"NUTS AND RATIONS."

Not so very long ago we were asking the mercury to come up a bit, but we did not want it to go "over the top".

It seems that St. Johns is living up to its reputation of having two seasons only, Winter and July.

Here are a few pointed remarks gathered during the week. Remember:-

It is easy to find 9 out of 10 people who are willing to do the shouting while the tenth does the work.

That a good soldier obeys the commands of his Officers.

That a demagogue is a man who rocks the boat and tries to persuade everybody that there is a great storm on,

That a short skirt has its advantages, for it enables the Prodigal Son to tell a fatted calf from the other kind.

That Love and Logic are not on speaking terms.

That no freekles are produced by the Sunshine of Happiness. That if a man could discover why a woman is a mystery, she wouldn't be.

That there is nothing like having a good reputation—if you live up to it.

That Gossips and Hypocrites are twins.

That more people fall in love than war.

That a Savage worships a demigod, not a demijohn.

That the only time a man has a right to be proud is when he does something—and then he should not be proud.

Drafts may come and drafts may go, but the grouch goes on for ever. Robert Service has a verse to suit him, and for that matter all

"You're sick of the game". Well, now that's a shame. You're young and you're brave and you're bright.

"You've had a raw deal". I know, but don't squeal.

Buck up, do your damndest, and fight.

It's the plugging away that will win you the day,

So don't be a piker, old pard! Just draw on your grit, it's so easy to quit.

It's the keeping-the-chin-up that's hard.

Seems as though the German front were still being pushed back. Von Hindenburg is having quite a number of deaths lately. One was

too good for him anyway.

Why is a woman's mind cleaner than a man's? Because she changes it more often!

-PAT.

HOW TO UPSET A CANOE.

Special rules issued by the Ontario Safety League, Royal Bank Building, Toronto.

1-Always keep in the swells of a passing launch.

2—Change seats frequently.

3—Transferring a passenger is recommended.

4—Stand up when you wave to your friends on shore.

5-Reach over when picking water lilies.

6-Other methods failing, rock

Note:-On reading the above rules it struck us that such instructions could be made very applicable to this district. They are accordingly published for your consideration.

Get a copy of "Knots and Lashings" to send to the folks back home. You may be sure they will be glad to get it. The postage is one cent.

MUMPLETS.

Why does Sapper Day prefer to form Fours or expose himself to the tender mercies of the C.S.M. in the Cadet Ride rather than enjoy the free and easy life of the little home on the Riverside. His pals wish him luck in all his bumps and lots of work on fatigue parties, so he'll wish to come back to

Certain Old Time Contacts from the Quarantine Camp are asking why the M.O. doesn't extend the time of Quarantine to twenty one or even forty eight days. Not that they have much hope of going back there. Certain good things only come once in a life time.

NOTICE.

After the 1st of August, money orders and postal notes can be bought and cashed at the new E. T. D. post-office.

Sgt. D. Paquin, C.P.C., is in charge.



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