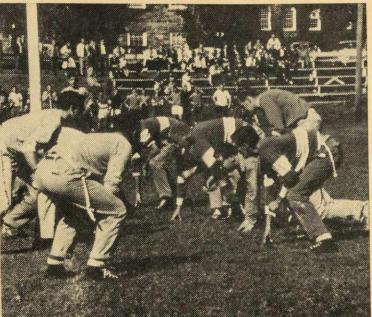
Wednesday, October 9, 1963



Identifiable faces, as seen by the sports desk in the Law machine's 12-6 victory over Medicine are Jim Cowan, Paul Murphy and Pete Herrndorf.

More Victories for Da

sity.

INCREASED STRENGTH

points are running, jumping, and throwing. He attributes the inpeople proficient in the sport, especially from the Halifax Track

man team was sent away

In an interview with the Gaz-ette, Track and field coach Al Yarr team along with the construction said he is very optimistic about of a broad jump pit, high jump Dal's chances at the Intercolleg- pit, 100 yard straightaway and iate Track and Field Meet to be shot-put and discus circles show held at St. Francis Xavier Univer-that Track and Field is on the upgrade at Dal.

WORKOUTS IN PROGRESS Workouts have already started He said that the teams' strong and among the athletics going to Antigonish will be John Whitely

in the event.

DALHOUSIE GAZETTE

LAW MACHINE WINS

In what was probably, almost surely, a preview of the interfac football championship, Law rolled to a 12-6 victory over Medicine.

Law scored its first TD on a 20 yard run by quarterback Donnie McDougall around the left end. The convert was blocked and Law led 6-0 at the end of the first quarter. There was no further scoring in the first half.

In the third quarter Brian Noonan scored on the one yd. buck from the 1 after his 35 yard run around the left end. Again the convert was blocked and Law held a commanding 12-0 lead.

In the final minutes of the game. Hal Murray put on a dazzling dis-play of broken-field running as he went 58 yards for Meds' only point of the game.

INTERCOLLEGIATE FOOTBALL SCHEDULE

Away: Friday, Oct. 11 — Dal at Stadacona 8:00, Wanderers'.

Home: Friday, Oct. 18 - SMU at Dal. 8:00, Wanderers'. (Lobster Bowl)

Away: Saturday, Oct. 26 - Dal. at St. F. X. 2:00, Antigonish. Away: Saturday, Nov. 2 - Dal.

at UNB 2:00, Fredericton. Home: Saturday, Nov. 9 __ er, of no matter what Mount A. at Dal. 1:30, Studley person in this sense.

Field. Home: Saturday, Nov. 16 — Shearwater at Dal. 1:30, Studley

Field.

Saturday, Nov. 23 - ATLANTIC BOWL

INTERCOLLEGIATE SOCCER SCHEDULE

Friday, Oct. 11 - Dal. at Mt. A. 2:00, Sackville.

NEW DAL SPORT

The commencement of the fall term at Dal this year will see the activation of yet another new group on the campus - this being the Dalhousie Judo club. Founded last year, the club is under the direction of Dr. Alan Swanzey, a graduate of the Dalhousie Dental School, and the holder of an internationally recognized 'Shodan' (1st degree black belt) in Judo. Dr. Swanzey offers classes on a once a week basis, but there is a possibility that this may be expanded as the year goes on.

MISUNDERSTOOD SPORT

There are few activities that are so widely misunderstood as Judo. The average person, if he thinks about the subject at all, has vague ideas about flying bodies, usually propelled by a diminutive, tubercular individual murmuring 'Ah, so' beneath his breath as he does it. The truth could hardly be further from this innacurate stereotype. The myth that 'no strength is required' can be easily dispelled by a quick check on the world Judo champions of the past, few of whom have weighed less than 190 lbs.

REAL SKILL NEEDED

It probably started from the undeniable truth that a skilled practitioner of Judo, when pitted in an open fight against an unskilled or untrained person, can easily demolish his opponent, even though his foeman may outweigh him (or her) by 100 lbs. or more. However, we should like to repeat that this is only possible by a skilled practitioner, using the techniques of 'real fighting' against an opponent, untrained in this or any of its sister arts. A street-brawler, of no matter what experience, would fail to qualify as a trained

GOOD EXERCISE

However, there is more to judo than a competitive sport on one hand, and a very handy means of self-protection on the other. As a means of general exercise it is unexcelled, and would be hard indeed to equal, including as it does throwing, grappling and combinations of these movements, as well as footwork and balance. After a brisk period of 'randori' (free proctice) it is the rare person who does not feel psychologically invigorated, as well as pleasantly tired.

RIGID CODE

00, Sackville. Beyond this again, there is a moral side to judo, starting with a Saturday, Oct. 12 — Dal. at UNB very rigid code of behavior while on the mat which includes absol-In the past Dal has not contri- the Wanderer's Grounds for the buted a great deal to track and team when the first members will field. This is shown by the record be selected. "We'll scare a few book which indicates that Dal holds people" said coach Yarr to inno Maritime intercollegiate redicate that the Dal team could cord and that last year only a six possibly walk off with the laurels 2:00, Fredericton. Saturday, Oct. 19 — Acadia a few Saturday, Oct. 26 — Dal. at Saturday, Nov. 2 — SMU at Dal.

This, in its turn, leads to confidence in oneself on the mat, and, with proper guidance, it is hoped, for some of the students at least, off it. Another trait, connected closely to this, is the creation of the so-called 'fighting spirit,' that attitude which makes the practitioner forge on to the bitter end in tournament, until he either wins, the time runs out, or he is declared defeated. Unwavering courage is an integral part of this, and its development is an important part of judo.

ANYONE ELIGIBLE

From this, it may be seen that judo is not a mysterious and unattainable art from the inscrutable east. Instead, it is an activity in which anyone can engage, and, provided properly controlled condi-tions are present, without the slightest risk of anything more serious than a few superficial bruises. All the students require is the desire and a little bit of what is commonly known as 'guts.' Dr. Swanzy will most capably provide the rest.



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