how to win out. For the book is written by an optimist. He has no fear but success will come, if only it is rightly sought. Without reserve we can commend this volume as a keen-sighted, sensible, kindly companion. "Victory awaits, not the slow shot, nor the swift shot, but the sure shot"; "You fling away without thought moments which at this instant the lost soul would give worlds to purchase": Terse and telling sentences like these shine out on nearly every page.

The nervous system is a dynamo, which supplies the energy required for all bodily and mental functions. Out of this fundamental fact there arises a twofold problem for the teacher, first how, in the education of the child, to give this energy its proper direction, and secondly how to conserve it. This problem is made the subject of a full and interesting discussion in, Dynamic Factors in Education, by M. V. O'Shea (The Macmillan Company of Canada, Toronto, 320 pages, \$1.40 net). In the first part of the book, the principle is laid down and worked out in detail, that the most effective method of teaching is teaching by doing-whether the subject be arithmetic, science, language, geography, or what not. The second part deals with the question of preventing the waste of nervous energy. Mr. O'Shea, who is Professor of the Science and Art of Education in the University of Wisconsin, has given us a book which should prove of practical value to parents and teachers.

"A Novel of our Time," is the sub-title of **Roland Graeme, Knight** (William Briggs, Toronto, 285
pages, \$1.00). This story by Miss Agnes Maule

Machar, the well-known Canadian writer (first published in 1892, and now reprinted), deals with the problem of the relations between the rich and the poor, between capital and labor. The solution reached is, that the right adjustment of these relations depends upon the mutual sympathy enjoined in the gospel. The dialogue in the story is bright, and it moves in a pure and elevated atmosphere.

"The memory of our badness only comes after we have become good." This is Dr. George Matheson's striking paraphrase of Ezek. 36: 26, 31: "A new heart also will I give you. .then shall ye remember your own evil ways." It is found at the beginning of his new book, Rests By the River (U. C. Tract Society, Toronto; Hodder & Stoughton, London, 367 pages, \$1.75). This is a series of meditadon, 367 pages, \$1.75). tions for the devotional hour, reprinted from Saint Andrew, an organ of the Church of Scotland. There are two of these meditations for each week of a year. Dr. Matheson has the faculty in an unsurpassed degree of opening up windows and letting in a flood of light, in which we see new meanings in the most familiar passages. Each of the brief chapters in this volume consists of a brief, pregnant exposition followed by a prayer based upon it. We have here just the help to devotion required in this busy, breathless age.

From William Briggs, Toronto (The Sunday School Times Company, Philadelphia) we have received, Sankey's Story of the Gospel Hymns, and of Sacred Songs and Solos, by Ira D. Sankey, with an introduction by Theodore L. Cuyler (272 pages, 75c.).

DEBENTURES

Safe and Profitable Investment

5%

the Sun & Hastings Savings & Loan Company of Ontario

AUTHORIZED CAPITAL. \$5,000,000

If you want to avail yourself of this exceptionally good investment, write to us for full particulars,

Deposits-3½ per cent. paid on deposits of \$1.00 and npwards. Money to loan on reasonable terms.

Head Office: CONFEDERATION LIFE BLDG., TORONTO.

Branch Office: BELLEVILLE, Ont.

W. PEMBERTON, Manager. WHITFORD VANDUSEN, President.
AMBROSE KENT, Vice-President