

frequently find here the cause of much trouble and that having the meals at proper intervals, and the bowels regulated, nothing else may be required. If the patient cannot retain food in the stomach, begin with liquid food in small quantities. Soups, from which the grease has been skimmed, should be employed; and in addition, well-cooked farinaceous foods. There is one kind of soup that is better than all others, and acts as a medicine in some cases, that is, clam-juice soup. This will also answer in typhoid fever. After all things have failed you will find that there is an unsatisfied desire for certain things you would naturally forbid. Experiment until you find the most suitable diet. I have heard of obstinate cases that were cured simply by the patient eating popped corn, or an apple. This, of course, was merely a mental action, and not medicinal, in the sense in which we use the term. It has been found that by awakening the patient in the night and giving her a cup of hot coffee and a soft boiled egg, then keeping her quiet, the nourishment may be retained. Raw beef, scraped and made into a sandwich, is often palatable and may be retained. After all has failed by the mouth do not let your patient die for want of nourishment, but commence alimentation by the rectum. Use injections of beef peptonoids, milk and concentrated foods at regular intervals. I know of a doctor C., of Atlanta, whose patient vomited all food taken into the stomach, but she lived the whole nine months by rectal alimentation, and made a perfect recovery. I had a case of cancer of the bowels, in which the patient was sustained many months by alimentation per rectum, until the disease overcame her. The only danger to be apprehended in this mode of alimentation is that diarrhoea may set in; then she is beyond nourishment by the bowel.

What, then, are the remedies you should use? They are numerous. Among the reflex sedatives and anodynes, nothing is better than the bromides. Sodium bromide is the best, and, being alkaline, generally acceptable. Chloral is sometimes used to quiet and relieve, but I do not think it should be used unless absolutely necessary, and then late in pregnancy. Opium and morphine should be avoided on account of locking up the secretions. Great benefit is derived from soda bicarbonate and bismuth before meals, and following the meal, give aromatic sulphuric acid with syrup of ginger or lemon. Aromatic bitter tonics, or diluted hydrocyanic acid, will often give relief. You may use potassium carb., gr. v. with tr. gentian comp. and syrup of ginger, to make it palatable. One of the most satisfactory and efficient prescriptions in my hands is:

R — Bismuth subnitratis, † gr. x.
Acidi carbolici, gr. ss.
Pepsini, gr. v.

Syrupi,
Aquæ menthæ piperitæ.

Misce. fiat mistura et signe: Take before meals. Shake well before using.

Oxalate of cerium, gr. ij-v, in pill form, before meals, is one of the most reliable remedies. Salicinum in gr. v-x doses is said to be very good, but I have had no experience with it. Potassium iodide answers in specific cases. Wine of ipecac, given in gtt. j doses every hour has a peculiar action on the secretions, and allays the irritability in many cases. Creosote in gtt. ij doses has been replaced by carbolic acid given in lime water. Phosphate of lime, gr. xv-xx, tinct. iodii. comp.; Fowler's solution; nux vomica, and last of all, cocaine hydrochloras, gtt. x of a 3% solution, have been used. After you have used the various remedies, and have gained nothing, look after the position of the uterus, and, if displaced, replace it if possible, and thus afford relief. Sometimes a peculiar position of the fetus in the uterus will give rise to the trouble. Certain conditions of the cervix, such as fissures, granulations, erosions and inflammations of the os uteri and cervix must be treated locally in order to give relief. As an example of a reflex trouble, there is a case of a woman who was seized with convulsions after childbirth, on account of a few shreds of fibres protruding from the cervix, the removal of which gave relief. Use local applications of nitrate of silver, carbolic acid, tincture of iodine or nitric acid, according to the demands of the case; but do not make the applications strong enough to produce pain. Another cause of the nausea may be contraction of the cervix. This can be overcome by slight expansion of the external os or cervix by the finger or dilator, exercising the greatest care. This is a point worthy of your notice. When every remedy at your command has been exhausted, request a consultation with a physician whose judgment will be a credit to you, whose experience, judgment and wisdom are known to you and the profession, and if the induction of abortion be necessary to save the life of your patient, you have him to share with you the responsibility of the case.—Dr. Stewart, in *Times and Register*.

TREATMENT OF GASTRIC NEURASTHENIA.

In the treatment of dilatation of the stomach, according to Dujardin-Beaumez, there are two principal indications: the one is addressed to the gastro-intestinal disturbances, the other to the condition of the nervous system. To fulfil the first of these indications there are two plans of treatment: the first comprises intestinal antiseptics; the second includes various mechanical meth-