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and tetany may ensue. It appears that there is a more or less intimate relationship between the internal secretions and the nervous system and, in the opinion of Dr. Dereum, this is always of biological origin.

## Nerves and Personal Power

Physicians are not wont to blow the trumpet, even for a brother in the profession. It is perhaps because experience has taught us that one quiet word is worth more than a volume of eulogy. But to feel in one's heart that some fellowworker is a credit to the profession, and to find, without too many words, some way of letting him know it, is fortunately not an uncommon experience to us of the medical profession

Sometimes, however, such an opportunity is taken from us by the hand of Death, and it is then that one would, if one could, say something in appreciation of the doctor's heroism and the doctor's triumph—of the battle that he has fought and the victory that he has won. To this, indeed, words are inadequate, but as they are all that we have, we must use them. Such a hero was D. Macdougall King, M.B., and with such

feelings many in Canada and the United States will read Dr. King's last book "Nerves and Personal Power."\* It is not his first book. He made a valuable contribution to the medical literature of tuberculosis in "The Battle with Tuberculosis and How to Win It." That book was a help, not only in sanitarium work, but in the general effort towards marshalling our forces against this disease.

In the present volume, which Dr. King modestly describes as "Some Principles of Psychology as Applied to Conduct and Health," we have a remarkable treatment of this subject. We can remember at the moment no better book on psychological medicine for people who ought to be well. In other words, while this book is suitable for a medical library, it may be given with confidence to a great number of our patients, provided only that they are intelligent, that they want to get well, and that they are willing to learn, and to take some trouble with themselves.

Of the general effect of the book we can only say, in a word, that we have read no other book calculated to do as much good and as little harm, or let us say, no harm at all, if you

Nerves and Personal Power by D. Macdougall King, M.B. London, Edinburgh, New York, Chicago: Fleming & Revell Company.

Mrs. Douga Clippings - Reviews Lyon 26 J 7 volume 17) Dr. and Macdougall (Max) King - Nerves and Personal Power n.d., 1922-1943

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