THE WORLD OF FASHION CASTORI

Gowns for the races—there is some-thing inspiring in the very name and a picture is at once conjured up of most charmingly and smartly gowned women with "the very latest fashion" stamped an every line of their costumes. In Paris the gowns worn at the races are by far the most important dress crea-tions of the year, and among the throngs of spectators may be numbered many hundreds who are far more intent upon seeing what is being worn than upon knowing who has won the race. Dress-makers by the score are always present,

and the woman herself must not be led into imagining that because she is wearing one of the extreme styles of the moment in consequence she looks smart and attractive. Gross exaggeration and vulgarity always go hand in hand, and while of necessity the fashions of the moment are more or less conspicuous from their absolute change from last season, they can be so modified as to be effective or exaggerated so as to excite the most adverse criticism.

Long, clinging effects are much in evi-

the most adverse criticism.

Long, clinging effects are much in evidence with gowns of all fabrics, and it would seem at first glance as if each and every woman had been draped in the material of which her gown is composed, rather than to have been fitted to it. Many are the statements that peticoats are obsolete, that skirts will be even more clinging than at present, and that double faced materials which require no lining will be used, so that there shall be nothing to hide the outline of the figure in its perfection or imperfection. There are gowns of this description, and extremely effective they are when worn by tall, slender figures, but that the majority can or will adopt any such extreme of style is a most doubtful question. After all, there are few things more interesting to watch than the evolution of any error there are few things more interesting to watch than the evolution of any error tensor. more interesting to watch than the evo lution of any great change in fashion— to see it toned down, medified, idealized, made practical and perfect, until it is exhibited in its perfection of finish and detail, a copy of the original idea, er look.

Latest Paris Fashions---Picturesque, Novel and Practical are the Latest Models in Costumes for the Racing Season.

but as finished as the marble statue in

but as firished as the marble statue in comparison with the block of clay. Soft draped folds appeal alike to the artistic and the practical in designing, and the draped gowns of to-day are in many instances most charming and attractive.

The long, draped skirt, the waist a bewildering study in its soft folds and graceful outlines, the loose picturesque coat or jacket, exhibit the highest art in dress, and yet what could be simpler than one of these same gowns carefully analyzed? The skirt is untrimmed, and while apparently narrow and close fitting around the hips, it has a wide flare around the foot, or, to speak more correctly, it is wide for the width around the hem of the modern skirt. The waist to match the skirt, short waisted, with lace the same color, but always with white around the throat and in the sleeves, is made on most simple lines.

but as fivished as the marble statue in knowing who has won the race. Dressmakers by the score are always present, and the designers of clothes, who can here find the best possible stage setting for the newest styles. In America the spring season of racing also brings out extremely smart gowns of all kinds, and in truth that is the great time for displaying all the novelties in dreas.

This year the clothes show is more remarkable than ever, for of late there has been such an extraordinary change in dreas; revival it is termed by some Strange effects of drapery called classic or Grecian, or, mildest of all, pictursque, are most noticeable, and the female form divine is a most marvellous creation at the moment. In one style all outlines are apparently hidden under clinging folds of drapery, but these same folds and that same drapery certainly do cling until the lines of the figure are most conspicuously indicated, while in the blessed with a fashionable figure, the art of the coractive comes into play to produce a figure that will conform to the lines demanded. Never was there such a triumph of mind over matter as is evidenced in the figure of to-day, when superfluous or badly placed fiesh is absolutely eliminated, or by some strange, mysterious process is placed in such a position that it is not noticeable.

Long, Clinging Effects.

The line between vulgarity and effectiveness is dangerously narrow this spring, and it requires an immeas amount of innate refinement for a woman to be compared to the content of th

FOR LITTLE BABIES

AND BIG CHILDREN.

AND BIG CHILDREN.

Baby's Own Tableta is good for all children, from the feeblest baby, whose life seems to hang by a thread to the sturdy boy who occasionally gets his digestive organs out of order. Baby's Own Tablets promptly cure all stomach and bowel troubles and make sickly or ailing children well and strong. And this medicine is absolutely safe—the mother has the guarantee of a government analyst that this is true. Mrs. Alfred Suddard, Haldimand, Que, says: "I have used Baby's Own Tableta for constipation, stomach troubles and restlessness and find them a splendid medicine. They have made my little one a healthy, fat and rosy child. I always keep a box of Tablets in my home." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Many a fellow who falls in lose at



A neck ruff of taffeta ribbon and a hat trimmed in quite a

OUESTION OF SLEEVES

It Takes Femininity Long in the Deciding.

We shall see some astonishing sleeve this season, revealing the arms almost to the elbows. The fact is that there will be a very extensive width of choice, with the result that some sleeves will be ultra-short, others ultra-long, and every possible variety of length is certain to be represented in the intermediate de

be represented in the intermediate degrees.

One rule, however, will apply to them all, and that is that they are to fit the arm quite closely under the kimono sleeves, if such are worn. Sometimes this tightly-fitting sleeve, is made plain, with a band of galon or other embroidery lige that on the dress. At others it is gathered into the under-seam, and ends in a dainty little cuff immediately below the elbow, or midway between elbow and wrist.

Whenever a new gown is being discussed with the dressmaker there is always a long question as to the shape of the sleeves. This season promises that such discussion shall be longer and more important than ever.

A TONIC FOR THE STOMACH.

Wonderful Success of the Modern Method of Treating Even Obstimate Cases of Indigestion.

The old-fashioned methods of treat

The old-fashioned methods of treating stomach diseases are being discarded. The trouble with the old-fashioned methods was that when the treatment was stopped the trouble returned in an aggravated form.

The modern method of treating indigestion, catarrh of the stomach or chronic gastritis, is to tone up the stomach and glands to do their normal work. Every step toward recovery is a step gained, not to be lost again. The recovery of the appetite, the disappearance of pain, the absence of gas—all are steps on the road to health that those who on the road to health that those wh have tried the tonic treatment remem

ber distinctly.
Dr. Williams' Pink Pills are a tonic

Der distincty.

Dr. Williams' Pink Pills are a tonic every constituent of which is helpful in building up the digestive organs and therefore are the very best remedy for chronic cases of stomach trouble. The success of the treatment is shown by hundreds of cures like the following:

Mrs. William E. Dunn, Prince Dale, N. S., says: "For upwards of seven years I was an almost continuous sufferer from stomach trouble, which was aggravated by obstinate constipation. Food was not only distasteful, but every mouthful I ate was painful. The trouble so affected my heart that at times I thought I could not live. I was constantly doctoring, but did not get the least relief. Indeed I was growing worse, and in the summer of 1907 had got so bad that I went to the City of Boston, where I spent some time under the care of a secretalists. I returned home howe howe spent some time under the care of apent some time under the care of a specialists. I returned home, however, no better than when I went away. The pains I endured were almost intolerable, and would sometimes cause me to drop. I kept getting weaker and weaker, and had practically given up hope of even being well again when my mother urged me to try Dr. Williams' Pink Pills. How thankful I now am that I took her advice. My case was a severe one, and did not yield readily, but once an improvement was noticed the cure progressed steadily and satisfactorily, and after the use of ten boxes of the Pills I was again a well woman. Every symptom of the trouble disappeared, and it is years since I enjoyed as good health as I am doing now. All who knew me look upon my cure as almost a miracle, and I returned home. pecialists. am doing now. All who knew me look upon my cure as almost a miracle, and I strongly urge all suffering from stom-ach trouble to give this medicine a fair

Dr. Williams' Pink Pills are sold by all medicine dealers or you can get them by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medi-cine Co., Brockville, Ont.

HERE TO CHARM.

Printed Beauty That Ranges Blossomy Wreaths to Rare Oriental Designs.

Oh, the pretty cotton gowns! and the vely new washing materials so well worthy, so extremely charming! Printed cotton sounds humble enough.

It is the wear of poor women and of the domestic servant during her morning ours; but printed cotton, as it is to be seen this season, is full of picturesque possibilities. The pattern is slightly dotted all over them, and then assembled in broad, full lines which are intended to serve as trimmings. For instance, a cream-tinted ground is dotted over with small rosebuds, single violets dainty little field flowers, such as lady smock, baby poppies or wild scabious.

Stewed and fresh fruits should replace tarts, pies and puddings for dessert. One

PRETTY COTTONS

heavy sweets

There's the simple diet for girls who desire to have bright eyes and clear

The Wide Flower Border. In the first instance it will consist of roses, sometimes rather large, with their inimitable foliage; in the second, of violeis with their green leaves, or, perhaps, variegated pansies, in which case the ground would be dotted with half-open buds of the same flower. Then with the field-flower designs the border will be adapted to the color and character of the flower. Nearly all of these gowns will be made with a border running round the skirt, and bretelles also made of it, with belt to match. Some, on the other hand, will have a square yoke formed of the border trimming, and others will show a continuation of this adaptible ornament from shoulder to hem, forming a tablier in front, and perhaps a little bolero edged with the more decisive pattern. Designs from Cashmere and Japan. Designs from Cashmere and Japan Among the favorite patterns for the coming season for these washing materials, whether cotton or zephyr, or the old-fashioned gingham, are the Paisley designs, initially copied from the Cashmere work of Northern India. There will also be a choice of Japanese designs, and a very favorite variety will be the French Empire wreaths carried out in flowers, and also tiny trellis work with flowers entwined. This applies equally to the new muslin flowers entwined. This applies equally to the new muslin materials and patterned voiles, also the very pretty printed cotton voiles which look so much more expensive than they really are. One of the loveliest of these really are. One of the loveliest of these latter has a sulphur-colored ground with little groups of roses in Marcohal Niel and Allan Richardson, with brown-green leaves and dark brown stems. The border combines these lovely colors with a pale, faint green trellis, rather suggested than emphasized. The idea of one of our cleverset modistes is to make this up with pale green border to the edge of the gathered skirt, pale green bretelles and sash, and a blouse of white spotted net and wide Valenciennes lace.

Rich and Rare.

wide pattern follows, of course, the indicated by the separate flowerets.

The Wide Flower Border.

There's a new fabric, It hails from Liberty's. It costs \$5.50 a yard. It is double width. It drapes with consummate grace.

In weight it is delightfully light for ammer.

Beauty Eating.

It means care. Choose the simple diet. Do it for one month at least. For this springtime month give up Begin dinner with a simple, clear soup

Cut heavy gravies, fat meat and tea and coffee

skins.
Fresh fish, planked, broiled or boiled,
may well replace beef, though some may
require a chop at one meal.
Fresh eggs, cooked and raw, though
soft-boiled answer every purpose, may be
eaten with the best results. What better
for breakfast?
Fresh went bleef.



Morning suit of natural linen with a plaid vest.

The Kind You Have Always Bought, and which has been in use for over 80 years, has borne the signature of and has been made under his per-

And has been made under his personal supervision since its infancy.

Allow no one to deceive you in this.

All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sheep. The Children's Panacea—The Mother's Friend.

CENUINE CASTORIA ALWAYS

Bears the Signature of The Kind You Have Always Bought

In Use For Over 30 Years.

or two pieces of candy, mint drops or other sort, will supply the need for sweets and should figure at the close of the meal.

WINTERHALTER BLUE.

Delicate Hue a Namesake of Its Exploiting Painter. One of the chief sensations of the mo-

One of the chief sensations of the moment where colors are concerned is the vogue for a combination of blue and black, says our French correspondent. Such an alliance is as far removed as can possibly be imagined from the tasteless, juxtaposition of blue to black which is evidenced in the choice of the wrong tone of the former color, and the new shade known as winterhalter blue, which is becoming a great favorite with the Frenchwoman, is, however, considered to supply the correct note of contrast.

Some very effective gowns of ninon in this tint are being mounted over black satin, while skirts of winterhalter blue of faced cloth are worn with little coats of black taffeta, with satin or brocaded waistcoate in the same tone, supplemented with black facings.

Charming sunshades to match are likewise being evolved in coarse blue Shantung lined with black satin, while the polished ebony crook-sticks are adorned with carved wood macaws, whose feathers are most illogically painted so as to exactly match the delicate tone of the cover, a tone which Winterhalter, who painted Eugenie and many beauties of her time, loved to put on canvas.

Millinery Shouping.

Millinery Shopping.

It is poetic.
It's like gardening.
Foliage greets one.
Blossoms are all over.
There are bushes of roses.
There are heaps of violets.
Lilac sprays nod and coquette.
Velvety pansies are too pretty to pass.
The finest orchids greet admiring eyes.
Periwinkles and verbenas snuggle in roups.

groups.
Velvety stocks in lovely colorings
quite rival Dame Nature.
Geraniums and tulips are color and
spice to the splendid gathering.
Wistarias and Robinias add charming
grace as well as color beauty.

Her Stays.

As a woman's figure is literally made As a woman's figure is literally made or marred by hor corsets, it is a duty which each of the fair sex owes herself to get the best effect from a pair of stays. The woman who can have hers made to order has little to trouble about, for her deficiencies are supplied and over-redundancy curbed. It is the one who can only pay a dollar, or something under five, who is confronted by a problem, and that she is not always aware of this fact is evidenced by the erroneous manner in which she puts on her stays.

Home-made Ruff.

It is not difficult to make. First there is the foundation ribbon. It is 11-2 inches wide and 18 or 20 inches long.

The ruff is of chiffon, mousseline, net

The average ruff requires 11-2 yards of material 54 inches wide.

Simply cut it into three strips, which will be 5 or 6 inches wide.

These strips are sewed together to make one strip 41-2 yards long.

Then the strip is triple box-pleated, the pleats being set very close together and sewed through the centre.

The remainder of the material is cut into six strips of equal width, and three are sewed together to make two strips.

By the time each of these box-pleatings is sewed on separately there's a foamy, rounded mass which quite covers the stitching in the centre.

IN CLEANING LACE. Chantilly.

Pure alcohol can be used with wonder-ul success as a means of cleaning black

Why Divorces Are Frequent Here. Why Divorces Are Frequent Here.

I do not agree, however, with those who are continually harping upon the low state of our morality. I think Americans are very staid, and, as a rule, behave themselves quite well. It is true that many divorces occur among us, but this is because there are American women who will not stand any nonsense from their husbands, says a writer in Vogue. In America we are divorced and we remarry, and this second experience turns out, oftentimes, happily.

A Recent Model

When bretelles are made of lace to be worn with a very thin and ornamental blonse the latest idea is to have a crossing piece of the lace in front, and also at the back in order to keep the two lines in position. A recent model carries the lace down to the waist, and finishes it in very pointed vandykes which it in very pointed vandykes which stretch the whole way round. These, in-stead of increasing the apparent width of the wearer, seem to diminish it.

To Remove Scorch Stains.

I recently scorched a fine white shirt-waist so badly that I feared it would tear if I tonched it, says a contributor to The Delineator. However, I covered the scorched place with ordinary laun-dry starch, dampened and laid the waist in the sun. In an hour every vestige of scorch had disappeared.

To Improve Canned Goods.

Some relatives who are large packers tell me that vegetables and fruit which have been hermetically sealed should be opened a couple of hours before using, in order that the oxygen may return. This plan will take away the peculiar flavor that nearly all camed things have, says a contributor to The Delineator.

Cross-Matched Suit.

Black and white is still immensely popular, but if one wishes to be "in grand chie" one must get the white and chaudron or copper plaid skirt, with the cutaway Empire jacket of solid chauldron.

Cleaning.

Cleaning.

Restore Wet Kid Gloves — Being caught in a storm and thoroughly drenched, my long gloves were so hardened and withered that the hands could not be forced into them. I soaked them in kerosene for two days, hung them up to day, washed them in gasoline, pressed the fingers open with a curling iron, rinsed them again in the gasoline, and so restored my gloves to usefulness

Clean Brussels Carpet—To clean Brussels carpet and rugs without whipping or pounding them or without taking up, make a good sud of warm water and sapolio soap. Use a little hand brush and a soft cloth. Go over it one yard at a time, then use clean, warm water and rub it. Your carpet will look like a new one.

Renovate Brushes-Camels' hair and red sable brushes which have become out of shape or curled often are discarded as worthless. Dip in boiling hot water and the hair will resume its original shape. Dip afterward in cold water.

Remove Kerosene From Carpet—Take buckwheat flour and apply to spots on carpet. Let it remain for a few hours, and by the second application you will find your carpet free from any spots.

Clean Tan Shoes—An excellent way to clean tan or yellow shoes is to dip a woollen cloth into a small quantity of benzine or gasoline and rub same on the spots and gradually over the whole surface of the shoe to obtain an equal appearance and gloss. This will make them look like new and the benzine not only removes the spots, but keeps the leather soft and pliable.

IN CLEANING LACE.

White Ribbons—To clean white ribbons, wash them in gasoline and they will not turn yellow.

To Destroy Paint Odor

Pure alcohol can be used with wonderful success as a means of cleaning black Spanish or Chantilly lace.

The alcohol should be poured into a clean basin, and whipped with the hand until it is frothy, when the lace should be dipped into it, and well worked about with the fingers until the dirt is removed. After gently squeezing out the spirit, the lace should be laid on a folded cloth, the patterned edge pulled out, each scallop or picot being fastened down with a pin.

When perfectly dry, the lace should be unpinned and pressed gently between the palms of the hands until smooth, in lieu of ironing it, as that would flatten the pattern ad spoil the color.



A smart suit of brown-and-white flannel with vest of cham pagne colored linen. The hat of natural straw is a new shape, and is trimmed with a searf of black.