THE CHARLOTTETOWN HERALD .9 WEDNESDAY, JAN. 12, 1.

Calendar for Jan., 1910 Ali Stuffed Up That's the condition of many suffer from catarrh, especially in the morni MOON'S PHASES. rom catarrh. Last Quarter 31. 95. 15m. p. m. Great difficulty is experienced in sleet ing the head and throat. New Moon 11d. 7h. 39p. p. m. No wonder catarrh causes 1 First Quarter 181. 6. 8m. p. m. Fall Moon 25d. 7h. 38m. p. m. D Day Sun Sun Moon High High Week Rises Sets. Sets s.m. p.m.

1 Sat 7 38 4 29 10 41 1 45

2 Sun 7 384 30 11 43 2 39 3 Mov 7 384 31 ~ ~ 3 48 4 Tue 7 384 32 0 44 4 56

apairs the taste, smell and hes lutes the breath, deranges the hand affects the appetite. To cure catarrh, treatment must be astitutions - alterative and tonico I was ill for four months with catarr the head and throat. Had a bad court the head and throat. Had a become of in raised blood. I had become of inraged when my husband bought a bot Hood's Sarasparills and persuaded? try it, I advise all to take it. It have red and bofft me up." Mas. Hour f olren, West Liscons, N. 5. 3 19 Hood's Sarsaparilla

Blessed Lady we both promised to

repeat the Angelie Salatation at

least once every day, and never to

pass by an image of the Madonua

without greeting our dear Heavenly

4 Tue 7 384 32 0 44 4 56 5 23 5 Wed 7 384 33 1 47 6 03 6 06 6 Ten 7 384 34 2 51 7 14 6 50 Cures catarrb-it southes and strength-7 Fri 7 384 35 3 55 8 20 7 30 8 Sat 7 37 4 37 5 1 9 15 8 12 9 Sun 7 37 4 38 6 6 10 05 8 55 10 Mon 7 37 4 39 7 9 10 50 9 38 11 Tue 7 37 4 40 se s 11 33 10 24 12 Wod 7 364 41 5 54 12 1611 10 10 If r = 7 3714 40 sees 11 33 10 24 12 Wed 7 364 41 5 54 12 16 11 10 13 Thu 7 364 43 7 9 1.00 11 58 14 Fri 7 354 44 8 25 1 43 15 Stt 7 354 44 8 25 1 43 15 Stt 7 354 44 8 25 1 43 15 Stt 7 354 44 8 25 1 43 16 Sun 7 344 46 10 56 150 3 09 17 Mor 7 34 4 47 a.m 2 59 352 18 Iue 7 334 49 0 12 402 4 34 19 Wed 7 334 50 1 28 5 14 5 18 19 Wed 7 334 50 1 28 5 14 5 18 10 Thu 7 32 4 51 2 45 6 29 6 06 earnest religious feeling, and tender 21 Fri 7 314 52 4 1 7 49 6 57 devotion to Mary, the Blessed Moth-22 S-7 304 55 6 19 100 78 44 24 Mon 7 29 4 57 7 13 11 00 9 43 25 Tue 7 284 58 river 11 47 10 38 6 Wed 7 274 59 6 13 12 28 11 28 5 Wed 7 274 59 6 13 12 28 112 28 5 Wed 7 274 59 6 13 12 28 11 28 5 Wed 7 274 59 6 13 12 27 Thu 7 26 5 1 7 20 1 04 wide world, delivering us from many 28 Fri 7 25 5 2 8 26 0 14 1 34 perils that threaten the young and 4 9 30 0 57 2 08 inexperienced in the rourse of their 5 10 33 1 42 2 32 29 Sut 7 24 5 30 Sun 7 23 5 31 Mon 7 22 5 5 11 34 2 26 3 01 vyrge over the stormy ocean o life. Before that statue of our

An Old Man's Story.

'Grandfather ?' "Well, my voy, what do you

Mother with an Ave Maria. want?' asked the kindly old man. "The resolution was a wise one 'I want you, please, to translate it brought as both good fortune. these two lines for me. The offer As we failed to flad employment in who was here last autumn said how Lox-mbarg, we when on straight to well you spoke Freuch.' Paris. We stayed there two years. The old man, who was sitting in an arm chair by the fire, smiled as he worked hard and learned a great deal. Then the love of wandering took his pipe from his lips. woke in us again, and we went on 'Yes, who should know it I?' he said. 'I was four years in farther to the south of F each. In France, and after that I served in Bordeanx we separated. I wished the army. Show me the lines.' to go to Lyons and theose to. Gen-The boy brought his lesson book eva, because in both these cities the to his grandfather's side. But the lookamith's art had attained a high daylight was tast waning, and age degree of porteotion, and I desired tolearn many details of which I was had dimmed the old man's sight." "I have not my glases. Read the as yet ignorant and to qualify myself to rearp to my beloved home lines to me. lad. in Germany, and set up to basiness The boy obeyed : "Si le nom, de Marie dans ton coeur for myself in my native town. It

mage of the Molher of Gulf abood in United States, he might, and day His Friend Said a niche. Faithful to the habit be had study the growth and progress of formed, he stepped up to in and sal- the Oatholio Church in America. ated his Heaven's Rother with an Upon which, in continuation, the Ave Maria, You will understand Right Rev. panegyrist thus elothat the prayer was a very heartfelt quently exclaimed : O marvellous one, considering the dangerous cir- Irish racel in the past the sower of cumstances in which the suppliant the Gospel seed throng out the ound himsetf. 'Ave Maria ! Mother Continent of Enrope, and to-day Mercy, belo me !' be cried aloud the nursing mother of ap siles who in bis distress. At the same instant carry the faith of Christ to the utbullet struck him and laid him low termnet ends of the earth | Gibbons at Our Lady's feet. Severely wound- and MacCo mac, in their respective ed, be sank prostrate on the ground, spheres, are bu two planes of A mist swam before his eyes and there ap itaal firm ment, where lights was a sound in his cars like the mut- kindled at he lamp of [elapt' tering of distant thunder. But as he faith, are as nomerons as to sa fell he folded his bands, and his if weaven, -N Y. Freem p' Juntrembling lips repeated once more nal-

Ave Maria I "How long he lay at the foot of The Face as a Signboard ae wall, and what betell him, be nev knew ; for he fainted dead away

When be recovered consciousness be A bright and sparkling eye, with was lying in a spacious room, and a raised tendency of the cheeks and up grave, quiet lady was sitting by bis per llp, is characteris ic of a pleas d, bed and tending him with maternal contented state of mind Persons kindness and solicitude. She was the who give way to their em stans will pious wife of a Spaniard, the owner of averually reveal, by the different fact reader vineyard whose garden was inclosed al muscles, their dispositions. Th by the high wall at the foot of which lines or furrows on the face, due the sound German had sunk do a their habitual con raction, will be rend when struck by the murderous builtet, ered deeper and more conspicu us, There he had been found, at the feel The expression of the countenance of the mother of Dolors severely such as a frown, oftimes reveals the wounded and lying in a pool of blood, thoughts and intentions more truly On that self-same day the afficted than do words The free expression pair had lost their only son through by outward signs of an emotion inthe fortune of war, and, with true testifies it, while the repression-as Christain charity and compassion they far as possible-will tend to soften same spos on his vest that he had took the strang r in and cherished and subdue it. These results follow bim as if he had been their own son partly from the intimate relation that until he had perfectly recovered. exists between almost all the emo-"In order to show his gratitude for tions and their outward manifestations heir kindness, he remained with the and partly from the direct influence bereaved couple, worked bard, and in of exertion on the heart and brain Claude Bernard, a great physiolois capacity of cooper, made himself very useful to them. And, like the gist, claims that the least excitemen patriarch Jacob of whom you have of the nerves reacts on he har; read in Scripture, in process of time that when the heart is affec ed, it re he married the daughter of his bene- acts on the brain ; and the state of factor, brought ber to Germany, and the brain, sgain reac so house the to conjuction with his father-in law, pneumogastric netve on the hear established a most prosperous business. This goes to prove that under any ex-When he died two years ago his wife citement or emotion there will baying preceeded him to the grave- much mutual action and reaction behe bequeathed to his sons, besides his tween these, the two most important business, a considerable amount of organs of the body . How careful roperty. And whom had he to then, one should be of his thought bank for his great and unlooked for and imagination, and not allow them good fortune ? Mary, the ever-bless- to tend toward evil and disease! The ed Mother of God, whom he never face evidently sympathizes with the forgot to salute whenever he passed thoughts; for one who constantly by an image of her. Do you, my boy. thinks of illicit things, or lives an imimitate bis example, and lay to heart moral life, soon begets a sensuous eg the beautiful motto. Read it out to and an impudent face. A crimit usually has the hard, repulsive 1:0 me once more. "That is not necessary, randfather,' of sin written on his countenant proualy returned the boy, ' for I know High and lotty thoughts endow h by heart already : face with a halo of joy and peace. fif the name of Holy Mary is Exchange. grayen on thy heart. Say an Ave, plous pilgrim, The Children and the Pone. where soever thou art. ," to the meantime darkness had se In. From the lower of the church It is touching to read, particular near by sounded three solemn strokes at this season of the year when this of the bell. Henry's mother entered thought of our Lord's childhood th placed a lighted lamp on the table uppermost in the minds of Christains, and said : of the audience given. D.c. 16 by "The Angelus is ringing, let us our Holy Father Pius X o four hun tav it dred children who were made roban And the Angelic Salutation bad by the earthquike in Regulate Car



Pieu perlerin, o'ouble, de las saluer comount on wandered farther afield be wisned o onter Spain and babolt d'an Ave !"

The old man listened attentively, the beauty of that fair land. and made the boy repeat the lines It would have been better for bir two or three times, correcting his if he had done otherwise; for the pronuociation. Then he said : times were troublous just then, and "Those words seem so familiar, the nonthern provinces of the Spanto me. I must have read them ish peninsula through which he took passed his hand slowly over his way were a prey to unrest and civil war. No work was to be had; and wrinkled brow, as if thereby to as he was totally ignorant of the awaken memories of days long past. Innguage of the country, he found "Ab, I have it !' he exclaimed pre- hi nself confronted by difficulties of sently. 'It was long ago, long ago; every kind. On one occasion be was but there are things which it is im- taken prisoner by the troops of the possible to forget. It was in Luz- government as a supposed spy, and emburg, at the corner of a street in would in all probability have been the upper part of the town. A shot if at the last moment an officer large image of the Bleesed Virgin who was conversant with the German stood there in a picke, with a lamp tongue had not saved bim from this always burning before it. Under- terrible fate by examining his papers, nesth those worde were inscribed in which were all in order, and thus congold letters on a slab of marble. I vincing himself of the inoffensive well ramember standing there once character of the young German artiat midnight with the friend of my sin, He was advised to quit as soon boyhood, Antony Miller-on the eve as possible such dangerous ground. of our departure from home to seek and make his way with all speed over our fortunes in France. We liked the French frontier. But this was no the motio under the statue so much easy undertaking; for it was in the that we wrote it down and leaned it Basque provinces that the civil war by heart --- ' was raging most fiercely; deadly skir-

"Bat what does it mean?' intermishes were of every day occurrence. rapted the boy. and all the roads teemed with soldiers His grandfather made him real i belonging to both parties.

'Utterly exhausted, tired to death.

peaniless, and unable, through ignor-

ance of the language, to induce some

kind-bearted individual to bestow on

him wherewithal to appease his hung-

er, his footsteps led him to a small

town in the neighborhood of Victoria

Hit 240 qts.

This represents a fair ra-

But some people eat and

eat and grow thinner. This

means a defective digestion

and unsuitable food, Alarge

Scott's Emulsion

equals in nourishing proper-

ties ten pounds of meat.

size bottle of

how it does it.

tion for a man for a year.

again, slowly and carefully. Then he said 'This is what it means :'

"If the name of Hely Mary is graven on thy beart, Say an Ave, pious pilgrim, where-

soever thou art.' 'A beautiful motto, is it not?

-an unlucky road, as it proved to be. And I advise you, my boy, to lay i In this town rebels had strongly inwell to beart I. have never f rgotter trenced themselves, and the troops of it, and my friend, Antony Millerthe government were pressing on God rest his soal! He died two along the roads ; shots were freely exyears ago-beld it all his life in high changed in all directions, and bullets esteem. And truly be had good constantly whizzed by the ears of my cause to do so; for to the constnat poor friend. Is order to protect him-self as far as possible from the muder magner is which he ob yed the ex. hortition conveyed in this barn ifu ous cross- dre, he sought shelter at the and expressive couplet he owed hi for of a high garden wal', where an deliverance from imminent dange of death, his life and his subs quent good fortune. You know that the FOOD FOR A YEAR

Millars are wel'-to-do-their beei ness has proved a very luorative one. But you are too young, dear, to understand. I will teil you how the motto saved the life of my friend. Again I have heard the story from his own lins."

'Tell it to me now, grandfather ! the boy esgerly exclaimed. 'Doplease do

The old man filled his pipe afreeh lighted it with great deliveration settled himself comfortably in -b armchair, and began bis tale.

"It was in Laxemburg, as my triend Antony Miller, and myself were strolling through the streets one dark night, that we were attract ed by the glimmer of the lamp which bung before the image of the Midoone. We approached pearer and read the insoription which made so deep an impression in on hearts. We were both young merry and light-bearted; but young people are very different nowaday from what they were then. We

ever been more devoutly repeated by bria and S cily and who were give little group than it was on that refuge, mostly at bis expense, in ievening .- Ave Maria. igious institutions and convents in Rome. His Holiness walked along

Two Planets of A Spiritual the line of children, giving his hand to be kissed, patting them on their Firmament. beads, asking their individual names

and chatting to them When he was The lately deceased Bishop of seated on the throne the younges Galway, Right Rev. Francis I seph boy in the party read an address. MacCormack, who a short time be- thanking his holiness for bis interest. fore his death resigned that See, Then the youngest girl iptoed to the owing to the infirmities of advanced throne and presented a bouquet The aga, and was subsequently appoint, Pope, holding the bouquet, addressed ed titular Archbiebop of Nissibus, the children. He thanked them for had as que of his school fellows their greetings, and exhorted them to enen a boy the present Cardin 1 be good and to become self support Archbishop of B lumore. At the ing men and somen, He al urged Month's Mind elebration recently them to pray for the repose of the in the Galway Cathedral the interest. souls of their parente, for whom, he ing circomstances were narrated by said, he would celebrate Mass on Dec. Bisbop Clancy of Elphin in an elo- 28. The children knell to receive quent p negyrio of the deceased the Pope's blessing, and left the sudi prelate

ence hall cheering. His Holiness The MacOmmank tamily resided was much affected. in the town of Bill robe (May) and here, under the teruta of a local

classical teacher named Roopey. young Francis Joseph acquired the first sudiments of his classical edu-

ostion. Among his fellow s'udente Our mant order departmont at Ballinrobe wa a to g man gives immediate and careful called Gibbons, who, born it attention to all orders receiv-Americs, had come to visit relatives in Iteland, and had determined to ed by mail or telephone. avail himself, during bis sejourn it There is no reason why you the coun ry, of the pp uniti which Balliniobe afforded to so-should not enjoy all the adquire a knowledge of the ancien vantages of a large and careclassics. fully selected stock. We can If the pedagogue of that numble school bed been endowed with a do as well for you prophetie eye ne might have dis- house in Canada, Abolute cerned in one of his youthful oupilthe fature Bishop, successively, of satisfaction guaranteed

quently the indiar Archbistop of pay the freight of all parisibas; and, in the other, cels over \$5.00 in value. uture Cardinal of the America Church, the present illustrion

Arabbiebop of Baltimore. This casasl schoolboy sequaint. ance of the two youths ripened into a strong friend-hip, which, like al the friendships of the late A bishop, seemed to sequire stab] and endurance with advancing T a you any information of any The illustrious American Prelate line of goods offered in a Your physician can tell you never passed through Ireland with first class store like ours. ont spending some days with his old Stanley Bros.

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or Cigarettes, we can supply you. T DROP IN AND INSPECT. 21 Leeit Books

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