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CASTORIA

Vegetable Preparation for Assisting the Food and Regulating the Stomach and Bowels of

INFANTS, CHILDREN

Promotes Digestion, Cheerfulness and Good Health. Neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

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CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

Chas. H. Slichter

In Use For Over Thirty Years

CASTORIA

HINTS TO HOUSEKEEPERS.

Do not put left overs away on a tin plate. There is sometimes danger of poison from the tin. Save plates that have been nicked for this purpose. Large, smooth clam shells found on any beach make excellent dishes to bake left overs in. Food should never be put in the part of the refrigerator where the ice is kept. It is apt to become more or less tainted by coming in contact with ice. If broths are to be kept for two or three days they should be placed next to the ice. But they must be poured, into glass jars with tight covers.

When the drawers of bureaus, tables or other furniture stick, or cannot be open or shut without difficulty, try wetting the surface with a piece of common soap and rub it over the parts that stick. This will make the wood slippery and in most cases the trouble will be remedied. This is also a remedy for doors which in new flats or houses are likely to settle or apt to scrape at the top as the building settles. Use soap on them and it will save the trouble of calling in a carpenter.

It is a good plan to wash figs and dates before giving them to children, or, for that matter, to any one. Their sweetness attracts insects and their stickiness makes them a perfect home for dust and its undesirable germs. Yet most people seem never to think of this at all. Washing will not impair the flavor; on the contrary, it makes them more agreeable to the sight and touch, as well as to the taste.

Tea leaves are invaluable as a means of cleaning varnished paint. When sufficient have been laid aside, they should be placed in a tin basin full of water, and soaked for half an hour. The tea when strained should be used instead of soap and water to clean the varnished surface.

Dirty hair brushes are an abomination. As hot water and soap soon softens their bristles, and rubbing completes their destruction, use soda dissolved in cold water. Soda having an affinity for grease, cleans the brush with very little friction.

To remove tea-stains, apply equal parts of yolk of egg and glycerine to the stain and allow to dry. Rub well in clean, cold water. This will be found excellent for an afternoon cloth, which must not be boiled on account of its delicate coloring.

A good floor stain that goes right into the wood and is very durable, is made of linseed oil colored with burnt sienna. Rub thoroughly into the boards with a flannel pad, and next day polish with beeswax and turpentine.

Should grease be spilt upon the floor of the kitchen, cover it at once with cold water. This hardens the grease and prevents it from soaking in. It can then be easily scraped up.

When making white cake use one-half a teaspoonful more of cream of tartar than usual, as this extra amount of the cream of tartar makes the egg whites stiffer.

If the kettle in which syrup is being boiled is rubbed with butter, to the depth of an inch or so from the top, the syrup will not become sticky.

If sponge cake is mixed with cold water it will be yellow, but if it is mixed with boiling water it will be white.

Cream and acids do not curdle where milk and acids will.

work table, spreading over it a coarse cloth, similar to the duck used for dresses, then passed a wet sponge across where the hem came and pressed it with the hot iron, changing the pad about until every part had been reached. Lastly, he turned the legs and pressed the hem on the other side in the same way, excepting that he did not dampen them so much or press so long.

This gave me a new idea entirely as to the way to use the tissue, and pressing in general. I never had much success in using the tissue, and I now see why, as I did not use a damp cloth or a pad to press on. The pad keeps the marks of the rough edge from showing on the garment. Occasionally we women folks have a job of this kind to do and I see no reason why we could not make a substitute for the pad, as there is not enough of such work in an ordinary family to buy one.

An odd, faded table scarf of felt wrapped smoothly around a thin board, such as can be got at any dry goods store and fastened at the edges, would answer the purpose, or one made of old flannel would be almost as good. I fancy such a pad would be a great help in pressing the seams and pockets of the men's suits, doing away with the shiny marks so often resulting from home pressing. I feel very much elated over this "find," in my few moments of waiting.

THE MOTHER AND THE GROWING BOY.

"A boy's life goes forward by leaps and bounds after he passes the 'army' stage," writes Margaret E. Sangster in Woman's Home Companion for March. "At least it seems so to his mother. There is the day when his father demonstrates about those babyish curls that are so beautiful, and that the mother tends to caress her fingers with such care and pride. The boy has begun to hate them, and he goes joyously to the barber's to have them cut off. As the shears separate each soft ringlet, the mother feels as if something precious was severed from her very heart. She gathers them up and lays them away, and as her little lad walks beside her with sturdier step than before she realizes that the coming dawn of his manhood is quickening on the horizon.

"There is the day when she sees her boy, a gallant little figure, with his hands in his pockets, looking an inch taller than yesterday, because he is now a man. He is a little girl and more like the boy across the street whom he has secretly envied. Those pockets mark an era in boyish development. Are they not distinctively a boy's? Surely, considering that a man has fourteen pockets and a woman none at all, the day when the boy first realizes that he has pockets, and that they are to hold whatever he pleases, is a great day for him. The day when he first puts on a pair of stout shoes, shoes in which he may run and jump and kick a ball.

YOUR BOY AND GOOD MANNERS.

Mothers make a mistake if they do not insist on good manners in the family. There is no reason why a boy should be boorish when his sister is polite, that a boy should be grumpy and awkward, ill at ease before strangers and unacquainted with table etiquette when his sister possesses the superior force of good breeding. We are talking about the growing boy. While he is still under your daily care, teach him to take off his hat when he meets you on the street, to rise when you enter the room, to place a footstool for his grandmother, and to carry any bundle or parcel not too heavy for small hands. A little fellow who is permitted to wear his hat in the house when only his mother and sister are present cannot be expected to take it off because visitors have arrived.

"Freddie, why do you stand there with your hat on?" asks the mother severely, when Freddie thus transgresses propriety, and the minister's wife or the lady from Baltimore or the aunt from Philadelphia is in the room. If Freddie had been taught always to stand bare-headed in the house if it were his custom to pull off his hat whenever he met a lady or an older person of his own sex out of doors, the act would be automatic. Let your boy wait on you. Do not rush willy nilly to him. Let him button your shoes, put on and take off your rubbers, perform little services at home. If you are wise you will send him on errands to your friends, give him notes and messages to carry, and otherwise make him at ease when obliged to address some one he knows slightly. Margaret E. Sangster in Woman's Home Companion for March.

THE Greatest of Tonics

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FOR ALL THROAT AND LUNG TROUBLES

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My son had a terrible cough and I was worried to a shadow. Doctor after doctor failed to cure him. He used Psychine and he is now sound as a bell after using Psychine. - Mrs. J. H. H. Irvington, 101 W. 14th St., New York.

My son had a terrible cough and I was worried to a shadow. Doctor after doctor failed to cure him. He used Psychine and he is now sound as a bell after using Psychine. - Mrs. J. H. H. Irvington, 101 W. 14th St., New York.

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AT ALL DEALERS, 50c and \$1.00 A BOTTLE

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Jokes

GOOD ENOUGH

The colored preacher closed his sermon on the new theology thus:—"An' brethren, I wish to say that when Bill is said and done the bell of my fathers is good enough for me."

THE MODERN INSTANCE.

"Go insane, Bill!" yelled the look-out. "Go insane!"

"Wot's eatin' yer?" growled the burglar who was stuffing swag into the sack.

"Go insane, I tell yer. Yes!" comes the cop's.

NOT ALARMING.

"Delia," began Mrs. Newfield, timidly, "I don't suppose—that you would—object to my getting an alarm clock?"

"Not at all, ma'am," replied the sleepy cook; "them things never disturb me at all."—Philadelphia Press.

FOR LAW ENFORCEMENT.

"What are they moving the church for?" "Well, stranger, I'm mayor of these dignities, an' I'm for law enforcement. We've got an ordinance what says no saloon shall be nearer than three hundred feet from a church. I gave 'em three days to move the church."

ATHESISM.

The new boarder at Miss Straightface's "sneet boarding house" didn't seem to take much interest in the prayers at table. Indeed, he did not even bow his head. This went on for several meals, and, finally, Miss Straightface, looking him squarely in the eye, said in her most sarcastic tone, "Atheism, Mr. Smith?"

"No, boll," he replied meekly.

JOHN CHINAMAN.

A prominent lady in San Francisco engaged a Chinaman as cook. When the Celestial came, among other things she asked him his name.

"My name," said the Chinaman, smiling, "is Hang Shoo, Wang Ho."

"Oh, I can't remember 'all that,'" said the lady. "I will just call you John."

John smiled all over and asked: "What your name?"

"My name is Mrs. Franklin Preston Denton."

"Me no 'member all that," said John. "Chinaman he no say Mrs. Franklin Preston Denton. I call you Tommy."

THE SHORT TON.

In a small town in Pennsylvania are two brothers who are engaged in the retail coal business. A noted evangelist visited the town and the elder brother was converted.

For weeks after his conversion he endeavored to persuade his brother to

join the church. One day he said to him: "Why can't you, Richard, join the church as I did?"

"It's all right for you to be a member of the church," replied Richard, "but I join who's going weight the most!"

WHAT A JUBILEE IS.

Some years ago, before Queen Victoria's death and about time that the Queen's jubilee was to be celebrated, the following conversation between two old Scotchwomen was overheard one day on a street corner in London.

"Can ye tell me wumman, what it is they call a jubilee?"

"Well, it's this," said her neighbor. "When folk has been married twenty-five years, that's a silver wuddin; and when they've been married fifty years that's a golden wuddin. But if the man's dead, then it's a jubilee."

\$100 REWARD, \$100.

The readers of this paper will be pleased to learn that there is at least one disease which this science has been able to cure in all its stages; that is Catarrh, Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O.

Sold by all druggists, 75c.

Take Hall's Family Pills for constipation.

THE YARMOUTH TURNED BACK.

Four Hundred Passengers on Steamer Refused Permission to Land at Digby.

St. John, April 3.—The Dominion Atlantic railway steamer Yarmouth, which left here for Digby with about four hundred passengers, returned here to-night with them. They state that at Digby a board of health officers said that if they landed they would be put in quarantine, so all returned. It is said, however, the mails were gotten ashore, but no freight was landed. There have been some cases of small-pox in the lumber camps some twenty miles from St. John and a few days ago a lumberman who had had the disease, but still showed signs of it, was found on the Yarmouth of Digby, having eluded the examining doctor here. He was returned to St. John and placed in the isolation hospital and the steamer fumigated. To-day was her first trip since. It was said by the officials of the line that the Digby authorities announce they will not let any passengers from St. John land unless satisfactory evidence of successful vaccination is given.

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Middleton, N.S., July 1905.

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Steamship Lines

1st. John via Digby

2nd. Boston via Yarmouth.

"Land of Evangeline" Route

On and after MARCH 1, 1907, the Steamship and Train Service on this Railway will be as follows (Sunday excepted):

Trains will arrive at Bridgetown:

Express from Halifax, ... 12.11 a. m.

Express from Yarmouth, ... 2.34 p. m.

Locom. from Richmond, ... 5.10 p. m.

Locom. from Annapolis, ... 7.30 a. m.

Midland Division

Trains of the Midland Division leave Yarmouth daily (except Sundays for Yarmouth) as follows: 7.45 a. m., 1.15 p. m., 5.15 p. m., connecting at Yarmouth with trains of the Yarmouth and Digby Railway, and at Yarmouth with express trains to and from Halifax and Yarmouth.

Boston and Yarmouth Service

S. S. BOSTON.

By far the finest and latest steamer plying out of Boston, leaves Yarmouth, N. S., Wednesday and Saturday immediately on arrival of express train from Halifax, arriving in Boston next morning. Returning leaves Long Wharf, Boston, Tuesday and Friday at 3 p. m.

ST. JOHN AND DIGBY:

ROYAL MAIL S.S. YARMOUTH.

Monday, Wednesday, Thursday and Saturday.

Leaves St. John 7.45 a.m.

Arrives in Digby 10.45 a.m.

Leaves Digby same day after arrival express train from Halifax.

Trains and steamers are run on Atlantic Standard time.

P. GIFFKINS, General Manager, Kentville.

The young men whose pockets are filled with cigarette wrappers, muskatche combs, finger nail cleaners, miniature curling irons, looking glass, etc., are not the ones who will make promising husbands. The pockets of those who are helping to make the country bloom and causing two blades of grass to grow where God planted but one, will be found filled with barbed wire staples, and different sizes of nails and screws. They are the boys the girls had better look after.

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THE JOYS OF CUDDLETIME.

As the evening shadows gather, Then 'tis cuddletime, I know, When my baby, dressed for Dreamland, Comes a-cuddling to me so; Comes and begs of me to hold him On my knee and "rock-a-bye." As the purpling sun sinks lower In the gleaming western sky, And he cuddles to me nearer, As the twilight softly glows, And across the dusky portals Ghostly, flickering shadows throw; And two dimpled arms about me Are clasped tighter for a kiss— And, was ever richer necklace Placed about one's neck than this? Soon the drooping, drooping lashes Cover up two eyes of brown, And the touselled head so golden On my breast sinks lower down, Ah, the sweetness of the pleasure, Making life one golden rhyme, With a dimpled smile to fondle When it comes to cuddletime!

GENTLE AND EFFECTIVE

A well-known Manitoba editor writes: "As an inside worker I find Chamberlain's Stomach and Liver Tablets invaluable for the touches of biliousness natural to sedentary life, their action being gentle and effective, clearing the digestive tract and the head." Price, 25 cents. Samples free. W. A. Warren, Plm. B.

A TRICK WORTH KNOWING.

(N. E. Homestead.)

I learned something worth while the other day by going with one of the men folks to buy a suit of clothes. When the selection had been made it was found that the trousers were too long and had to be shortened by the tailor of the establishment. He said it would take but a few minutes, so we decided to wait.

It so happened that I sat where I could see the operation, which was a revelation to me. I was surprised to see a common, old-fashioned flatiron, instead of the usual tailor's "goose," put to heat. Then he cut off the needed amount, using a curved measure as a guide. One could make such a measure out of heavy pasteboard, taking the bottom of a pair of trousers to get the shape. He then proceeded to turn up the hem over a strip of "tissue," which he had on a large spool, and having it in place. When this was done he took a felt pad, an inch thick and about fourteen inches long, the width of the bottom of the garment, slipped it inside and laid it on the

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