

How to Help the Government

By RUTH CAMERON.



Do you read the prelude and foot notes in the printed directions that come with the articles you buy? If you are a woman, I don't believe you do. Nine women out of ten never glance at such things; men are to. There is a certain brand of canned peas which the whole neighborhood uses. The other evening when we were helping to prepare an impromptu tiffin at Molly's house, the Man-Who-Thinks was delegated to open a can of these peas. Before doing so he carefully perused the printed matter on the outside, and this is what he read: "These peas are colored with copper sulphate."

"Goodness," said Molly, "I never saw that before."

None of us had, and yet it had been there all the time, and we have been using that brand for years. Whether a small quantity of copper sulphate is harmful we do not know. But whether it is or not, there is no question that we should have read what was written on that can.

We ought to be ashamed of ourselves, and so should all the women who do not take advantage of the protection which pure food legislation offers them.

As you know, the pure food law

provides that when certain coloring matter and preservatives of questionable salubrity are used, this fact shall be stated on the can or box.

Thus the Government comes half way in protecting the individual from the dangers of impure food. But unless the individual comes the other half way and takes the trouble to read these warnings, the efforts of the Government are useless.

To think that three-quarters of us are too careless or too lazy or too indifferent to do our part!

Isn't that a painful commentary on the American character?

In some of the little basement stores in the slums of the big cities, where violent colored sodas are dispensed for a penny a glass, the proprietors observe the law by this sign, "This soda is highly adulterated." How do they dare to do it? Because they know that the poor ignorant folks will think that fine sounding phrase means that the soda is extra good.

No doubt the manufacturers who supply us with our canned goods feel a similar confidence in our indifference to any warning they may print.

It is every woman's duty to do what she can to get good legislation, but we must not forget that we have a further duty, and that is to make the legislation we already have as effective as possible. And every woman can do that in this particular by reading the printed matter on the outside of all the goods that come into her kitchen.

So the sitting members of the Council are in arrears. So gentlemen of the Council, if for no other reason than to clear up such rumors, I think the names of the delinquents should be published. I know there are many that won't agree with me in the publishing of the names of those in arrears, as they will think it uncharitable, but what of those who pay right up, are they not worth the same consideration; for they only enjoy the same privileges as those who don't pay. Now, it is not the man that owes three or four dollars, that I speak of, it is the man of pull, who owes his hundreds and enjoys all the privileges and probably more concessions than the citizen who meets all his obligations, and renders to Caesar what belongs to Caesar. Can any man or body of men with due regard for justice, take that which belongs to an individual and give it to another? Yet the Council, by not availing themselves of the power at their command to collect the taxes and administer the duties of civic government honestly and impartially with due regard to the welfare of the city and credit to themselves. Ask yourselves gentlemen of the Council, what right have you to demand taxes from one citizen and not from another, and if you cannot collect only from those that are willing to pay then I have no hesitation in saying that the usefulness of the Council as a public body, to say the least, is far from what a city like ours requires.

Thanking you in anticipation of space.

Yours, with respect,
FREDERICK FITZPATRICK.

St. John's, March 26th, 1913.

[One suggestion that has been made to us is that the water should be cut off from delinquents, and immediate steps taken to sue for arrears. Ed.]

The strapping of ribbon, either in modère or black, according to the color of the shoes, is pretty. The ribbon crosses over the foot and is wound around the ankle in sandal fashion.

A BLOOD MEDICINE WITHOUT ALCOHOL.

Recently it has been definitely proven by experiments on animals that alcohol lowers the germicidal power of the body and that alcohol paralyzes the white corpuscles of the blood and renders them unable to take up and destroy disease germs. Disease germs cause the death of over one-half of the human race.

A blood medicine, made entirely without alcohol, which is a pure glyceric extract of roots, such as Bloodroot, Queen's root, Golden Seal root, Mandrake and Stone root, has been extensively sold by druggists for the past forty years as Dr. Pierce's Golden Medical Discovery. The refreshing influence of this extract is like Nature's influence—the blood is bathed in the tonic which gives life to the blood—the vital fires of the body burn brighter and their increased activity consumes the tissue rubbish which has accumulated during the winter.

Dr. R. V. Pierce, the founder of the Invalids' Hotel and Surgical Institute, and a physician of large experience and practice, was the first to make up an ALTERNATIVE EXTRACT of roots, without a particle of alcohol or narcotic.

"It is with the greatest pleasure, that I write to let you know of the great benefit I received from the use of your medicine and self-treatment at home," writes Mrs. Wm. Hayes, of Leesport, Pa. "I suffered from a running sore, which had existed for several years, but they failed to mend or give relief. Finally I was told I was in consumption and would have to consult a specialist concerning my case, that the doctor told me must be cut out before the wound would heal. A kind friend advised me to write to Dr. Pierce, which I did, and after seven months' use of the treatment the sore is healed, and I enjoy better health than I ever did. I dressed the wound with Dr. Pierce's All-Healing Salve and took the Golden Medical Discovery, and Pleasant Pellets for my troubles. I shall always recommend your medicines."

Dr. Pierce's Pleasant Pellets regulate liver and bowels.



Mrs. Hayes

Redemptorist Fathers at Conception.

Editor Evening Telegram.

Dear Sir—The Mission here opened on Sunday with solemn High Mass, the Celebrant being Rev. Father McCandlish, assisted by Rev. Father Holland and Rev. Dr. Murphy, as Deacon and Sub-Deacon, respectively. Rt. Rev. Monsignor Vetch was also present in the Sanctuary.

Rev. Father Holland explained the Mission in a brief sermon. He said that it was owing to the solicitude of our beloved pastor (the Monsignor), who is ever watchful over our spiritual interests, that they were here.

At night the church was nearly overcrowded. After the Rosary had been recited by Rev. Father McCandlish, Rev. Father Holland again ascended the pulpit and in the most impressive language preached on the "Salvation of Our Souls." The rev. preacher is remarkable for his clearness in preaching; he showed the emptiness, the nothingness of all worldly possessions at that terrible hour when we have to render an account to our Creator for our immortal souls. The same rev. gentleman preached again on Monday morning at 8 o'clock, and was listened to with rapt attention. At evening the Rosary was recited by Father Holland after which the Rev. Father McCandlish preached a most touching sermon on "Mortal Sin." The eloquence, the fervour, and the forcefulness with which he treated this subject is more than my feeble pen can describe. He vividly depicted the sufferings of Christ and the heinousness of mortal sin to Him who shed His Precious Blood for our salvation;

so eloquent and touching was his sermon that the hearts of the 450 present were stirred to their inmost recesses and many were moved to tears. He closed his discourse by exhorting all present to fall on their knees and ask pardon for the great insult offered to the God through mortal sin.

The children's mission was opened at 4 p.m. on Sunday by Rev. Fr. McCandlish. He showed to them how dear their little souls were to God who created them. On Monday at 10 a.m. and 4 p.m. he preached on Death and needless to say his discourse was very touching, simple and beautiful, so that the little ones—over 400—listened with the greatest attention.—Com.

Municipal Tax Arrears.

Editor Evening Telegram.

Dear Sir—The information on Municipal affairs presented to the public in an edition of the morning "News," calls for more than passing notice from that class of citizens who always pay their taxes. It seems to me to be pure neglect on the part of the Council, for it is clearly proven that they have been remiss in their duty or incapable of performing such duty, to allow arrears to accumulate in such an appalling manner, as to find that there is \$92,000 owed in taxes to the Council.

I will remember at the opening of the City Hall, the tenor of the speeches led us to believe that we as property holders and citizens in general, were as a joint stock company, and consequently thereby bound to take an active interest in municipal affairs, just as stockholders would in any company in which they might have shares; with the elective Councillors acting as a Board of Directors.

It is altogether unfair for those who pay their taxes, to find that the business of the Council should be conducted in such a slipshod manner. It is certainly quite different from the way any joint stock company is or should be conducted. I do not think it would be asking too much to have the names of those indebted to the Council, with the amounts they owe, given to the public, as the public are the stock holders and consequently are entitled to know who do not pay their bills. There are rumors which may be altogether wrong, as public rumors very often are, that some of

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- Baldwins, Davis, Spies and Starks.
- 20 cases LOCAL EGGS.

Soper & Moore.

The Seamen's Institute.

Editor Evening Telegram.

Dear Sir—Kindly allow me space in your paper to say a few words in reference to the Management of the Seamen's Institute and to say that the statement made in the "Advocate" of the 25th of March by an individual signing himself "Sparrow" is altogether out of place, and that the requirements of the sealer and seaman who have had occasion to seek its hospitality have been met and satisfied to the full. Not only do we as the staff of the Institute say that it is a great boon to the sealer and fisherman of the country, but they themselves in public and private have given expressions of satisfaction and appreciation of benefits derived therefrom. As on the platform of the Grenfell Hall when Mr. Sheard, and Superintendent, Mr. Jones, to make the sealer feel at home and give them a happy week, one of them who we believed voiced the feelings of the three hundred present, spoke of the great kindness of Mr. Jones in trying to make them comfortable and happy while away from their homes. We have also on record to show that seamen are not dissatisfied. Testimonies of intrepid seamen such as Captain Mayo and his crew of the wrecked "Regal," besides personal conversations wherein time and again men have expressed their satisfaction and approval of the Institute and also of the Management, and not only is it a great boon to the fishermen and seamen of our country but we have in our possession a letter from one of the men of the ill-fated s.s. Florence Edwin Taylor, 92 Hodder Street, England, who speaks very highly of the kindness shown him and his shipmates by Manager Jones and staff. These testimonies go to show that the statement made by "Sparrow" as to the mismanagement of the Home, is altogether false, and I think it would be more appropriate if he signed himself "Hawk" instead of "Sparrow," when he tries to destroy the good name of the Management of a concern that has been appreciated North, South, East and West by the seamen and fishermen of our country. Of course we cannot expect to change or affect the biased mind of "Sparrow" because he is like a lot of other cranks too cranky to be turned. It's a wonder, if he had the welfare of the Seamen's Home at heart, and he thinks it is not run or managed as well as he managed his boarding house in days of old, he would not come and give a few persons hints, as to how to do it, or if the bill of fare is not to his liking, why does he not bring down one of his old menus and prices to help us along, instead of giving vent to his prejudiced feelings in such a way. We would be intruding on our valuable space, Mr. Editor, if we were to make reference to various childish things that "Sparrow" makes mention of, such as pocketing the key of the pantry and turning the employes out when it is not fit for a dog, etc., etc., which is as false as it is untrue, and shows that the sense of justice and fair play is outside of the "Sparrow's" realm, and that no fair-minded or right-thinking person believes such nonsense, except a few who have visited and thought they were part owners of the concern, and wanted to ride rough-shod over all and sundry, because they could not get things their way, hence their vile insinuations.

Thanking you Mr. Editor, for your valuable space.

F. STANSFIELD.
S. FRENCH.
W. McCRUDDEN.
M. HIPDITCH.
JOS. NOFTTELL.

St. John's, March 27th, 1913.

The Seamen's Institute.

Death of a Religious at Witless Bay.

On Sunday last at 8 p.m., Sr. M. Columba Noonan, who had been for some time in failing health, passed peacefully to her reward fortified by all the rites of Holy Church. She was born at Knockaullin, Tullylease, Co. Cork, and was in her forty-fifth year and the twenty-fifth of her religious vocation. After Requiem Mass, sung by Fr. McCarthy, and the usual prayers, at which Very Rev. Dean Roche, Fr. Tierney, P.P., Petty Hr., and a large congregation were present, the deceased sister was laid to rest in the quiet cemetery beside the Church where she so often worshipped her Divine Master. She was a favorite with both old and young, and the people during the last three days showed all possible respect. In Sr. Columba we have lost a good, holy and useful religious, and her death will be keenly felt by all friends, and especially by those amongst whom she has labored so faithfully and so zealously during the past twenty-five years. In the "old land" she leaves a mother, brothers, sisters and a host of friends to mourn their loss. To all we extend our keenest sympathy, and we unite with them in mourning the loss of good, faithful, saintly Sr. M. Columba. May she rest in peace. "AMICUS HOMO."

Witless Bay, March 25, 1913.

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