

ACCORDING TO MAMMY.

"Dear Mamma," wrote a bride transplanted from a southern family to the north, "Please have Mammy Johanna send me her recipe for hot cakes.

Mammy Johanna had presided in the kitchen for thirty years. With much labor she wrote the recipe.

This was it: "Take as much flour as you need 'cordin' to how many folka they is to eat: put in some salt—Miss Mary knows how much: put in all the rest of the ingrediums and be sure to have your griddle hot."

VEGETABLE SOUP.

2 lbs. beans (previously soaked), 2 onions, 2 carrots, 2 beets (hoiled). $\frac{1}{2}$ tin of tomatoes, pepper and salt. Thick slice of toast. Boil the beans, onions and carrots till soft. Strain. Add 2 quarts of water, beets, toast, tomatoes and seasoning. Cook for $\frac{1}{2}$ an hour longer.—Beatrice Kendall, Three Hills, Alta.

The annual show-down between city and country life will be complete by the 20th, when the farmer will have his cellar stocked with potatoes, turnips, kraut, honey, nuts, hams, sidemeat, popcorn, pickles, pigs' feet, applebutter and lard, and the city man will enter the winter with his cellar stocked with ten tons of hard coal and two gas meters.

TOMATO SOUP.

Misa May Duncan, Calgary.

Into 2 quarts of water or meat broth, put 1 pint of tomatoes, 3 tablespoonfuls rolled oats, 1 heaping tablespoon minced onions and let boil at least an hour. Add $\frac{1}{4}$ teaspoonful of soda, then 1 cup of rich milk or cream. Season to taste.

The MAGNET Sanitary Strainer is placed on each tank, keeps the milk warm and free from dust while separating, besides doing away with the troublesome pail strainer.

TOMATO SOUP.

Mrs. A. B. Petrie, Guelph.

1 quart stewed tomatoes, 2 tablespoons flour, $\frac{1}{4}$ teaspoon mustard, 2 cups water, $\frac{1}{4}$ teaspoon soda, 2 cups milk. Boil tomatoes with water added 10 minutes. Add to tomatoes 2 cups of milk, butter size of an egg, soda and mustard mixed with a little milk, pepper and salt to taste.

Thos. E. Main, Summerby, Sask.—I did not borrow my neighbor's spirit level to set up MAGNET, as it will separate any old place. The bowl being supported top and bottom holds it solid.

POTATO SOUP.

Slice 6 or 3 large potatoes into 3 pints milk and water mixed, add a carrot, 2 or 3 stalks of celery and an onion minced together, a few whole peppers and some salt. Boil one hour, strain and serve with stale bread cut in dice and fried crisp.—Miss Belle Walker, Guelph.

Foam Lake Agricultural Society, Foam Lake, Sask.—Mrs. D. E. Herrick, using a MAGNET, won a gold watch, being first prize.