

Road trip disaster

By GARY HOLT

Last weekend's road trip proved to be disastrous to the hockey team as they dropped two games, one of them against the supposedly lowly University of Moncton Blue Eagles. On Saturday they dropped a 9-1 verdict to the St. Dunstan's Saints in Charlotte-town. After Keith Sullivan's goal at 5:19 of the first period from Don Nelson and Don MacPherson it was no contest as the Saints counted 9 straight times. It was 4-1 at the end of the first period and 7-1 at the end of the second, the Saint's threw everything

but the kitchen sink at Dal netminder Ron Steniewicz as they bombarded him with 68 shots.

On Sunday goals by Don MacPherson, Bob Stoddard, and Hugh McRitchie were not enough as the Tigers went down to their second defeat in as many days at the hands of the Blue Eagles by a score of 6-3. The Moncton team was led by Maurice Daigle's two goals in posting their first win of the season, thus leaving them tied with Dalhousie for last place. Dalhousie again was outshot 32-27.

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Let's Talk Sports

with Gary Holt

At the present time the basketball team is riding high as a result of their win over St. F.X. last week. However, the stiffest test has yet to come. On Friday the opposition will be the St. Mary's Huskies, who sport a 4-1 record and who are in second place in the M.I.B.C., one full game behind the Tigers. You can be assured that the Les Goodwin-coached Huskies will be up for this one. However, I feel that if our Tigers are mentally ready they can handle the Santamarians. It should prove to be a game that must be seen.

This is the immediate hurdle. The next is the U.N.B. road trip for it will be the first tough one of the season. It is to be remembered that although U.N.B. has lost to Acadia and X they defeated S.M.U. 59-52 on their home court. They will be tough.

If these hurdles can be overcome we must see the Dal Tigers in the National Finals at Antigonish in March.

It looks as if the Hockey Tigers are going to drop out of the bottom of the league this year. They probably would if it were not for the existence of the University of Moncton, whose team actually defeated Dal last week. I can't see our Tigers winning another game this year but I hope they prove me wrong.

Getting back to basketball, it looks as if Manitoba and U.B.C. are the strong teams out West; and Windsor, Toronto, Waterloo and Western are the teams in the Nationals as well. Windsor doesn't look as strong as in previous years, already having lost one game, Waterloo squeezing by them 69-66. However, it is too early yet to say what will happen in any league.

Ski Patrol Tips For Slope Safety

The Canadian Ski Patrol, continuing its never-ending search for safety on the slopes, has compiled and offers for your consideration a short list of basic ski safety tips. It recommends that all skiers memorize this list and think constantly about the points mentioned here as they enjoy the snowy knolls of Nova Scotia this winter season.

1. Before the first run, check your release bindings for adjustment and then check them periodically throughout the day.
2. On both rope tows and t-bars, take care that clothing - scarves, hats etc. do not get caught or snarled.
3. If you come across an injured skier, send someone for a patroller, and stay with him yourself, but do not attempt to move him.
4. Don't expose yourself to frostbite. If any part of you becomes white, go inside and get warm.
5. If you find that you are losing control on a hill, get your skis and knees close together and sit down, sitting back and to one side.
6. Follow trail marking signs on the ski area. If you are an inexperienced skier don't try hills which are too difficult.
7. Pre-season exercise is a must for safe skiing. You should begin at least two months before the ski season starts.
8. All skiers should equip themselves with safety straps. They prevent dangerous runaway skis and windmilling skis, which can injure you and other skiers.
9. Watch for and obey warning markers and signs. Never ski a trail or hill which is marked as closed.
10. When riding a lift, stay in the tracks. Trouble results when you allow your skis to wander.
11. Fill in stizmarks or holes that you make on the hills. These holes create serious hazards for other skiers.
12. Never stand in the middle of a trail. Move to the side to rest. Remember a standing skier has no right of way - if you are hit by another skier, it is your fault.
13. If you find that a hill or trail is too difficult for you, remove your skis and walk down. It is a lot better than riding down - in a toboggan.
14. Short poles should be discarded because of the danger of shoulder dislocation during a fall.
15. Overgreased boots may result in frostbite. Good shoe polish is usually adequate for most recreational skiing.
16. Choose your trail before you have to ski it. Check the area map for explanation of hills and trails.
17. If you go ski touring, advise the ski patrol as to where you are going and how far you expect to go. Never tour alone.
18. Rent, don't borrow equipment. Your friends will probably not fit you and therefore, will be dangerous for you to use.
19. Wear the proper clothing - windproof, water repellent jackets and ski pants, leather mitts or gloves, proper ski socks and warm underclothes, a hat band to protect your ears.
20. Make sure that your ski boots are fastened properly - don't cut off circulation and expose yourself to frostbite, and on the other hand, don't have boots too loose.
21. Protect your skin from the sun by using a protective skin cream. Winter sun burns very quickly.
22. The best release binding for most skiers is a full-release binding that, when properly adjusted, will release your foot when you fall or twist too hard in any direction.
23. When buying skis, consider length, base, flex, edges and weight, (yours). Buy your equipment from a registered ski equipment dealer.
24. Ski Poles should be long and strong enough with good wrist straps, baskets and picks.
25. When loading skis on an automobile rack, face the tips toward the rear of the car, in order to prevent the wind from lifting rack and skis from the car.
26. When passing another skier, give a warning by using the phrases "Passing right" or "passing left".
27. Don't use other skiers as a human slalom course, or ski too close to another skier.
28. Don't build your own jump or slalom course. You could be the cause of serious injury to a fellow skier.
29. Take a coffee break every morning and afternoon and stop for lunch. This will help to prevent overtiredness.

Dal Swimmers Lose Squeaker

By BOB EAGLE

The Dalhousie Tigers Swim Team was defeated by the Beothucks of Memorial University (Newfoundland) 49-43 in their final home appearance this year. Although the team lost, some excellent performances were recorded by the medley relay quartet (Mike Curtis, Jack Smith, Gord McMichael and Richard Forsythe), Jack Smith in the Individual Medley and the freestyle relay (Jim Mabee, Richard Forsythe, Rob McGrail and Jack Smith) who broke three team records.

The outstanding performance of the meet was recorded by a Newfoundland swimmer Mike Jesseau, who became the first M.I.A.A. competitor to qualify for the C.I.A.U. nationals in March. He was clocked at 2:21.1 which is nearly eight full seconds under the standard.

With only four weeks to go to the M.I.A.A. championships the team takes to the woods for the remainder of the schedule. On Tuesday, the Tigerbells rejoined the Tigers and journeyed to Acadia where they sought to equal their won-loss record. The Tigers then travel to Newfoundland in an attempt to regain their pride by avenging their loss. The following weekend they visit the Beavers and Mermaids in Fredericton and the Mounties in Sackville. This will leave them with a one week break to 'peak' up for the championships in Fredericton on February 23 and 24.

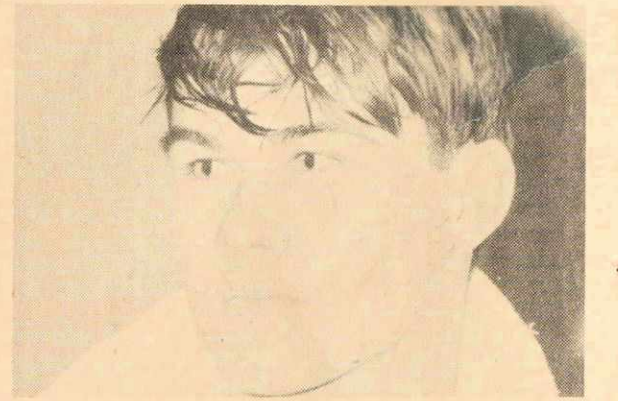
RESULT OF MEET

400 Medley Relay - 1, Dal, Curtis, Smith, McMichael, Forsythe - Time - 4:23:7. Team Record.
2, Memorial.

200 Free - Osberg (MUN) - 2:16:1. Mabee (Dal) - 2:18:5. Ross (Dal) - 2:30:0. 50 Free - LeGrow

(MUN) - 25.9. McGrail (Dal) - 26.2. Stokes (MUN) - 26.7.
200 I.M. - Campbell (MUN) - 2:29:4 - (N.S.C.A.S.A.) Record). Bennett (MUN) - 2:51:5. Diving - Patrick (Dal), Lilly (MUN), Brown (Dal), 100 Fly - McMichael (Dal) - 1:06:7. Bennett (MUN) - 1:18:4. 100 Free - McGrail (Dal) - 57.3. LeGrow (MUN) - 59.5. Forsythe (Dal) - 59.8. Stokes (MUN) - 1:01:7. 200 Back - Jesseau (MUN) 2:21:4 - N.S.C.A.S.A. Record. McMichael (Dal) - 2:40:0.
500 Free - Jesseau (MUN) - 6:13:5. Osberg (MUN) - 6:18:9. Ross (Dal) - 7:10:4.
200 Breaststroke - Bennett (MUN) - 2:49:2. Campbell (MUN) - 2:51:0. McGrail (Dal) - 2:53:2. Petite (Dal) - 3:04:6.
400 Free Relay - Dal - 3:54:1; MUN - 4:05:6.

Tiger Swimmers



IAN BRUCE

A senior engineering student from Dartmouth, Ian is an Individual Medley swimmer. Although a backstroke specialist he has worked consistently to improve his other strokes. He will definitely be a finalist in either Individual Medley this year and could surprise many by appearing in the backstroke events.



TOM McGRAIL

Although a rookie, Tom has worked very hard this year and is one of the best breaststroke swimmers in our conference. Dalhousie's second brother combination has already bothered several opponents. As 'comic captain' of the team his constant stream of offbeat excuses for being last one in the pool keeps all of us out of step.



BARB DAVIES

A Physiotherapist via Mount Allison University, Barb is one of the hardest working swimmers on our team this year. As a sprint freestyler Barb has improved considerably and should be a finalist at the intercollegiate this year.



JOANNE LAROCQUE

Joanne joined our team this year with no competitive experience and turned a leisure time activity into a very satisfying competitive experience. In her initial endeavor Joanne won two events and helped the freestyle relay to another. A young lady with a lot of talent and desire are the words one could use to describe Joanne.

Tigerettes Go Down

By GARY HOLT

In a well played game at Wolfville the Axettes of Acadia sent the Tigerettes down to defeat on the short end of a 43-36 score. The game was close throughout with Dal trailing at the half by 4 at 19:15. Dal went ahead in the third quarter and clung to a slim 32-31 lead at the end of the quarter. However, the Dal shooting went cold and the Axettes went on to win. LaVern Vienotte paced Acadia with 18 points while Carol Doucet added 9. Margie Muir and Jean Fahie led Dal with 9 points each.