

Golden glory time

While rock singer Michael Jackson was receiving a record eight awards at the Emmy's on Tuesday night, the Canadian Intercollegiate Athletic Hockey Union were handing out some kudos of their own.

Announced this Tuesday were the Canada West All-Star Teams as well as the recipients of various individual awards.

Our own Golden Bears hockey team placed four members on all All-Star teams and collected the same amount of individual awards. Goalie Ken Hodge and defenseman Tim Krug were voted to the first All-Star team while forward Rick Swan and defenseman Colin Chisolm were selected to the second All-Star squad.



Bill Moores

Swan also received the Dave Schriener Trophy as the conference's top scorer as he racked up 35 points on 11 goals and 24 assists.

For his spectacular play in the nets this season, Hodge, along with fellow backstopper Kelly Brooks, captured the Adam Kryczka Memorial Trophy for having the stingiest goals against average. The dynamic duo combined for a league leading average of 2.45 GAA.

The only other Bears' player to receive an award was Krug who won the Mervyn Dutton Trophy for being the conference's top defenseman. In addition Krug tied UBC's Rick Amann as the top scoring defenseman; both had 20 points.

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More fun yet to come

Campus Recreation is also winding down from what many believe to be its most successful year ever. Some of the events yet to take place include: The March Macho Run, Bookstore Basketball Tourney, Octa-Pentathlon, Women's Swuash/Basketball/and Spring Fun Run, Men's Table Tennis/and Snooker, Co-Rec Badminton and Last Fling Volleyball League.

For more details ask at the Campus Rec office in the PhysEd Building.

REGISTRATION DEADLINES:

- Women's Intramural:
 1) **Spring Fun Run**, Saturday March 17 12:45.
 Men's
 1) **Table Tennis**, Tues. March 6, 1:00 pm.
 2) **Men's Snooker Tournament**, Tues. March 6, 1:00 pm.

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Her complaints about the judging in Canada West may have also cost the team. "I've cut my own throat," O'Brien admits. "Needle them and they remember it when your kids come up."

Donna Spanner of the Pandas, who qualified as a back-up and may get to compete if other gymnasts are injured or fail to show, says the rankings were a

severe blow to the team. "We came back from winning Canada West and we were sure we would qualify five people."

The only teams to qualify the maximum of six were McMaster and York, which makes them the favourites on the women's side.

York are also favoured to win the men's competition. Five of their six man squad also compete on Canada's National Team.

Track team run up a respectable score

by Blair Rosser

Over this past reading-week, 18 competitors from the U of A track team were selected to venture forth into the "Valley of the Dolls" for training and competition against some of the best athletes in the Los Angeles area.

Both team and coach were pleasantly surprised to learn that they were competitive in every event and scored a number of wins and medal placings. The meet results show that the U of A can compete with the top universities in the Los Angeles area, even though several of the best U of A athletes could not make the trip.

The team competed against twelve local colleges in a meet put on by the California State Polytechnical University in Pomona last Saturday, five days into the trip and a day before their return.

The weather was an obvious plus for our athletes, both in training and competing. Temperatures never dropped below 50 Fahrenheit and reached highs of around 70. A double-day training regime was adopted by most of the team which handled the extra workload with competence and maturity.

Many of our athletes set personal records in their events. For the women's team, Carmelle Hunka and Patti Lehnhoff ran personal bests, splitting victories in the 200 and 400 meters with times of 24.8 and 57.7 seconds respectively. Hunka also won the 100 metre hurdles. The women's team showed an unexpected dominance by winning practically every event they entered: Lorraine Spenrath in the 100 metres (12.3 sec.); Mary Burzinski, making mincemeat of her

competition in the 800 metres with an impressive 2:10.0; Cindy Livingston in the 1500 metres and Nancy Gillies in the Long Jump.

The men's team faced stiffer competition in all events but rose to meet the challenge with a number of fine performances, the best being Brian Cookshaw's second place finish of 1:52.1 in the 800 metres. Although not a personal best for Brian, it marks a return to old form, after having competed for only 8 months since coming out of retirement. His front running effort helped two other U of A athletes along to personal bests. Roger Carl finished third in 1:54.5 and Roy Riege a respectable sixth in 1:54.9 despite knee problems. Cookshaw, along with Kent Timanson, Brian Monaghan, and John McLennan raced the U of A to victory in the mile relay setting a new university

record of 3:18.7 seconds. Timanson and Monaghan had earlier set personal bests finishing 2,3 in the 400 metres in 48.7 and 48.8 respectively.

Other fine performances were posted by Blair Rosser who ran third in the 1500 metres, just tenths of a second off his best at 3:53.7, Dave Alton Pole Vaulted 4.42 metres and Danny Lanovaz cleared 2.08 metres to win the High Jump. This established Danny, who also has the CIAU standard for the Triple Jump, as an outstanding High Jumper.

The high level of training and performance was a real boost to all athletes involved. From their point of view the trip was a nice change from the humdrum of school and winter. But team coach Alan Weicker reserves judgement: "We don't know yet if the trip will have been a complete success

until after the CWUAA Championships" says he in reference to the conference finals in Saskatoon this weekend. "Obviously, everybody came up big in California and it was a good confidence builder for all to see how they would fair outdoors, gearing up for this summer, but we won't really know how beneficial the trip was for the team until after the conference meet.

"All in all, I would say that it was a good trip and we would like to see even more athletes go down next year - possibly a few fundraising drives towards that end."

After a week of solid sunshine, ideal temperatures and a number of outstanding performances, there will be at least eighteen U of A athletes cheering for an encore.

1984 C.I.A.U. GYMNASTICS CHAMPIONSHIPS

hosted by the University of Alberta

Friday — Saturday, March 2-3, 1984
at the Universiade Pavilion

SCHEDULE OF EVENTS

<p>FRIDAY, MARCH 2 1:00 p.m. Men's Team and Individual All-Around Championship</p> <p>7:00 p.m. Women's Team and Individual All-Around Championship</p>	<p>SATURDAY, MARCH 3 1:00 p.m. Men's and Women's Individual Event Finals</p>
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TICKET PRICES

	One Day Pass	Two Day Pass
Adults	\$5.00	\$9.00
Students	\$3.00	\$5.00
Children Under 6	FREE	FREE

Tickets may be purchased at the University of Alberta Department of Athletic Services, Room P-220, Universiade Pavilion.

GOLDEN BEAR HOCKEY

host the

1984 Canada West Championships

versus the

SASKATCHEWAN HUSKIES

(Best 2 of 3 Final)

FRIDAY — SUNDAY, MARCH 2-4, 1984
at Varsity Arena

Friday is FREE Spaghetti Dinner Night!!

If the Golden Bears win on Friday night everyone in attendance wins a FREE Spaghetti dinner compliments of the OLD SPAGHETTI FACTORY.

GAME TIMES
 Friday-Saturday, March 2 and 3, 7:30 p.m.
 Sunday, March 4 (if necessary), 2 p.m.

TICKET PRICES
 Adults \$5.00
 Students & Youths \$3.00

Tickets may be purchased at the University of Alberta Department of Athletic Services office located in Room P-220 on the main concourse level of the Universiade Pavilion or at the door on the day of the game.