

SUBSCRIPTIONS RECEIVED IN
SEPTEMBER 1896.

J. A. Mathewson jr	\$20 00
John Cowan	2 50
J. S. McBride	1 00

DONATIONS FOR SEPTEMBER 1896.

Flowers from Miss Bella Leith, Mrs. Moore, W. C. T. U., Montreal Flower Mission, Miss Evelyn Brown, fruit from Mrs. Watson, Mrs. S. M. Baylis, Mrs. Riley, Mrs. Somerton, Mrs. A. R. Griffith, Mr. Samuel Bell, Magazines from Mrs. Barbeau, and unknown friend, two tables from Mrs. Wm. Trenholme, medicine bottles and old linen from Mrs. Henry Thomas, six yards turkey red twill from Mr. Geo. Scroggie.

Urinary analysis case from C. E. Scarff, Esq., No. 2 Orient oil heater from W. A. Stephenson & co., thirty chart boards from G. & J. Esplin, quantity of toys from Mrs. A. T. Drummond; package of empty vials, Mrs. W. Rodden.

THE REGULAR KIND.

Aunt Winnie—"Yo' doan' ketch me takin' any of dat new-fangle' med'cine. It's a reg'lar, so I is."

Miss Goulet (a city missisonary)—"What doctor shall we send for then, aunty?"

Aunt Winnie—"Land of libin', chil'! doan' yo' know de reg'lar kin'? I means de alpaca doctah, ob co'se."—*Judge's Library.*

A reliable remedy for dandruff is as follows; Borax, two drams; sesqui carbonate of ammonia, one dram; sulphuric ether, one dram; rectified spirits of wine, two ounces; rose water, twelve ounces. Rub into the head until a lather is produced; then rinse in warm water. Use this a week for good results.

A true Malt Extract should have for its principle object the nourishing and strengthening of the system, increasing the appetite and acting on the other food as a digestive, and by doing so a weak stomach is toned up, and additional power given to it.

Dr. D. of St. Denis St., Montreal, tells us that he has some thirty patients using Wyeth's Malt Extract, (March 1-96), and recommends it very highly.

THE WEDDING RING FINGER.

The choice of the fourth finger, counting the thumb as the first, for the wedding ring, is based upon a belief common among ancient physicians that a nerve connected it with the heart. It was called the healing finger, and used in stirring medical compounds in the belief that nothing harmful to health could come in contact with it without it at once making a telegraphic communication to the heart of the stirrer.

EGGS IN THERAPEUTICS.

The *Medical Record* gives the following ways of using eggs in therapeutics. A mustard plaster made with the white of an egg will not leave a blister.

A raw egg taken immediately will carry down a fish-bone that cannot be gotten up the throat.

The white skin that lines the shell of an egg is a useful application for a boil.

White of egg beaten with loaf sugar and lemon relieves hoarseness—a teaspoonful taken once every hour.

An egg added to the morning cup of coffee makes a good tonic.

A raw egg with the yolk unbroken in a glass of wine is good for convalescents.

A WORD ABOUT EARS.

I wonder if mothers know how cruel they often are to babies without thining of it? The poor little baby cannot describe its feelings, and how should the mother know? Dress your baby up as much as you please—babies are generally pretty in anything neat and clean—but be careful how you dress them. I began to count one day on my way down town how many babies I met with their pretty little bonnet strings tied back of their ears so tightly as to keep the bonnet on and to deform the ears for life, but after getting to 50 I gave it up. Have you never noticed how many people there are with ears out of shape from no other cause than from the improper arrangement of caps in infancy? Baby looks sweet, I'll allow, but, wouldn't it be better to start a fashion for baby to look sweet and comfortable at the same time. Ask your doctor about it, and I think he will tell you that I have not exaggerated in the least.—*Housewife.*

TWENTY-FIVE CENTS is not much money, yet if every one who receives this paper would kindly remit that amount for a year's subscription, there would be no debtor side to the ledger.