6.51 p.m.
(a) Chicago Express.....9.11 p.m.

GOING EAST

Ontario Limited, 80.....7.48 a.m.
Chicago Express, 6.....11.22 a.m.
Express.....2.50 p.m.
Accommodation, 112.....5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.

C. W. VAIL, Agent, Watford.

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action, while fully effective is mild.

FALL TERM OPENS AUG. 27TH

ELLIOTT Business College

Yonge and Charles sts., Toronto.

Arrange now to enter this famous school—famous for strictly high grade work and for promptly helping graduates to secure employment. None better in Canada. Catalogue free.

W. J. ELLIOTT, Principal.

Central Business College

STRATFORD, ONTARIO

FALL TERM FROM SEPT. 4

Western Ontario's leading Commercial School, where you can get a thorough practical training under experienced instructors in Commercial, Shorthand or Telegraphy Departments. We assist graduates to positions. Get our free catalogue now.

D. A. McLACHLAN, Principal.

A. D. Hone

PAINTER AND DECORATOR
PAPER HANGING

WATFORD - ONTARIO

GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
ESTIMATES FURNISHED
SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

Is Your ad. in this paper this week?

News of East Lambton

PETROLEA

Reeve McLeod has decided to locate in Toronto.

It is estimated that the upkeep of the Petrolea High School this year will take \$4,000 more than last year. This is due to the fact that owing to the growth of attendance the Jubilee Public School has been rented to hold the pupils.

Messrs. W. S. Lawrence and son, Richard, have returned from their auto trip to the maritime provinces having travelled in all 3180 miles. The return trip of 1230 miles from Fredericton, N.B., to Petrolea was made in sixty hours.

G. W. Currie, manager of the local hydro system since its installation, has resigned, effective September 1, and will take a position as electrician with the International Petroleum Co. in Columbia.

Mr. Charles Beresford, many years ago one of Petrolea's best known citizens was drowned in the Detroit river on August 6th.

Mrs. John Heaver who has been ill at her home on Queen street with a sore limb for the past four weeks, is able to be around again.

FAMILY BIBLE SAVES HOME FROM DESTRUCTION

The story of the way in which an old family Bible saved the home of a Londoner is told by G. W. Pollock, of 864 Stedwell street, London.

Mr. and Mrs. Pollock, together with their 12-year-old daughter, on returning from a holiday in Watford, were met with a rush of gas on opening their front door. Later on, going through the house, Mr. Pollock found that it had been ransacked, that the gas had been left on, and that a candle, presumably left by the burglar alight, had fallen against the old family Bible, which stood just beside it and which served to extinguish it and prevent the burning of the home.

Every room in the house, with the exception of that occupied by Miss Pollock, in which she had left \$25 in a bureau drawer, had been visited. A sum of \$1.25, which was in the pocket of Mr. Pollock, was all that the invader got. The police, who have so far no clue, are investigating the affair. As Mr. Pollock said today, but for the old Bible, out of which was read a chapter every night, the house would surely have been gone. The Pollocks have lived in London eighteen years.

WANSTEAD

Mr. Chas. Patterson left Wednesday for a six weeks trip to the West. Miss Doris Napper of Sarnia is visiting friends in this vicinity.

Miss Bailey, Forest, has been engaged to teach in the local school for the coming year.

Remember Wednesday, Aug. 22nd Wanstead Farmers' Club Field Day. The Club will load hogs again on Saturday, Aug. 18.

ALVINSTON

Mr. and Mrs. Walter Hope and Miss Ethel Cann of Detroit are visiting with relatives in this vicinity.

Mr. Charles Bindner of Detroit is visiting at his home here.

Mr. and Mrs. Auckett and daughter Marion, of Rodney spent Sunday at the home of Mrs. L. Tedford.

Mrs. Mark Burford and daughter Augusta, have returned home after a short visit with relatives in Pontiac.

Misses Jean McCallum, Eva McCallum, Clara Boughner, Mary Pavey, Effie McCallum and Vera Leitch have returned home after a delightful week's outing at Bright's Grove.

Mrs. M. A. Temple is visiting her son Frank who is seriously ill in a Hamilton hospital.

Miss Clara Boughner returned to her home in London after a few weeks' visit at the home of John McCallum.

Mr. Clifford Jones, of Detroit, spent a few days at his home here.

Miss Mary McCormick of Watford spent a few days last week as the guest of Mrs. Herb Leitch.

Mr. Ross McRoberts is spending his holidays with relatives in Detroit.

Mr. and Mrs. Dewey Schaffer and son, Junior, of Detroit, spent the weekend at the home of Wm. McNally.

The Oil of the People.—Many oils have come and gone, but Dr. Thomas' Electric Oil continues to maintain its position and increase its sphere of usefulness each year. Its sterling qualities have brought it to the front and kept it there, and it can truly be called the oil of the people. Thousands have benefited by it and would use no other preparation.

BANK DIRECTORS TO ADJUST ASSETS FROM RESERVES

Standard Bank Officials Announce Plan To Meet the Financial Situation

STEP COMMENDED

Toronto, July 31.—The directors of the Standard Bank of Canada issued the following statement this afternoon.

"The board of directors of the Standard Bank of Canada, in a notice going forward to shareholders, announce a plan for a readjustment of the assets of the bank. The advisability of carrying out the plan has been suggested by the continuation of the business and agricultural depression which has so severely affected the operations and standing of some of the customers of the bank."

Draw on Reserves

"In order to effectively meet the situation the directors recommend drawing on the large reserves of the bank for an amount of \$1,250,000 and suggest further the creation of a contingent fund of \$1,000,000. The bank will then have a reserve of \$2,750,000, a contingent fund of \$1,000,000, and a paid-up capital of \$4,000,000."

As regards the dividend policy, the board suggests that future distributions should be on the more conservative basis of 12 per cent. and that any additional distribution should take the form of bonuses from time to time.

"In banking circles this action on the part of the bank, which places it in an absolutely sound position, has been very strongly commended and will tend to inspire confidence in our Canadian banking system."

Inspire Confidence

W. Francis, president of the bank, announces the appointment of N. L. McLeod to the position of general manager of the bank, succeeding C. H. Eason, chief executive, who had requested permission to retire. Norman C. Stephens and G. N. Brown have been appointed assistant general managers.

The new general manager has been in the service of the Standard Bank for many years, during which time he has occupied several positions of importance, including that of western superintendent and latterly as an executive officer at the head office.

Mr. Stephens has had a long career with the bank. Mr. Brown has been in the employ of the bank for fifteen years.

There is a movement on foot among the towns and villages of Western Ontario to induce early shopping on Saturday night.

ARKONA

D Co's Lambton Regiment under command of Major W. A. Williams went into nine days training on Monday at Rock Glen. The company being about forty strong represented by men from Watford, Forest, Thedford and Arkona. Training was begun in real earnest on Tuesday morning. Capt. W. F. Boles, M.O., of the Lambton Regt., claims they are the most active group of young men to be found for militia training.

Rock Glen being a suitable camp affords great pleasure for the men when off duty. Bathing, boating and fishing passes the time quickly.

Lt. Col. C. S. Woodrow of Sarnia O.C., Lambton Regt. is expected to visit the camp and inspect it.

Mr. Otto Schmidt and family are taking a motor trip through the Niagara district. They have a complete camping outfit and are tenting by the wayside.

Mr. W. H. Sittlington is taking Mr. Schmidt's place in the hardware store.

Miss Sarah McKay is spending her holidays in Sarnia and vicinity.

Mr. Geo. Fuller, who has been in Pittsburg, Penn., the past year, is visiting his parents, Mr. and Mrs. W. J. Fuller this week.

Dr. and Mrs. Boles have returned from an extended motor trip through eastern Ontario, visiting Ottawa, Toronto and Muskoka.

We have what you need for the picnic basket, Fuller Bros.

Rev. and Mrs. Andrew Barnes of Toronto are in town. Mr. Barnes preached in the Baptist church both morning and evening last Sunday.

The "Canadian Girls in Training" of the Methodist church have returned after camping a week at Hillsboro.

A new oil well is being opened at Rock Glen. Drilling is going on continually, as there is both a night and day shift at work.

New fall line of Women's Classic shoes just opened at Fuller Bros.

The Arkona Band in conjunction with the soldiers who will be in camp at Rock Glen, are holding a big day on Civic holiday, Wednesday, Aug. 22nd. The morning and afternoon will be devoted to baseball and sports. In the evening a concert will be the attraction.

Internal parasites in the shape of worms in the stomach and bowels of children sap their vitality and retard physical development. They keep the child in a constant state of unrest and if not attended to, endanger life. The child can be spared much suffering and the mother much anxiety by using a reliable worm remedy, such as Miller's Worm Powders, which are sure death to worms.

The Watford Guide-Advocate

"The Newsy Paper of East Lambton"

ARE YOU SENDING your copy each week to old friends or former residents of East Lambton? Every week there is sure to be items of interest to those at a distance and a copy of the local paper will be received with due appreciation of your thoughtfulness.

OF COURSE if you prefer, we shall be pleased to mail an extra copy for you any week you desire. Extra copies wrapped and mailed to any address in Canada, United States or the British Empire, 5 cents.

SEVERAL new subscribers are taking advantage of this last quarter of the year and are subscribing for The Guide-Advocate for next year—1924 \$2.50 from now until December 31st 1924, to any address in Canada. Extra postage to United States amounts to 50c per year extra.

Make Your Christmas Gifts Now!

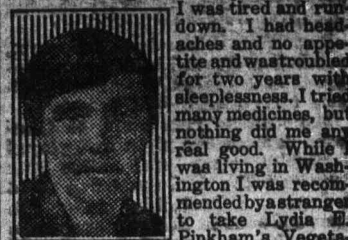
Instead of waiting until the New Year to give your friends a year's subscription to the old home paper, better get in on this offer now, and have them receive "The Guide" all this fall as well.



WEAK, RUN DOWN AND AILING

Lydia E. Pinkham's Vegetable Compound Brought Relief When Other Medicines Failed

Port L'Am, B. C.—"I took Lydia E. Pinkham's Vegetable Compound because I was tired and run down. I had headaches and no appetite and was troubled for two years with sleeplessness. I tried many medicines, but nothing did me any real good. While I was living in Washington I was recommended by a stranger to take Lydia E. Pinkham's Vegetable Compound. I am stronger and feel fine since then and am able to do my housework. I am willing for you to use these facts as a testimonial."—Mrs. J. C. GREAVES, Port Mann, B. C.



Feels New Life and Strength
Keene, N. H.—"I was weak and run down and had backache and all sorts of troubles which women have. I found great relief when taking Lydia E. Pinkham's Vegetable Compound and I also used Lydia E. Pinkham's Sensitive Wash. I am able to do my work and feel new life and strength from the Vegetable Compound. I am doing all I can to advertise it."—Mrs. A. F. HAMMOND, 72 Carpenter Street, Keene, N. H.

Sick and ailing women everywhere in the Dominion should try Lydia E. Pinkham's Vegetable Compound.

MEDICAL

JAMES NEWELL, PH.B., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13, Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DR. HAMLET D. THOMPSON

Physician and Surgeon
334 Oakwood ave., TORONTO.
Phone Hillcrest 7012
Office Hours: 9 a.m., 1-3, 7-8 p.m.

6m-1212jan

DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON

J. McGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER

J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

INSURANCE

THE LAMBTON

FARMERS' MUTUAL FIRE INSURANCE COMPANY
(Established in 1875)

JOHN W. KINGSTON.....President
JAMES SMITH.....Vice President
ALBERT G. MINIELLY.....Director
THOMAS LITHGOW.....Director
GUILFORD BUTLER.....Director
JOHN PETER McVICAR.....Director
JOHN COWAN K.C.....Solicitor
J. F. ELLIOT
ROBERT J. WHITE, Fire Inspectors
ALEX. JAMIESON
P. J. McEWEN.....Auditors
W. G. WILLOUGHBY, Manager and Watford Sec.-Treasurer
PETER McPHEDRAN, Wanstead Agent for Warwick and Plympton

Children Cry
FOR FLETCHER'S
CASTORIA