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DEALERS are finding the "Phonola" becoming more popular every month. If your town is unrepresented write for our proposition.

The Pollock Manufacturing Co., Limited
Kitchener, Canada

Gardening and Poultry Raising For Amateurs

GOOD EGG PRODUCTION REQUIRES GRADED HENS

Better Weed Out the Poor Layers
Than Have Large Mixed Flocks

The efforts of the poultryman in managing the laying flock should not only be concentrated upon present production, but upon means and methods of increasing future production. Improvements in this line necessitate a close study of the individual, for it is the individual which makes the average, and a few poor birds greatly reduce the average of the good ones. In a flock of 100 hens it will be found that on the average 10 to 20 per cent. rarely lay an egg during the profitable months of the year, says Canadian Farm, and another small percentage may be barren, while the remainder are fairly good layers. The only way to weed out the poor layers and keep only the best. It often pays better to take one hundred hens out of a flock of one hundred and fifty, after which, with less labor, one can get nearly as many eggs and a much more profitable yield per bird.

Where the selection is not made, the poor birds are the cause of the expense of the better ones. Improvement can come largely thru the union of two factors: (1) Rigid selection at the end of the pullet year, and the mating of a breeding pair from the best birds. (2) By producing relatively early hatches and selecting rigidly thruout the season, keeping only the best youngsters for future production.

ALL-SEASON PORCH BOXES

By Samuel A. Hamilton.

It seems not to be generally understood that porch and window boxes can be kept filled with flowers or suitable kinds from the earliest spring months until killing frosts in the fall, for, as a rule, they are not filled until the time arrives for setting out bedding plants in June.

Porch and window boxes usually are too shallow for results, while, on the other hand, why so many do not show good results until very late in the season. Shallow boxes do not permit drainage material to be put in the bottom, with the result that the growth of the plants is frequently checked. If well drained, and in a sunny location, plants in boxes should come to maturity rapidly.

Most porch and window boxes are eight to nine inches in depth. Better make them twelve inches deep, and as wide as you desire, depending upon the kind of plants you intend to grow in them. Such boxes will be well adapted to an all-season succession of flowers. They should have the best soil obtainable, and it should be sweet, as many of the flowers intended to be grown in them will not do well in acid soil. Good garden loam, enriched with well-rotted horse manure, with a dusting of bone meal and one of pot ashes lime, will be about right.

Fill With Potted Plants.
A good way to manage the boxes is to handle all the plants in pots, instead of setting them directly in the earth in the boxes. This presupposes that you will grow your plants indoors, in the house or greenhouse, and have them ready at the right time in bud and bloom, or just over the boxes. So use plenty of time to make a good showing. Some prefer to have only one color in each box, while others plant them mixed; that

POULTRY REQUIRE LIME FOR SHELL PURPOSES

Owners Should See That Their Hens Have Grit, Oyster Shells and Lime

Oyster shell or stalked lime are important. They provide the material for manufacturing the shell. If this material is not available the hen must provide it from her own body. This she cannot do without lowering her vitality, and eventually losing the power of locomotion. Experiments have been conducted where chickens were raised to maturity without lime. The pullets were apparently healthy, but after laying each egg were unable to move for some time, showing what a drain it was upon the system.

Feed grit and lime. It is absolutely essential.

This year, when the ground is so persistently covered with snow, the grit box should never be empty. Nature having failed to provide hens with teeth, they must use some other means of grinding their food. Smooth, round stones are no use; they must be rough, or crushed or nearly crushed. Coal ashes are useful, but crushed or ground marble is even better, because of its rough, hard texture.—Canadian Farm.

RAISED RICE MUFFINS.
One cupful milk; 5 tablespoonfuls fat, 4 tablespoonfuls sugar, 3-4 teaspoonful of salt, 1 cupful rice, 4 cupfuls flour, 1 cake yeast, 1/2 cupful warm water. Scald milk, add fat, sugar, salt and rice. When lukewarm, add yeast, and mix. Add one-fourth cupful of warm water. Add flour and mix thoroughly with a spoon. The mixture is to soft to knead. Let rise and when light drop into oiled muffin tins, let rise and bake.

FOR AND ABOUT WOMEN

NOT ENOUGH HOMES FOR THE FAMILIES OF CITY'S WORKERS

Great Need of Houses for the
Workingman's Family at
Moderate Rental.

TRANSPORTATION IDEA

Homes on Outskirts of City
With Little Garden Plots
Suggested.

That bad housing is the result of economic conditions, and that it is useless to condemn dwellings when occupants cannot afford to move to better ones, was the opinion of the women of Toronto Local Council, gathered in annual session in 1917. In 1918 the women saw no reason to change that opinion, but added thereto, after a year's further investigation into housing conditions in Toronto, their opinion that Toronto is responsible and that it is plainly a civic duty to provide proper homes for the industrial workers within that city.

Dr. Hastings was asked yesterday if he agreed with the women of the local council in this opinion.

"There is a dearth of houses for the industrial workers," he acknowledged, "and to my mind this housing problem will not be solved until the question of transportation is solved. We must get transportation for the workers within the city to homes outside the city, on the outskirts, where small houses may be erected, and each house have a patch of ground for a garden. This is the only way to solve the housing problem, as I see it."

What Must Happen.
Toronto believes in preparedness, and even now those who are in touch with conditions are thinking of what is sure to happen after the war, and this housing question is one that looms big upon the horizon of coming events. In five years after the war Toronto will have 100,000 additional population, that is about 30,000 new families. To prepare for this incoming population Toronto must erect 25,000 additional houses.

Last year 992 new dwellings were built at the average cost of \$2500 to \$3000 each. During the year 1916, there were 649 new houses built in the city.

The demand for houses is greatly in excess of the supply; 5000 families should be provided with homes right now in Toronto.

It was during 1912 when the department of housing and sanitation first began its work of condemning houses in the city limits. From that year to the present time, 1234 houses have been condemned as unfit and blighted. There are today 4377 houses constantly under supervision in order to prevent overcrowding.

On account of conditions, only 56 houses were condemned and closed in 1917. This forced 70 tenants to vacate unsanitary houses during last year.

The Solution.
The increased cost of materials and scarcity of workmen does not promise any relief present for the 5000 families desiring homes. The idea of the Women's Local Council is that the providing of homes for the workingman should not be left to private enterprise. The council has been suggested. During the war the tendency on the part of families is to double up, in order to lessen the high cost of living.

In another month the situation will come to the attention of the public and as there are not enough houses to go round, there will be a scramble for the smaller, reasonable priced houses.

PENNANTS ARE PRESENTED

St. David's and Cooke's Societies Win
Honors for Largest Attendance at
Young People's Meetings.

College Street Presbyterian Church was the scene of the annual grand rally of all the young people's societies of Christian Endeavor connected with the Presbyterian churches of Toronto last night. Dr. Heston, in the work and a bright program of readings and music was rendered. Pennants were presented to the societies east and west of Yonge street having the record of the best attendance. St. David's Senior Society won the pennant for the western division and Cooke's Church Senior Society received the honors for the eastern division. Devereux Road Presbyterian Church Society had the largest attendance in the intermediate class.

PATRIOTIC SOCIETIES WELCOME

Suggestion to Smaller Organizations
to Secure Propaganda to Do
Patriotic Work.

In conformation with the regulations of the D.M. and G. Government, the Women's Patriotic League has applied for registration and is about to be incorporated. Any patriotic societies or groups of workers who do not wish to go to the expense or trouble of applying for incorporation themselves may secure the same advantage by federating with the league.

The report from the machine knitting room of the Women's Patriotic League for January is 146 pairs of socks for the Toronto Red Cross and 10 amputees socks for soldiers' comfort department under Mrs. Van Koughnet.

PARNIP PATTIES.

Boil parsnips until tender enough to press thru a sieve. Season with salt and pepper; add one beaten egg. Form into small patties and fry a delicate brown.

WAR MENUS

How to Save Wheat, Beef and Bacon for the Men at the Front. Issued From the Office of the Food Controller for Canada.

MENU FOR WEDNESDAY

Breakfast.
Rolled Oats
Cornmeal Muffins Table Syrup
Dinner.
Vegetable Soup
Tamales Pie
Lemon Snow
Custard Sauce
Supper.
Bean Roast
Graham Muffins
Tomato Sauce
Coddled Apples
Tea
The recipe for Tamales Pie, mentioned above, is as follows:
Tamales Pie.
2 cups cornmeal.
1/2 level teaspoon salt
6 cups boiling water
1 onion
1 level teaspoon fat
1 level teaspoon salt
1 lb. Hamburger steak
2 cups tomatoes
1/2 level teaspoon cayenne pepper
1 small chopped sweet pepper

Make mush by stirring cornmeal into boiling salted water. Cook in double boiler or fireless cooker 1 1/2 hours. Brown onion in fat, add hamburger and stir until red color disappears. Add tomato, pepper, salt. Grease a baking dish, put in layer mush, then the seasoned meat, and then another layer of mush over the top. Bake 30 minutes.
(Wheat and meat saving recipes by Domestic Science Experts on staff of the Food Controller's Office.)

SOCIETIES GENEROUS IN MANY DONATIONS

The Belgian Relief Fund (Ontario branch), in affiliation with the Toronto Women's Patriotic League, reports receipts for the week ending Feb. 1, \$854.02, making a total to date of \$181,061.00.

Canadian Girl Guides, per headquarters Dominion Council, \$221.46; Prisoners of War Society, Toronto, \$125; Kingston I. O. O. F., \$60; collection by Thamesville Herald, \$55.20; Oshawa Women's War Relief Society, \$50; Quinte Chapter I. O. O. F., \$11.11; Class 22, Bloor Street Presbyterian Church, \$11.10; Miss Mary Strange, Rockwood, \$10.75. The following each \$10: St. Andrew's S. S., Verschoyle; Croton Methodist S. S., Mrs. E. H. Fraser, Penetanguishene. Grateful acknowledgement of the last remittance, \$900, sent per cental Executive, Montreal, to the Belgian minister of the interior, Le Havre, for the benefit of the children's houses in the city limits. From that year to the present time, 1234 houses have been condemned as unfit and blighted. There are today 4377 houses constantly under supervision in order to prevent overcrowding.

A large amount of valuable new clothing, also some blankets and well-made quilts, were received this week. The consignment from the ladies' sewing circle, Sherbourne Street Methodist Church, was as follows: An exceedingly good one; also, from the W. C. T. U., Welland, per Mrs. Lundy and Mrs. H. H. Strathly, 10 Hawthorne gardens, Toronto, 10; from the girls' dressers and boys' sweaters being most acceptable. Parcels came also from ladies' aid of Church of the Ascension, Port Perry; Miss A. Snider, St. Jacobs; Miss M. H. Riley, Treasurer, B. W. A., Beaverton; Miss G. M. Lewis, Weston; Mrs. Macdonald, Toronto; Freshwater, Enderby; and Miss C. Fraser, Enderby. The ladies' aid of 10 pairs of socks came from a shower held by Mrs. J. B. MacLean and several pairs from other friends.

WOMEN ARE AGAINST HOLDING ELECTION

Opposition Leader Receives Copy of
Resolution Protesting Against In-
timidation of an Election.

William Proudfoot, K.C., leader of the Ontario opposition, received yesterday a copy of a resolution from the Ontario Woman Citizen's Association, which was moved by Mrs. Hagerman, Cobourg, and seconded by Mrs. Lawraon, London, and forms a strong protest against the holding of a provincial election at this time as has been foreshadowed. It states that there is need for the utmost unity in provincial as well as Dominion affairs and that an election would tend to disrupt the spirit of unity for which the women have especially worked and which has grown so strong during the past few months.

The resolution also states that the province has no right to assume the great financial burden that an election would entail.

ORANGE SPONGE CAKE.

This will keep nice for two months if kept in a good place, and if the eggs are large, will make four layers. Use two cups sugar, two cups of flour, one cup cold water, yolk of five eggs, whites of four, grated rind and juice of one sour orange, two teaspoons baking powder, and a bit of salt. Beat eggs until creamy, then add cold water and orange juice, grated rind, then flour and baking powder, a bit of salt, and last the well-beaten whites.

SPONGE CAKE.

Many think this is so hard to get just right. Take two eggs, beat very light, add one cup sugar and beat again; then add one cup flour sifted with a teaspoon of baking powder and a bit of salt, and season. Stir well and add one-half cup boiling water and beat again, put in greased pan and bake in quick oven. A slow oven will let rise too much before baking; making it coarse. The better will be quite thin, but it will come out all right.

The following plan is a good one when washing a lace door-panel. Wash the glass in the door and leave it ready to replace the panel. Carefully wash and starch the lace, slip in the rods while wet and place in position. Put the lace straight and it will dry on the door and look like new.

Isn't It Worth a Trial?

We do not claim that NUJOL is a cure for all ills.

But many people have told us that it is.

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Because most human illness is considered to be directly or indirectly caused by Constipation.

NUJOL relieves Constipation.

It may help you.

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P.O. Box 875, Montreal.

ONTARIO SAFETY LEAGUE FOURTH ANNUAL MEETING.

Great Deal Has Been Accomplished in
Last Year Along Educational
Lines Thru Literature.

Reports read at the fourth annual meeting of the Ontario Safety League, held yesterday afternoon in the council chamber of the board of trade, showed that a great deal had been accomplished during the past twelve months along educational lines in the matter of preventing accidents to the traveling and manufacturing public.

A few figures from the distribution of "safety literature" report are evian- tence of the widespread nature of this portion of the work. Cards sent to drivers of vehicles, 90,000; special cards to motorists, 10,000; letters to parents, 100,000; electric railway bulletins, 11,000; large cards in street cars, 1,700; gummed seals for the use of firms in sending out correspondence, 330,000.

A most interesting part of the campaign for safeguarding the public is that in connection with the schools the board of education co-operating with the league by printing safety slogans on all exercise and other note books. In addition the annual essay contest on "How children may help to avoid motor accidents" with \$50 in prizes, was conducted.

Industrial and health bulletins improved form have paid subscribers in many of the cities and towns of Ontario. Thousands of these bulletins are sent out every week.

The annual report was received with expressions of satisfaction and the officers were highly complimented upon the showing made.

Honorary president, His Honor Lieut.-Col. Sir John S. Hendrie, C. V. O.; president, Mayor T. L. Chubb; vice-presidents, A. D. Ingram, vice-chairman Ontario Railway and Municipal Board; S. Price, chairman Workmen's Compensation Board; Sir John C. Eaton, president of the T. Eaton Co., Ltd.; executive committee—The president and vice-presidents; Dr. G. J. Steele, board of education; E. P. Healderson, separate school board; C. Campbell, Toronto Automobile Trade Association; F. L. Hubbard, Toronto Railway Company; P. Roden, Ontario Motor League; George Bradshaw, Grand Trunk Railway; J. T. Burke, chief inspector of factories; W. C. Gouter, Canadian Manufacturers' Association; H. H. Couzens, Toronto Hydro-Electric system; G. H. Gooderham, M.L.A., Toronto-Hamilton Highway Commission; E. P. Heaton, fire marshal of Ontario; R. B. Morley; W. A. McLean, deputy minister of highways, Ontario; W. A. Riddell, trades and labor branch, Ontario; T. A. Stevenson, Toronto District Labor Council; A. V. Wright, Workmen's Compensation Board, Ontario; J. F. H. Wyse, organizer and engineer; E. P. Coleman, Dominion Power and Transmission Co., Ltd.; A. B. Fenwick, chief fire department, Hamilton; C. B. King, London street railway; C. C. Martin, Toronto, Hamilton and Buffalo Railway; C. J. Hastings, Red Cross health officer; David Archibald, deputy chief of police; Dr. P. E. Doolittle; J. H. Forrest, chairman legislation committee; L. E. How-

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land, Canadian automobile federation; W. R. McRae, chairman campaign committee.

U. S. TO AID MONTANA FARMERS.

Washington, Feb. 4. — Federal aid for Montana farmers threatened with a cropless season thru a seed grain shortage, was urged upon the house agricultural committee today by Rep. Rankin. Because of recent crop failures, Miss Rankin said, 60 per cent. of the farmers cannot pay for their seed.

THE KEWPIE KORNER

By ROSE O'NEILL



"Dear me!" sobbed Cook. "I'm so upset, But I'd feel better, maybe, If some kind lady would exchange Her poodle for this baby!"
(Copyright, 1918, by Rose O'Neill.)