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DEC. 29.—LESSONS LEARNED FROM THIS YEAR'S MEETINGS. (Memory Meeting.) Ps. 86, 11.

The summary of the year's missionary studies should have been learned last week. The meeting this week may very profitably be spent in gathering together some helpful lessons for personal profit, e.g., arrange beforehand with as many of your Juniors as possible in the hour at your disposal to give in a few sentences such lessons as are suggested in the following:

What brave queen teaches us true courage, and how?

What old-time Jew shows us a noble example af faithfulness?

What are the chief lessons taught in the First Psalm?

What is the Shepherd Psalm? (Let all repeat it together.)
What is the longest Psalm, and what is

it all about?
What have you learned about true wisdom?

What kind of words should we speak, and why? What little faults spoil many lives?

How should we cure them?
What is our duty to the Sabbath Day?
Name four things about Daniel?
Tell four things about Daniel?

Tell four things about Jonah?
What is the one great lesson taught us
by the old prophets?

by the old prophets?
What are three great things that God expects of us?

What is our chief work for God? Tell five things about God's Kingdom. Such a summary, if carefully prepared, will make a splendid meeting.

JAN. 5.—PREPARING THE WAY FOR CHRIST. Matt. 3: 1-6. (Consecration Meeting.)

Arrange your programme so that some one of your more advanced members may tell the story briefly of John the Baptist—his character (Lu. 1. 15), his mission (Lu. 1. 17), his childhood (Lu. 1. 80), his cail (Lu. 3. 2), his preaching (Lu. 3. 7-18). The great message of John was "Repent," Prepare. His ministry was that of a herald who went before to get everything in order, or ready, for the King who was coming. Christ was that King. He came. Many did not receive Him. Many more seemed to welcome Him. Only a few were really true to Him. Find out why. We are to "prepare the way of the Lord" in our own hearts first. Cast out everything that He cannot own and use. Make a clear way for Him. Give Him a place in our homes. He cannot dwell there if we are unkind, or unmannerly, or disagreeable. Make way for Him every-where. He wants His love to be in every heart, in every home, in every town, in every heart, in every home, in every town, in as a messenger for Christ. So may we each be. John carried his message. He went as he was sent. Should not we each do the same? Let us all give Christ a glorious "right of way" everywhere.

Westmoreland Ave. Junior League

The Westmoreland Ave. Junior League of this city is in a very flourishing condition. The superintendent and officers are very faithful, energetic and enthusistic in the good work. It is in truth a missionary League. Last year they raised for the Forward Movement 865, and this year their aim is \$100. On the evening of ct. 29th they cave an excellent missionary concert. The programme was varied, but all along the missionary line, and was very popular with the large assemblage present. To inspire the boys and girls with the true missionary spirit as well as make them enthusiastic in this good cause, we know of nothing better

than such a concert as this. Also we believe it is of the greatest help to the missionary cause among the older members of the congregation.

The Roll of Honor

One of the most helpful departments of our work is unquestionably the Roll of Honor. In order to belong to this roll the Juniors must be present at church one service each Sunday, at Sunday School, and at the Junior society, for three months, at the end of that time they are decorated with the little silver Junior pin, and their names are recorded on the roll of honor chart with a silver star affixed opposite each name. When they have won four silver stars, a green star is added to denote a full year's work. We use the roll of honor chart issued by the United Society of Christian Endeavor. It does not exactly suit our plan, as it is arranged by months; but it is the heart recoverable.

chart issued by the United Society of Christian Endeavor. It does not exactly suit our plan, as it is arranged by months; but it is the best procurable.

In our society we have members who have held their pins for years; in fact, ever since the plan was adopted. The plu is the property of the society; the winner only holds it for three months. At the end of that time, if he still shows a perfect attendance, the pin is retained; if not, it is Orfeited and must forry-five Juniors on

is forfeited and must be won again.
We have at present forty-five Juniors on
our roll of bonor. We make it as easy
as possible for them by allowing them to
send a text of Scripture in case of illness,
or absence from home. When absent from
home they must attend church, Sunday
School, and Junior meeting where they are
visiting. If a member of the roll of
honor should move away while wearing the
in, it would be given to him as a souvenir
of membership.
We find the interest in this plan in-

We find the interest in this plan increases with the passing years; the novelty does not wear off. As a result, our Juniors are not fair-weather Christians, but can be depended upon in all sorts of weather. Thus the habit of attending church, Sunday school and prayer meeting is formed in early life, which will mean much for the individual and the church in later years.

After testing this plan for many years, I have great pleasure in recommending it to all Junior superintendents as a splendid aid to the superintendent in securing regular attendance and developing character.— By Sadie M. Whitworth.

Brockville, Ont.

Some Impressions of a Visitor

During the past few weeks, in connection with our regular Sunday services in various places, we have been privileged to "look in" and enjoy the meetings of some Junior Leagues. Not all the Leagues hold their metings on Sunday; but as these did, the opportunity for observation was improved. In Stanstead, Que., we found a limited constituency of children, but even so, a promising Junior League, under the personal guidance of the pastor aiming to hold the growing young disciples, and on the Sunday afternoon we were there the spirit of reverence and devotion was manifest. In Brockville we were delighted to find a splendid company of boys and girls assembled at 10 a.m., for an hour's service before the regular Sunday morning sermon. Miss Reynolds, the devoted superintendent of this. League, has the assistance of some earnest and evidently capable young people in the work, and the conviction was borne in on the mind of the visitor that a League so conducted cannot fail to contribute largely to the spiritual life and power of the whole church. Coming westward to Towhole church. Coming westward to To-ronto we were much pleased to meet with over eighty bright Juniors in North Parkdale Church. All of them re-mained, we think, to the preaching ser-vice, for a fine: lot of children in ser-tem or the morning service we have seldom seen.

The genial presence of the pastor in the Junior meeting from 10 to 11 may have a good deal to do with this. When in St. Thomas, though the morning as yet. Thomas, though the morning as yet. Thomas, though the morning as yet. The morning of the morning as yet. The morning as yet. The morning as yet. They were as attentive, intelligent, and worshipful as their delengent, and although this, too, was on a rainy Sunday, about 40 were present, and seemed to enjoy the service very much. The impressions made on our mind were varied; but in each instance the conviction was received—"this is foundational work, and in the doing of it the Junior respond with affectionate and loyal minds and hearts to the call of the Master." Such labor cannot be in vain. The children need Christ, the church needs the children, and Christian children in the church are essential to the growth and perpetuity of the Kingdom." The Junior League is doing grand service in some places. Is it in your neighborhood?

Superintendents' Exchange

We desire to get our superintendents of Junior Leagues into personal corruspondence with one another. Already a promising start has been made. All that is necessary is for you to send your name and address to Mr. Bartlett. He will put you in correspondence with another worker, and thus you may prove mutually helpful by the exchange of ideas, plans, etc. How many of our Junior League leaders will avail themselves of this easy way of improving their work and of helping others? Send your name and address to Sackville, N.B., to-day.

Post-Card Exchanges

This is for the Juniors themselves. If your League would like to exchange post-cards with some other League, just send the names and adresses of your superintendent, president, or secretary to Mr. Bartlett, at Sackville, N.B. Then he will lell you what to do. Some Junior Leagues are at it already, and have had some good services from it. Write to-day and get in correspondence with some other League before Christmas.

Fenelon Falls Juniors meet every Thursday after 4 o'clock, except during July and August, when 7 o'clock is the hour. The pastor has usually attended and assisted in the study of the Topic. The Leaguers grow their own flowers, bring them to the meeting, and then distribute among the sick. A Scrap-book Committee has charge of everything they think may be made useful in the meetings. The Missionary Trip and Systematic Bible Studies are also observed. To encourage a full, regular, attendance, and good order, the League has been divided into sections, the "Rainbows" and "Sunbeams" each having its own banner and color. They sit together in sections, and marks are given for attendance, deportment, etc. The banner of the side most in evidence at each meeting is displayed. At the end of each three months the side having the least marks gives the others a social. This idea works out well and is being quite frequently used in some modified form in various places. Try it!

A Junior Epworth League has been organized at Broadview, Sask., with an attendance of twenty-five. The League meets every Thursday at 4 p.m.

meets every Thursday at 4 p.m.

Mrs. G. W. Hinds is the superintendent, and judging from the attendance at the meetings the parents and children are greatly interested, and appreciate the work which is being done.