

OTTAWA, June 7, 1919.

The Honourable,
The Minister of Agriculture,
Ottawa.

SIR,—I have the honour to submit herewith, for your approval, the manuscript of Bulletin 40 of the Second Series, entitled "The Use of Coarse Grains for Human Food."

In this bulletin the Dominion Cerealists treat, in a most interesting way, of the possibilities and advantages of adding to the human diet various articles of food prepared from our coarse grains, and gives a number of recipes for preparing these which he has personally tested.

The information given, if followed, should be of benefit to the general health of the community, should aid the effort to reduce the cost of living and should be of special value to those sections of our population living remote from sources of supply and hence anxious to be as independent of them as possible.

I have the honour to be, sir,

Your obedient servant,

F. S. ARCHIBALD,
Director, Dominion Experimental Farms.