DAILY PORTIONS. Monday. Cautions against intemperance. Prov. 23: 15-25. Tuesday. "Who hath sorrow?" Prov. 23: 29-35. Wednesday. Woe to the drunkard. Isa. 5: 11-19. Thursday. God's anger against sin. Isa. 5: 20-25. Friday. Wine a mocker. Prov. 20: 1-11. Saturday. Avoiding evil-doers. Ps. 26. Sabbath. Be separate. 2 Cor. 6: 11-18. (The I. B. R. A. Selections.)

## **EXPOSITORY NOTES.**

INTRODUCTORY. Not long ago in one of the towns in the United States a travelling menagerie was exhibiting its collection of fierce and of curious animals. In order to attract the crowd a young lion was chained near the entrance. It was believed to be perfectly tame and harmless and its keeper was by its side. Nevertheless the wise gave it a wide berth and contented themselves with admiring at a distance. A little girl, however, innocently ran up to it and before anyone could interfere the ferocious nature of the animal awoke, and seizing the child, as a cat would a mouse, he shook her and crushed her to death in an instant. The frantic mother could hardly be restrained by force from throwing herself on the savage beast. Like this young lion, as soon as the cub of the drinking habit has become full grown, it will assert its power, destroy self-control and hurry its thoughtless victim to disgrace and death.

LESSON PLAN. I. True Wisdom. vs. 15-19. II. Self Control. vs. 20. 21. III. Filial Piety. vs. 22-25.

15. My son, if thine heart be wise, is not a natural gift but the result of discipline parents or to others, or in no need of preparation they have disgraced their father's name. for a future life beyond this. While there are thought of as the throne of the mind. Only Our words shew what we are (Luke 6: 45). in the Book of Daniel is the "head" mention-To have the thoughts pure, the aims of life place. (A. C. M.) noble, and the plans pursued honorable. "Be | 18. For surely there is an end; and

my heart shall rejoice, even mine-Solo- and experience. The emphatic, repetition mon uses the term son, but the same advice "even mine," or, literally, "even I," is very and instruction may apply to a daughter, for pathetic. There is no greater joy to a parent he would not teach that no care or thought than to see a child honorable and pious, reshould be bestowed upon her, or that she is spected and beloved, and the deepest shame of without her duties or responsibilities, either to which many evil doers are conscious is that

16. Yea, my reins shall rejoice, when many temptations surrounding the young man, thy lips speak right things-The "reins" that little affect a young woman, there is much are the kidneys. Here, and elsewhere, being need of watchful care, that she avoid all those the most inward of the "inward parts" of the evils which would destroy her wholesone in-body they are looked upon as the seat of the fluence. (A. C. M.) The heart is the seat of deepest and strongest emotion. (Plumptre). wisdom according to the Hebrew conception. The parents joy is deep and real. The utter-The brain does not appear to have been ances of the lips shew the wisdom of the heart.

17. Let not thine heart envy sinners: ed in connection with mental activity, and but be thou in the fear of the Lord all there it is in connection with "visions." In the day long-Do not be emulous of them Eph. 1: 18 we find the phrase "the eyes of and imitate them because you desire their the heart." As the heart in the body is the pleasures (Ps. 73: 3-12, 16, 17-20). The feelfountain and centre of natural life, so the word ing which looks half longingly at the prosperity was employed to designate the centre of all the of evil doers is sinful. (Plumptre). Have a conscious activity of the man. Love, hatred, constant mind, a heart always in tune with the anguish, joy, imagination, memory, reflection, ways of the Lord. Be devotional, be prayerjudgment, resolution, understanding, will, be- ful, be obedient and submissive, so that no lief, are all predicted of the human heart. desire for evil can have place, no dissatisfaction "Out of it are the issues of life" (ch. 4: 23). with God's plans and providences. Let the (Terry). To have a wise heart means to re- thoughts be exalted to the Lord. Be in the gulate the life by the principles of God's word. fear of the Lord as in thy element, thy natural

wise" is rather "becometh wise." Wisdom thine expectations shall not be cut off-