

to a paste. This salve is excellent for running sores of long standing, boils or sores with proud flesh.

TO REMOVE FISH BONES and similar hard objects which have become lodged in the throat. Make a large pill of wax (as large as can possibly be swallowed), dip in honey and let the patient swallow it.

HONEY AND WALNUT COUGH CANDY.—This is made entirely of honey, but thickened with walnut kernals. The dose is a piece about the size of a pea. It should not be boiled enough to make it brittle.

FOR BRONCHITIS.—Take comb honey and squeeze the honey out, and dilute it with water. Wet the lips and mouth with it occasionally. This has proved an excellent remedy, even where children's throats were so badly swollen as to prevent them from swallowing food.

GARGLE FOR SORE THROAT.—Very strong sage tea, one half pint; extracted honey, common salt and strong vinegar, each two tablespoonfuls; cayenne pepper, one tablespoonful. Steep the pepper with the sage, strain, mix and bottle for use. Gargle from four to eight times daily, according to the severity of the case.

HONEY COUGH SYRUP.—This is an excellent remedy for a common cough. One dose will often give relief. Stew half-pint of sliced onions and one gill of sweet oil in a covered dish. Then strain and add one gill of good honey; stir it well and cork it in a bottle. Take a teaspoonful at night before going to bed, or any time when the cough is troublesome.

CONSUMPTION.—Physical exercise, especially horse-back riding before breakfast; the body to be rubbed thoroughly with a woollen cloth, night and morning; bedroom an upper storey, with a window partly open day and night; retiring and rising early; main diet to consist of farinaceous food and vegetables; for drinking, nothing but milk and honey, mixed half and half, either warm or cold.

FOR COUGHS, COLDS, WHOOPING-COUGH, &c.—Fill a bell-metal kettle with hoarhound leaves and soft water, letting it boil until the liquid becomes strong—then strain through a muslin cloth, adding as much honey as desired—then cook it in the same kettle until the water evaporates, when the candy may be poured into shallow vessels and remain until needed, or pulled like molasses candy until white.

CONSTIPATION.—Honey, especially the solid parts of granulated, eaten on bread instead of butter will have the desired effect. That part of honey which does not granulate, possesses this property in a much less degree. A sauce made of prunes, boiled and sweetened with

honey, is an excellent remedy. In dangerous cases apply an injection of milk and honey, having the temperature of the blood about 97° or 98° Fahr.

HONEY AND TAR COUGH CANDY.—Boil a double handful of green hoarhound in two quarts of water, down to one quart. Strain and add to this one cup of honey, one cup of sugar and a teaspoonful each of lard and tar. Boil down to a candy, but not enough to make it brittle. Begin to eat this, increase from a piece the size of a pea, to as much as can be relished or needed. It is an excellent cough candy, and always gives relief in a short time.

HONEY WASH FOR THE EYES.—Honey is an excellent remedy for inflammation of the eyes. Put a few drops of pure liquid honey into a teaspoonful of lukewarm water, and stir with the finger until thoroughly dissolved; then lie down and drop three or four drops into the eye, lying still a few minutes; then wipe the face and eyelids, but not wash out the eye. Repeat this four or five times a day, and the last thing before going to bed. Follow these directions faithfully and in a few days the inflammation will be entirely gone.

HONEY FOR SORE EYES.—Mr. S. C. Perry, Portland, Mich., says: "A neighbor of mine had inflammation in his eyes. He tried many things and many physicians; was nothing better, but rather grew worse, until he was almost blind. His family was sick, and I presented him with a pail of honey. What they did not eat he put in his eyes, a drop or two in each eye two or three times a day. In three months' time he was able to read coarse print, and now after four months' use his eyes are almost as good as ever. I have also found honey good for common cold-sore eyes."

CENTRAL FAIR PRIZE LIST.

TO BE HELD IN THE CITY OF HAMILTON FROM THE
26TH TO THE 30TH SEPTEMBER, 1887.

Sec.		1st.	2nd.	3rd.
1	Best 200 lbs. Honey....	\$6	\$4	\$2
2	Best 200 lbs extracted Basswood honey.....	3	2	1
3	Best 200 lbs extracted Clover Honey.....	3	2	1
4	Best 10 lbs. Comb Honey	3	2	1
5	Best 10 lbs. extracted Clover Honey.....	3	2	1
6	Best 10 lbs extracted Basswood Honey.....	3	2	1
7	Best 10 lbs. White Bees Wax.....	3	2	1
8	Best 10 lbs. Yellow Bees Wax.....	2	1	50
9	Best Bee Hive.....	2	1	