

into the life of their Units, watching with a personal possessive sense of interest the story of each individuals active service experience, will find a soul in their duty which will repay every effort.

A trust is placed on each man in the Office not only by his superiors but by every individual in the Contingent and their relatives.

Our bit in the war is to justify that trust by thorough, accurate, and lively, work.

Work which will show sympathetic understanding and good humour as well as adherence to the Regulations.

ROUTINE ORDERS

October 1929.

Parades. (4 a. m.)

Battalion will parade with bare feet and helmets when they will proceed to the North Bridge and dive into the River Seine. Anyone found wandering at the bottom looking for promotion will receive his discharge on coming to the surface, All Officers on this occasion will plod with puttees on. All submarines found must be handed in at the Quartermaster's Store, these are not to be considered Merchantmen.

In order to secure more uniformity in the ranks on parade, all noses will, in future, be polished, to match the buttons and badges. This must be done at the Soldier's expense. It has been found that good results can be obtained by the application of, externally — bay rum, and internally — cafe rum.

Route March.

There will be a route march as far as Plainville, headed by the Band, which will play the great march « Here we suffer grief and pain ». In case of frostbite being prevalent in the ranks, every man will be provided with a box of Sunstroke Ointment and Crutches.

Owing to the difficulty in obtaining supplies of umbrellas, such equipment will not in future be issued to ranks below that of Sergeant. In order to promote good feeling between the Allies and to foster the Entente Cordiale, N. C. O'S are requested to offer the protection of their umbrellas to ladies who may be caught unprepared in wet weather.

Special rations. (10-15 a. m.)

This being the Kernal's birthday every man will receive a cocoaknut.