

religious instruction. The truest purpose of education is taken to be the training of character ; and the development of a true and manly tone is placed before the boys as the highest ideal that can be desired.

Plumbing and Sanitation

The greatest attention is given to the satisfactory working of plumbing and sanitary matters ; and a sanitary expert visits and examines the School premises every term.

Meals and Household Arrangements

The domestic arrangements, and the care of the boys' health, are under the personal superintendence of Mrs. Boulden, assisted by the school matron, Miss McPherson. Mr. and Mrs. Boulden take their meals with the boys.

Boys should be taught to think as little as possible about eating and drinking, and to take what is placed before them at table. On the other hand, a schoolmaster should give the most careful attention to his boys' diet, and provide food, which is scientifically nourishing—amply sufficient—and in no way injurious to health.

An *unlimited supply* of Bread, Butter, Milk and Sugar is placed on the Breakfast and Supper tables, and boys help themselves to these exactly as they please. In addition, at breakfast, Porridge, or Shredded Wheat or Grape Nuts, Marmalade and meat, as Bacon, Ham or Sausage ; and at supper, Cake, Preserve and some light extra as eggs, omelette, fish, etc. The mid-day dinner consists of soup, two serves of