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And watch what will happen by following directions. Orders flowing in every hour from North, South, East and West for the wonderful cure (Sloan's Liniment)

Price: 25 cents bottle. Price: 25 cents bottle.

**J. J. ST. JOHN, Sole Agent, St. John's, East.**  
**Job Printing Executed!**

**The Evening Chit-Chat**

By RUTH CAMERON



A Russian woman—Dora Melegari by name—has written a book which I should like to introduce into our public schools.

Maybe you have read it. It is called "Makers of Joys and Sorrows."

So me big critic says it is "the pragmatic system applied to ethics." I must admit I don't know just what that means, but I do know it is a mighty stimulating, thought provoking book that would do everyone good to read.

This is the thesis of the book—that a man's life should not be judged by the criterion of how much joy and how much sorrow he has caused his fellow men.

If that isn't perfectly plain, here are a few quotations that are:

"It is certain that each man has its consequences, but I firmly believe that in the divine balance the importance of the sin in itself will weigh less than the suffering of which it was the cause."

"There are women, outwardly irreproachable, morally correct, capable even of kind acts, who nevertheless cause more sorrow by their vanity and jealousy than openly immoral women, notwithstanding the publicity given to the faults of such, for they are free from vanity and jealousy."

"These three perditionous sisters—vanity, envy and jealousy—are real destroyers of happiness and peace. Certain persons, apparently honourable, will have, in this respect, an ap-

palting account to render. They have prevented and spoiled so much happiness, exhausted so much good, will cast withering doubt on so much affection, and belittled so much talent, that had they wrung the necks of one or two victims they would have been guilty of less wrong."

"The tortures that members of a family inflict upon one another sometimes grow so wearing that the victims of their unhappy manners prefer death to a life of strife and misery."

Despite these black pictures Miss Melegari is an optimist. People are only as bad as all this because they don't think, because they do not analyze themselves and their acts, she says. The crying need of the age is self-analysis. Sometime we will realize this need, and for that day Miss Melegari has these good prophecies—

"The day will come when every sincerely good human being will be as careful not to be the maker of sorrow as not to commit deeds that are dishonest and cruel."

"When we admit that to torment one's neighbour is equivalent to stealing his purse, people will not so easily give way to these irritable, imperious, intolerant and unjust prejudices."

It is a rather startling point of view altogether, isn't it, this standard of the little Russian woman?

But don't you think it's worth thinking about?

Don't you think there are many good people—good by ordinary standards—who might have less admirable accounts to render if they asked their selves honestly each night whether they had been Makers of Joy or Makers of Sorrow that day?

Ruth Cameron

**Strong Healthy Women**

If a woman is strong and healthy in a womanly way, motherhood means to her but little suffering. The trouble lies in the fact that the many women suffer from weakness and disease of the delicately feminine organism and are unfitted for motherhood. This can be remedied.

**Dr. Pierce's Favorite Prescription**

Cures the weaknesses and disorders of women. It acts directly on the delicate and important organs concerned in motherhood, making them healthy, strong, vigorous, virile and elastic.

"Favorite Prescription" banishes the indispositions of the period of expectancy and makes baby's advent easy and almost painless. It quickens and vitalizes the feminine organism, and insures a healthy and robust baby. Thousands of women have testified to its marvellous merits.

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Honest; drugless; does not offer substitutes, and urge them upon you as "just as good." Accept no secret nostrum in place of this never-failing remedy. It contains not a drop of alcohol and not a grain of habit-forming or injurious drug. Is a pure glyceric extract of healing, native American roots.



**Fads and Fashions.**

Ribbons show the trend for Persian colorings and designs. Among the most attractive are these with a fine background of dull gold covered with a Persian design in rich blurred colorings of silk.

Straight breadths draped over silk or lace foundations are the latest cry in stunning gowns. Some such gowns show not a single seam in the overdress, and even the silk is left with the unfinished selvage.

With the shawl and sailor collars we are familiar; but a new cape collar has now made its appearance—a quaint, tight affair of velvet, often edged with fur, and evidently designed to be worn over a very short-waisted garment.

A style introduced on certain of the high-class garments is that having the skirt panels in a semi-detachable form. In many instances the panels—cut on absolutely straight lines—are finished with a narrow hem, showing one or two rows of machine-stitching by way of border.

Stafford's Essence of Ginger Wine, only 10c. a bottle—dec5t.

Among the novelties in robes are those with the upper part of cashmere de sole. The bottom of this material is finished with a pine-patterned border in exquisite colorings, while below the border the frock is finished with a deep plain band of taffete in a much darker color than the cashmere.

**Ireland's New Era.**

Farmers' Desire to be Left Alone—Effect of Land Purchase.

The coming of age of the Irish Agricultural Organisation Society was celebrated in Dublin at a meeting most remarkable in character and tempo; and of great interest to English farmers—and, indeed, farmers' wives.

Interspersed among the farmer gathered from every quarter of Ireland I saw three special agricultural envoys from Japan: one of the Commissioners of the Development Grant Fund; Lady Betty Balfour, whose enthusiasm helped much towards the formation of the Irish Department of Agriculture; and leading representatives of the co-operative movement in England. That newly formed and most interesting body the United Irish women, who intend to reform the country industry in Ireland, sent several representatives.

On the platform Sir Horace Plunkett, as president was in the chair his inspiring speech was cheered to the echo. The most important resolution of a kind almost unknown in Ireland, was proposed by Father Finlay, a Roman Catholic priest of strong Nationalist beliefs, who was seconded by Rev. Mr. Campbell, a clergyman of the Church of Ireland and an ardent Orangeman. A most zealous Nationalist farmer, of fine presence and a flowing white beard, proposed a resolution that no candidate for Parliament should receive farmers' votes unless he accepted the co-operative policy.

It is worth the attention of all English farmers that this Organisation Society, which will soon have 100,000 members and already controls more than half the dairy output of Ireland, is able absolutely to make or mar Government Bills. At this meeting an oppressive Butter Bill proposed by Mr.

**Abbey's Effervescent Salt**

You can't enjoy life with a torpid liver. What then? Take Abbey's Salt. 25c and 60c. Sold everywhere.

T. W. Russell was most completely marred by the hostile resolution passed and by farmers' criticism. Ireland, in fact, under the zeal and genius of Sir Horace Plunkett, is well on the way to become a Denmark.

But the really remarkable fact is that land purchase, and this co-operative movement helping the new owners of land to farm well, are putting an end to political agitation. I heard men who were mad Home Rulers a few years ago say that all they wanted now was to be left alone to enjoy the coming prosperity.

**MILLIONS OF "Tummy" Aches**

are on the way. They always come Xmas for the big and little. Get ready for them, mother. The whole household will have to be helped. CASCARETS will do it easily and naturally—one at bed time to each member and keep the whole family well. 88c. Buy a 10c box CASCARETS—week's treatment—and have it handy to use every night. Xmas week.

**Marvellous Escapes From Death.**

Falls from great heights, not necessarily fatal in their results, save according to frequency in these days of aeroplaning, says the "Lancet," but it may prove of interest to refer back to the classics on the subject, which, however, are not quite so ample as might be expected. Writing in 1841 of a fall from an immense altitude which did not result in death, a French observer, M. Mansel, describes that he searched in vain for analogies of science for a similar case. We can well believe it.

The victim or patient was a tinsmith who had been engaged in putting up the decorations on the occasion of the belated obsequies of Napoleon the Great, in the lofty dome of the Church of the Invalides in Paris. When busy moving a ladder on the top of a high scaffolding he overbalanced himself, and, in obedience to some obscure instinct, jumped clear of the ladder and the platform, crying to his fellow-workmen, as only a Frenchman would, "Tiens, me vola la tarte!"

With these cheerful words on his lips he fell 82 feet, bounding in one place off the roof of a little dome which caused him to describe a second parabola in the air, and landing finally feet first, on the slate roof of a small sacristy. Crashing through the slates he landed astride a rafter, where he was found sitting surprised but coherent, for he was able to give his name and address when asked for them. He had no recollection of this and became unconscious when put to bed shortly afterwards under the care of the great Pasquier. His sensibility lasted a very short time, however, and he made an extraordinarily rapid recovery, having sustained no apparent injuries either external or internal. At the end of a month, Pasquier found him quite well.

"The Flood of Thought."

Mansel also records the case of his own fall from a great height when a child, and describes the feeling of blindness that came upon him, due to the rapidity of his descent, also the impulsion of recovering his breath after it. Others, however, describe their sensations during a tremendous fall as being far from disagreeable. Thus some nine years ago, Professor Helmholtz, the geologist of Zurich, described "the flood of thought" that traversed his mind during a typical alpine fall, which began on an inclined plane. He saw beautiful scenes and visions of his past life as he fell, and reflected rationally on his death or the chance of escape. He felt no pain on striking the ground, but he heard a thud, which was the impact of his own head on a rock.

Another Alpine faller thought about his insurance and his family. "Of the losing of my breath, of which people talk there was no suggestion, and only the heavy fall on the snow-covered ground caused me to lose suddenly and painlessly all consciousness. Both these Alpinists insisted on the absence of anxiety from their minds when falling, while some certainly describes sensations similar to those felt by the drowning.

Steeplejack's Fall.

Among classic English falls may be mentioned that of a steeplejack, who in 1800 fell from the top of the church of St. George in Bolton-le-Moors to the ground, the whole distance traversed being some 120 feet. The man's skull struck some sheet lead upon the earth, and felt its impact upon it, but though this fall was quite unbroken as in the previous cases by scaffolding, docks and so forth, the man was only slightly injured, and resumed work in a few days.

Recently a man with his boots on fell from the top of a cliff at Dover, the height of which was afterwards found to be 400 ft. He was picked up floating in some five feet of water. But his boots were off, which proves that he must have retained sufficient consciousness on reaching the water to enable him to draw his boots from his feet. Both these cases are well attested.

We wish we could be as sure of the truth of the story told of an overburdened man who fell from a fourth-floor window, and who, as he passed a lower one, was heard to remark with great rapidity and clearness, "Ca va bien jusqu'à présent pourvu que ça dure!"

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