DOCTOR ADVISED

Cured by Lydia E. Pinkham's Vegetable Compound

Canifton, Ont.—"I had been a great sufferer for five years. One doctor told me it was ulcers of the uterus, and another told me it was a fibroid tumor. No one knows what I suffered. I would always be worse at certain periods, and never was



and never was regular, and the bearing-down pains were terrible.

pains were terrible. I was very ill in bed, and the doctor told me I would have to have an operation. I wrote to my sister about it and she advised me to take Lydia E. Pinkham's Vegetable Compound. Through personal experience I have found it the best medicine in the world for female troubles, for it has cured me, and I did not have to have the operation after all. The Compound also helped me while passing through Change of Life."—Mrs. LETTIMA BLAIR, Canifton, Ontario.

Lydia E. Pinkham's Vegetable Com-

Lydia E. Pinkham's Vegetable Com-Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has proved to be the most successful remedy for curing the worst forms of female ills, including displacements, inflammation, fibroid tumors, irregularities, periodic pains, backache, bearing down feeling, flutulary indiges larities, periodic pains, backache, bear-ing-down feeling, flatulency, indiges-tion, and nervous prostration. It costs but a trifle to try it, and the result has been worth millions to suffering women.

Guide-Advocate

PUBLISHED EVERY FRIDAY. Susscription—\$1.00 per annum in advance. \$1,50 not so paid.

ADVERTISING RATES.

Mercantile advertissrs will be allowed a change of natter every two weeks. Weekly changes can be and at a slight extra cost. Copy of change must be n printer's hands by Wednesday after noon, TRANSIENT-First insertion per line, 8 cents; subsequent insertions 4 cents each time per line, 12

65.00, Locals—10c, per line each insertion. Miminum

HARRIS & CO. PROPRIETORS

Guide-Advocate

WATFORD, SEPTEMBER 22, 1911.

Canada's Lumber Production.

SOFTWOODS

Interesting statistical comparisons may be made from the 1910 lumber report prepared by the Dominion Forestry Department. Of the twentysix native species of wood which together were cut in 1910 to the extent of four billion, nine hundred million board feet worth over seventy seven million dollars, the first nine were coniferous or softwoods. Spruce was the most important, alone forming over one-quarter of the total cut. and white pine to-gether formed barely one-half of the 1910 cut, while in the year previous, these two species made up nearly three fifths of the total. This decrease in proportion is due not to a smaller cut of the two species, but to a very great increase in the amount of Douglas fir, hemlock, cedar and yellow pine produced in British Columbia. One-quarter of the 1909 cut was formed of these four species while in 1910 the total cut of the four was increased by seventy per

White pine lumber is undergoing



a gradual evolution in its importance to the lumber industry. Up to the top of the list when it was sup-planted by spruce, although the actual cut of the former had not decreased. The prediction of last year that white pine had nearly reached its maximum cut has proven true this year, the 1909 cut being decreased by four percent. or forty-two million feet. Yellow pine, inereased in its cut nearly six hundred | always to remember that, however percent. in British Columbia during one year. This increase of over one hundred and fifty million feet was sufficient to raise it from fourteenth | Take it from me-from one who has place in the species table to sixth. place in importance, thus surpassing in one year, red pine, larch, balsam, and the four most important hardwoods.

No Substitute for Newspaper Advertising.

Advertising pays if the man that has something to sell so regulates his advertisement as to convince the people that it is worth buying.

All the substitutes for newspaper advertising can be easily avoided or disregarded by the people the advertiser tries hardest to attract, the man or woman that can afford to

They do not stand gaping at billboards and they do not bother with circulars in the mail because they are too busy, but their old friend, the newspaper, is taken into inmost privacy of the family circle. It is discussed at the breakfast table and at supper, it is read at leisure in the evening, and its pages are scrutinized with the interest born of long habit and discriminating taste.

An advertisement in that news paper goes into the family circle and cannot be excluded. It is welcomed because it is a part of something else and it goes there at the very time when the occasional domestic economical council takes place. There is no substitute for the newspaper advertising.

Deafness Cannot be Cured.

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is in-flamed you have a rumbling, sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of deathess (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.

Sold by Druggists, 75c. Take Hall's Family Pills for consti-

Forestry Branch Press Bulletin.

HARDWOODS.

Canada is dependent for its lumper supply on the soft woods of the forest much more than is the United States, as seen from the 1910 Forest Products report, compiled by the Dominion Forestry Branch and shortly to be published. Of the 1910 Canadian lumber cut amounting to nearly five billion feet, only onetwentieth consisted of hardwoods or broad-leafed trees, worth barely five million dollars; on the other hand almost one quarter of the lumber cut in the United States consists of hardwoods, which country had far greater hardwood forests than ever did Canada. Canada is already feeling a shortage of the hardwood supply and makes up the national deficiency by importing annually from the United States, hardwood lumber to the value of seven and a half million dollars. Thus the value of the hardwoods imported into Canada during 1910 exceeded by 50 per cent. the value of the hardwoods manufactured into lumber. Nearly all of these imports are from the United States and consist of the most valuable species, such as oak, hickory, tulip or yellow poplar, chestnut, gum, walnut, cherry and a large amount of hard pine which is so frequently used as a hardwood. From these above figures it can be seen that we are becoming more and more dependent upon the United States whose available supply for export is surely and rapidly decreasing. Whatever sources of Canada by the elimination of wood waste, and particularly the development of the small

wood lots of Ontario, Southern Quebec and the Maritime provinces three years ago, white pine stood at should be done with all possible speed.

Personal Honor.

I want to say to you, with all the earnestness I can command, that whatever happens, you must guard your personal honor as the dearest of all your possessions. I want you successful you may be in acquiring riches, your own personal honor is the most precious thing you have. lived a good many years, and has seen something of life in the Old World and the New—that it matters not how rich a man may be, how splendid his establishments, how vast his possessions, if the man is known to be a dishonorable man, he is despised-if not openly, then in private-by everyone whose good opinion is worth having. But the man of improved integrity, the man "who holds his honor far more precious dear than life," who in good fortune and in bad, in the sunshine and through the storm, has kept this 'most intimate jewell 'of his soul' safe and pure, unflawed and undimmed-such a man, however poor he may be, however humble the cabin he calls his home, is admired and honored by rich and poor, and can command the respect of the king upon his throne.—Extract from an address by Mr. Alexander McNeill, of North Bruce, Canada, to the pupils of Lorne technical classes at the annual prize distribution.

The Cork Industry in Spain.

The cultivation of cork trees forms an important industry in Spain. The cork tree is an oak which grows best in the poorest soil. It cannot endure frost, and must have sea air, and also some altitude. It is found all along the coast of Spain, the northern coast of Africa, and the northern shores of the Mediterranean.

There are two barks to the tree, the outer one being stripped for use. The cork is valuable according as it is soft and velvety.

When the sappling is about ten years old it is stripped at its outer bark for about two feet from the ground; the tree will then be about five inches in diameter and about six feet up to the branches. This stripping is worthless. The inner bark appears blood-red, and if it is split or injured the tree

After eight or ten years more the outer bark has again grown, and then the tree is stripped four feet from the and is used to make floats for fishing nets. Every ten years thereafter the bark is stripped, each two feet higher up, until the tree is forty or fifty years old, when it is in its prime, and may then be stripped every ten years from the ground to the branches.

The world doesn't owe us a living, or wouldn't be shipped to us C.O.D. Pleasant as syrup; nothing equal ii as worm medicine; the name is Graves' Worm Exterminator. The greatest worm destroyer of the age. m

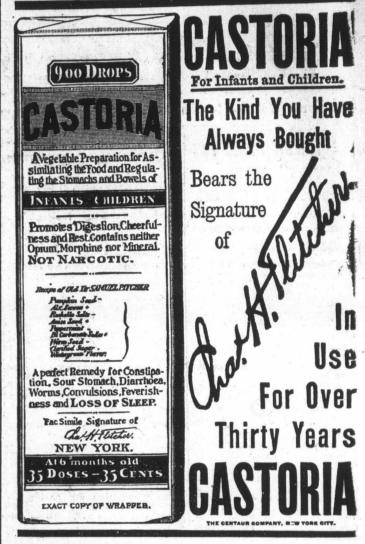
The huge racing machine shot by at a speed of sixty miles an our. It's horn played a fanfare as it missed a ditch at the turn of the road by about five inches, "Gee," gasped the first onlooker, "what kind of a tune was that?" "Don't know," said the second, "but it ought to have been 'Nearer, my God to Thee."

Used in Canada for over half a century -used in every corner of the world where people suffer from Constipation and its resulting troubles-

Dr. Morse's Indian Root Pills.

stand higher in public estimation than any others, and their everincreasing sales prove their merit. Physicians prescribe them.

25c. a box.





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Or Are You a Slave to Ill-Health?

A "Parkyte" Sanitary Chemical Closet

in your home is the strongest kind of insurance against the germs of disease. It is a preventative against epidemics and contagion in the summer, and an absolute necessity the year round.

Requires neither Water nor Sewage; can be placed in any part

of your home; costs less than a CENT a day, and Lasts a lifetime. Endorsed by the leading Physicians, and Health Officials; Specified by the most prominent Architects, and adopted by whole Municipalities.

OVER 15,000 HAVE BEEN INSTALLED IN CANADIAN HOMES IN LESS THAN ONE YEAR.

Ask Your Dealer For Prices

The "PARKYTE" SANITARY CHEMICAL CLOSET is made in Canada by PARKER-WHYTE, Limited, WINNIPEG, Man.

BRANCHES :- Toronto, Montreal, Calgary and Vancouver. and is sold by J. McKERCHER, WATFORD, Ontario.

Continue to increase each year and we appreciate the very

generous patronage that it has been our pleasure to enjoy during 1910 and during 1911 we shall be in a better position than ever to give you

The Newest. . . . The Best And the Cheapest

that the wholesale trade supplies, because we buy in large quantities and receive large discounts which means bigger values for our patrons. We cordially invite you to share in those advantages.

H. A. COOK,

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We Do All Kinds of Printing.