WEEKLY MONITOR.

Agricultural.

Feed Your Land.

# Miscellancous.

#### The Salmon's Annual Migration.

Every year, as the summer season apthe salmon of the Atlantic ocean leave their feeding grounds in the northern that raise enough barnyard manure to keep seas and enter clear, gool rivers of the ex- their farms up, still less to improve the contreme eastern United States and the Cana- dition of the soil. This is an acknowledged dian provinces. Impelled by a singular fact. Yet how many farmers are there that Instinct, this noble fish, day after day, week know this, and still do not try any other Institut, this holds have a distributed in the swiftest rapids and through the quiet pools, leaping every ob-see that his land is improving in quality. struction. During the whole summer this As there are so many ways of enriching the great army pushes onward, dividing at the forks of the river and braking up into still smaller bands where tributaries enter. Of the great multitude that left the ocean, every crop of clover plowed under in June, the fish has reached the very spot, the very pool, | land worked thoroughly on top till the end where it was born and lived the first eight of August, then let it be gang-plowed, and it months of its life-except the many that will be in first-rate order for wheat, and on never passed the cruel nets, and those that light land especially it will raise just as good jumped at the beautiful flies which are tied a sample, and as much, if not more grain to to long silken lines, or else, dazzled by the the acre than on a bare summerfallow with gleam of torches, were pulled into canoes by a good coating of barnyard manure. For oats, a second crop of clover can be men with spears. plowed under to advantage. Cut the first

At length the object of their weary march is attained, and so the army disbands. The long,journey has been conducted in a leisure-let the second crop get a good start. Some ly way, only a few miles each day, but with farmers sow land plaster after the first crop nderful persistence. Enemies in the water, has been taken off, so as to make the second fishermen with rods and reels and poachers | crop as heavy as possible, which is a good with spears, thin their ranks, but those who plan. Even if clover is not plowed under it reach their homes at the head of the river are | leaves the land richer, as it draws so much protected by a wise law, which prohibits nitrogen into the soil. As clover is a high their capture from the time they begin to price now, no doubt many farmers will not lay their eggs until the anchor ice, choking sow much, if any; but even if it costs ten the stream, drives back to the sea the fish, dollars a bushel and you sow say twelve now lean and hungry with long fasting; for pounds to the acre and plow it under, it is the salmon is a dainty feeder in its summer really very cheap for manure, as the twelve home, touching the most tempting and alluring flies only occasionally. Yet atiny young dollars, and then there is so very little work salmon, called a 'parr,' having attained the connected with it. first six or eight inches of its length in fresh water, returns the following year a year old salmon, or 'grilse,' of four pounds weight.

Bits of Wisdom

they contain potash. Then, again, there are fertilizers, such as A little weed has no more right to be in bone and potash, nitrate of soda (which the garden than big a one. comes from South America), Peruvian guand God never had much to say to people who (which is the excrementitious deposit of cer-tain sea fowl, which is found on the coast of insist on living in the dark. It is much easier to backslide at camp-Peru and islands off the coast). No doubt meeting than it is in time of shipwreck. soluble fertilizers, if properly applied, are a Nobody knows better how the Christian great help to the crop; but, as the prices are ought to carry himself than the hypocrite. so high, great care must be taken, for al-The crookeder a man can make other pcothough more grain may be raised where the ple look the straighter he thinks he is himfertilizer has been applied, yet it is quite

It is a dangerous day for a preacher when possible that there will not be a sufficient he preaches the greatest sermon in his life. The woman who paints her face forgets that the world is full of people who have good | farmers most certainly to try some fertilizer, eyesight. When God wants to know how much real are found to be a paying investment continue

salt there is in the earth, he don't go to min- to apply them in larger quantities. I have used nitrate of soda on light land to advanisterial reports to find out. The devil is more afraid of the testimony tage. One thing is very important, and of a young convert than he is of the tallest that is, do not sow a fertilizer unless your land is clean. It would be well also if land kind of a church steeple.

The world is full of trouble because there was well worked and free from foul weeds are so many folks who would rather have ten before manure of any kind was applied. In conclusion, I would recommend all who cents now than ten dollars after awhile.

exploit, he begins to find a good deal of sat- turnips. The old adage is very true: "Feed your land, and it will feed you." isfaction in looking at himself

Better Than Cosmetics.

Grass is the forgiveness of nature-her You sometimes see a woman whose old age constant benediction. Fields trampled with ttle, torn with the ruts of can her youth. You wonder how this has come about. Here are some of the reasons: She knew how to forget disagreeable things. She understood the art of enjoyment. She believed in the goodness of her own daughters and in that of her neighbours. She cultivated a good digestion. She mastered the art of saying pleasant | vitality and emerges upon the solicitation of words. She made whatever work came to her congenial. She relieved the miserable, and sympathized with the sorrowful. She did whatever came to her cheerful and well. She never forgot that kind words and a smile cost nothing, but are priceless treasures to the discouraged. She did unto others as she would be done by, and now that there is a halo of white hair about her head she is loved and considwhich it has been expelled, but which it ered. This is the secret of long life and a happy

The Monschold. The Housekeeper's Alphabet. BY J. E. RICHARDSON, PRINCETON, ONT. Apples. Keep in a dry place as cool In Nova Scotia there are few farmers ible without freezing. Brooms. Hang in the cellar way to keep soft and pliant. Cranberries. Keep under water in the cel r; change water monthly. Dish of hot water set in oven preven

> akes, etc., from soorching. Economize time, health and means, and For Rendering you will never beg. Pastry Flour. Keep cool, dry, and securely covered. Short or Friable. Glass. Clean with a quart of water mixed with a tablespoonful of ammonia. Herbs. Gather when beginning to blossom

"A

Word

Because

features.

. . .

. . .

GOING WEST.

illwater

Shaws Bog Siding Mount Densor

and keep in paper sacks. Ink Stains. Wet with spirits of turper tine; after three hours rub well. Jars. To prevent, get husband to subscribe for the home paper. Keep an account of all supplies, with cost and date purchased.

Love lightens labour. Money. Count carefully when you receive Nutmegs. Prick with a pin, and, if good, oil will run out. Orange and lemon peel. Dry, pound, and keep in bottles Parsnips Keep in the ground until spring. Quicksilver and the white of an egg destroy bed bugs.

Rice. Select large, with a fresh, clean look; old rice may have insects. Sugar. For general use granulated is the Tea. Equal parts of Japan and green are as good as English breakfast. Use a cement of ashes, salt and water f

cracks in stoves. Variety is the culinary spice Then, there are wood ashes. Ashes Watch your back yard: keep it clear from should be kept under cover, and will be dirt and bones. found very beneficial to wheat, peas, grasses, Xantippe was a scold. Don't imitate her. potatoes, etc., especially on light land, as Zinc-lined sinks are better than wooder

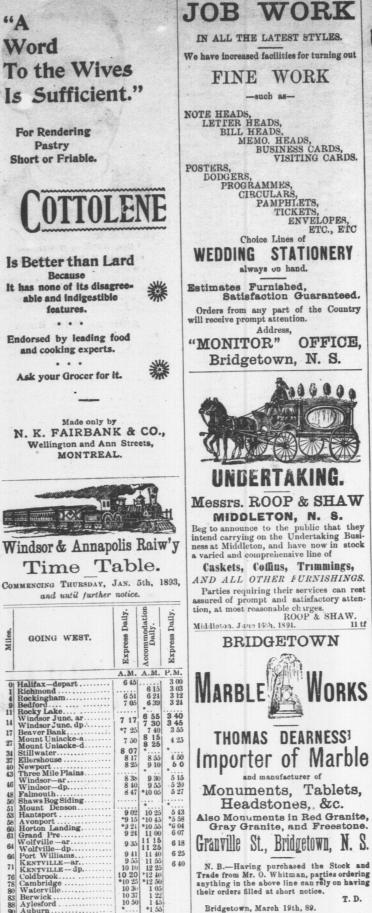
change.

Why Beat Eggs? Since the introduction of baking powder. t has never been necessary to beat eggs. Let your materials be good, and after rubbing the butter and sugar to a cream, add the eggs, milk, seasoning and sifted flour, with baking powder, and spend the energy you would have wasted on the eggs in thorough ly beating the cake as a whole; then if your material was good, your cake, no matter what its name is, will be good also, and if you grease your pans with sweet lard instead of butter, and line with paper, your cake 9 Bedford 11 Rocky Lake.... Windsor Junc, ar. 14 Windsor Junc, dp. 17 Beaver Bank... Mount Uniacke-a. Mount Uniacke-d. Stillwator will come out whole, no matter how rich it may be. Beating eggs is a superfluous labor handed down by conservative women since the days when cakes were "lightened" with saleratus, ammonia, or beaten eggs alone. 40 Newport 43 Three Mile Plains Futhermore, in all cakes made with butter, which are to have a distinct color and flavor, as fruit, coffee, ginger, chocolate, cochineal, pork cake and cookies, eggs are unnecessary. They are needed in cakes made with no A man never needs the grace of God any go in for mixed farming to feed all their shortening, or to which we wish to give the more than he does when, by some unusual coarse grain, and not sell hay, straw or color or flavor of eggs, as sponge gold, and cream cakes, and doughnuts. Let us have more confidence in our baking-powder. I have trusted it, lo! these many years, and it has not failed me.

OYSTER SHORTCAKE .- Make the crust of

a full pint of flour, one and one half tea-

poonfuls baking powder, half a teaspoonful



WE ARE PREPARED TO DO

# WEDNESDAY, JUNE 14, 1893.

DIGBY COUNTY MIRACLE. narkable Experience of a Well-known Sea Captain. ANODYNE

AGAIN RESTORED. Probably one of the best known men in Digby County, N. S., is Captain James Mc-Kay, of Tiverton. The Captain is known among ship owners, as a first-class mariner and pilot, has been chieffy engaged in the West Indies trade, and has been very fortu-nate with the vessels under his charge. Some three years ago, Captain McKay had a very severe attack of la grippe, which gradually developed into more serious trou-bles, until his life was dispaired of. It was with deep regret that his semployers and friends saw him sink gradually under a ter-rible disease, until his death seemed only a question of a few weeks. At this time, when physicians could do nothing for him, he was induced to try Dr. Williams' Piak Pills, and by that wonderful medicine was restored to health and strength. Captain UNLIKE ANY OTHER FOR INTERNAL as EXTERNAL use. Originated by an Old Family Physician Think Of It. In use for more than Eighty ration after Generation have used and blessed it. Every Sufferer Sciation aver a both Every Traveler should have a both Every Sufferer Sciation

nervous Headache, Diphtheria, Coughs, C chitis, Asthwa, Cholera-Morbus, Diarrhee lorenesa in Body or Limbs, Stiff Jointa vill find in this old Anodyne relief and Every Mother Anod lic, Cuts, Bruises, Cra r in any family with life. Relieves all Sum Sore Throat, Tonsilitis, Coli and Pains liable to occur notice. Delays may cost a ! igic. Price, 85 cts. post-paid; 6 bot id, L S. Tohnson & Co., Boston, Mass

BRIDCETOWN IVERY STABLES



won't hurt, and besides I always think I may be aiding some person who is now suffering as I suffered and giving them a clean bill of health. To begin at the beginning, I had la grippe about three years ago and that tied me up pretty well. I wan't fit to take charge of a ship, so sailed south as far as Milk River, Jamaica, as nurse and companion for an in-valid gentleman. The weather at that season was simply melting, and I used to lie on the deck at night, and in my weakened condi-tion got some sort of fever. When I reached home I was completely used up and continu-ed to get worse until I could hardly move about. At times my limbs would become THE subscriber, having purchased the entire outfit and good-will of the Livery Business enjoyed by Mr. Wm. C. Bath for a number of years past, begs to notify his many friends and the travelling public that he is prepared, at a moment's notice, to furnish any kind of an oute roomy and centrally

cams always on hand at station on arrival A specialty will be made of Truckirg with moderate charges. #37 When you want a nobby fit-out, a place to bait your horse, or any information connected with the livery business, ask for

N. E. CHUTE. Proprietor of the Bridgetown Livery Stables. Bridgetown, April 25th, 1893.—4

Cured

REV. J. T. CARR, PITTSFIELD, ME. LIVER and . . Two Bottles KIDNEYS. . . **Groder**' **Badly Affected.** Syrup

FOOD WOULD

SOUR IN 30

MINUTES

Joker's Corner.

Brother Gardner's Maxims. APTAIN JAMES MCKAY TELLS HIS STORY OF A mewl may be blind in one eye, but I SUFFERING AND RELEASE—HIS RECOVERY WAS DISFAIRED OF AND HE LONGED FOR DEATH—"THE DARKEST HOUR IS JUST BEFORE THE DAWN," AND WITH IT CAME hev allus noticed dat he kicks on dat side jest as quick as on de odder. In de case of mewls it's de hoofs you want to look out fur A RAY OF HOPE-HEALTH AND STRENGTH

Comets may cum and comets may go, but it's our bizness to keep right on whit at reg'lar figgers, jest de same as if comets was sellin' for two cents apiece at the co'ner

> grocery. While I ar' constitushunally opposed to de theory of lynch law, I hev invariably noticed dat de practice of it nebber seems to hurt anybody 'cept de man who counted on

a trial an' a disagreement of de jury. Any fule kin kick agin sarcumstances, but it am de wise man who conquers misfortune an' spits on his hands to tackle advaraity. I hey knowed instances of a county treasurer mysteriously disappearin' and his ac-counts bein' found all right, but I didn't give him any credit for it. He simply skipped a cogg somwhar. So long as liberty was a persimmon growin'

he was induced to try Dr. Williams' Pink Pills, and by that wonderful medicine was restored to health and strength. Captain MoKay's almost miraculous recovery created no little amazement, and as much interest was manifested in it, both in his own village and in the adjacent places where he is so well known, that *The Free Press* thought the matter of sufficient importance to the public, to get a statement of the facts from Captain MoKay, and accordingly detailed a reporter to interview him with that end in view, when the following facts came into his possession: on the highest branch of de tree everybody looked up to it with reverence. Now dat it has become a pumkin kickin' around u foot nobody pays any attenshun.

Easy When you Know How

possession: "I have heard," said the reporter f'that your recovery was wonderful, and was brought about entirely by the use of Dr. Williams' Pink Pills. Would you let me Casey was digging a ditch in the street in the front of his house for the purpose of mak-ing a connection with the sewer. He had a large nile of dirt thrown up in the roadway which is particulars of your illness and res-toration to health?" "Certainly," replied Capt. McKay. "I have told the story a hundred times already, but at the truth never wears out once more won't hurt, and besides I always think I may and he was rapidly increasing it when stopped by a policeman.

"Phat are yez doin' there, Casey?" "Don't yer see Oi'm diggin'?" "Hev yez a permit to blockade the sthrate with that pile of dirt?"

"Oi hov not." "Thin don't yer know that yez hey no right to put the dirt there?" "Phat will Oi do wid it, thin?" the puzzled Casey.

"Oh' j'st dig another hole an' t'ro it in," answered the man of the brass buttons, as he sauntered slowly away, swinging his

What He Died For

ed to get worse until I could hardly move about. At times my limbs would become numb with a tingling senisation, as though a thousand needles were being stuck into me. Then my eyesight began to fail. It was difficult for me to distinguish persons at a distance. My face became swollen and drawn, and my eyes almost closed. At times my flesh would assume a greyish color and remain for days in that state, being at the same time cold and death-like." "Could the doctors do nothing for you?" An American coroner recently reasoned out a verdict more sensibly than one half the verdicts usually rendered. It appears that an Irishman, conceiving that a little powder thrown on some green wood would facilitate its burning, directed a small stream from a

the same time cold and death-like." thrown on some green wood would facilitate "Could the doctors do nothing for you?" enquired the reporter. "Seemingly not. They gave advice, sent medicine, and rendered their bills promptly, so that I think they derived the most bene-fit, for under their treatment I did not in-prove a bit. At last I got so bad that I lota all ambition, I suffered terribly, was only a burden to my friends, and actually longed for death, which all thought was soon in store for me. But the darkest hour is just before the dawn. I had become so bad that I hardly cared how soon I slipped my cable. He attributed his cure to Dr. Williams' Pink Pills, and I though I that there might be a chance for me, though I confess I had at that time but very little faith in any medi-cine. To make a long story short I began the use of Dr. Williams' Pink Pills and soon-found that they were helping me, and their the use of Dr. Williams' Pink Pills and soon-found that they were expected to see me around again. Since that time I have recommended Dr. Williams' Pink Pills to several persons who have used them with source around again. Since that time I have the rear one blind one. He was greatly worried orer it, and swore that some great evill was about to fall upon him. He had heard that to dream of rats foreboded some dire calam-ity. In vain did he appeal to bis wife, but she could not relieve him. His son, who, by the way, was a bright lad, hearing the did it with all the suicher of the indivention of the source of the indivention of the source of the s good results, and I feel it my duty to advise their use by people who are run down or suffer from the effects of any chronic ailment. dream told, voluuteered to interpret it, and he did it with all the wisdom of a Joseph. their use by people who are run down of suffer from the effects of any chronic ailment. I believe they saved my life, and you may be sure I am grateful." Dr. Williams' Pink Pills for Pale People are manufactured by the Dr. Williams' Med-icine Co., of Brockville, Ont., and Schenec-tady, N. Y., a firm of unquestioned reliabil-ity. Pink Pills are not looked on as a patent medicine but rather as a prescription. An analysis of their properties show that these pills are an unfailing specific from all dis-eases arising from an impoverished condition of the blood, or from an impoverished condition of the blood, or from an impoverished condition of green sickness, general muscular weakness, dizzinosa, loss of memory, locomotor ataxia, paralysis, sciatica, rheumatism, St. Vitus' dance, the after affects of la grippe, all dis-eases depending upon a vitiated condition of Said he: "The fat rat is the man who keeps the public house where ye gang to sae aften, and the twa lean ones are me and my mither, and the blind one is yoursel', father.

#### Early Rising not Always a Virtue.

Thousands of people have no choice whatever about their hour of rising in the morn. late the world.

ing. Later or earlier, that hour is fixed for them by the requirements of the office, the shop, or the class-room; by the time table of the railroad, by the arbitration of their employer or the necessity of their employes. But in the cases manifold where personal liberty is enjoyed, it should not be thoughtlessly restricted simply because of the domestic tradition that early rising deserves praise and late rising blame. Breakfast may ften be a movable feast without materially disturbing the routine of an orderly housekeeping day. Invalids, mothers whose rest has been broken by teething babies, and, above all, rapidly growing children, should dred square feet a gulp. If you doubt this have their sleep out. Nature demands this, and violence is done to her when sleepy people are rudely aroused from their beds. Early to bed is the single safe prescription to an acre, you will see that it brings the land insure early to rise

We need to repeat it over and over to our ten square feet. Now pour down the firery hurrying, anxious, toiling Canadian men and dose and imagine you are swallowing a women. Rest, rest, and again rest. Do not strawberry patch. Call in five of your think time ill spent that is spent in repairing ravages of our well nigh incessant activ-

The Little Things.

How many of us, when we wake in the morning, resolve to do all we can, and going out, coming in contact with the world, for-

get to be pleasant, forget the smile, kind ord and act, wanting to do some great Leaving the little things undone, the pleasant good-morning, the grasp of the vises care in transplanting, as the wild berhand, the thousand and one little things ries differ in size and flavor. Select bushes

one unaccustomed to kindnesses, how much it is to them no one but the heavenly Father roots in good strong land and mulch them vanilla. Not a sparrow falls to the ground with-

out our heavenly Father's notice; and re- will make more and will begin bearing, and membering this, let each one of us do all the will probably improve in quality and size of good we can.

If we cannot receive the applause of men ing wild. The blueberry is a berry univerbecause we fail to do some great act, let us sally liked, and it has no equal from the because we fail to do some great act, let us receive the "Well done, good and faithful servant: thou hast been faithful over few things, I will make thee ruler over many," sells at a profit. If improved by culture, and be more than content.

Take A Plebiscite.

Take A Pleoiscite. Should a plebiscite be taken it would be found that Burdock Blood Bitters is by long odds the most successful and popular cure for dyspepsia, headache, constipation, bil-iouaness, bad blood, etc. It is parely vege-

A POINT WELL TAKEN .- "The attempt to save souls by boycott" is what the New Vork World calls the clerical protests against the Sunday opening of the fair, and the phrase seems to hit the mark very precisely.

says: "Thad been in a distressed condition f threeycars from Nervousness, Weakness of th Stomach, Dyspepsia and Indigestion until m health was gone. I bought one bottle of Sout American Nervine, which done me mere good than any \$50 worth of doctoring Leverdid n my life. I would advise every weakly person to me

-Minard's Liuiment enres Garget in Cows.

green with grass, and carnage is forgotten. butter, and milk to make a dough just stiff Streets abandoned by traffic become grassgrown, like rural lanes, and are obliterated. fit a deep tin; spread a little butter over the Forests decay, harvests perish, flowers vantop; then roll the other half, and lay over ish, but grass is immortal. Beleaguered by the first and bake. While baking, prepare the sullen hosts of winter it withdraws into the following: Drain the liquor from a quart the impregnable fortress of its subterranean of oysters: place this liquor with one and one-half pints of milk in a saucepan, bring spring. Sown by the winds, by wandering to a boil, then add a little thickening, a birds, propagated by the subtle horticulture tablespoonful of butter, with salt and pepof the elements which are its ministers and per to taste Put the oysters in, and as servants, it softens the rude outlines of the soon asit boils up thoroughly, split the cake world. It evades the solitudes of deserts, crusts apart, pour in the oysters, and serve climbs the inaccessible slopes and pinnacles at once! The delicacy of the dish depends of mountains, modifies the history, character on eating it at once before the under crust and destiny of nations. Unobtrusive and becomes soaked. sion. Banished from the thoroughfare and DELICIOUS CHOCOLATE CARAMELS .-- The field it bides its time to return, and when secret of success with these caramels is to vigilance is relaxed or the dynasty has perboil to the right thickness, and the length ished it silently resumes the throne from of time required to bring them to this point

increase in the yield of the crop to pay for

but on a small scale at first, and then if they

Grass.

depends on the quality of the sugar used. never abdicates. It bears no blazonry of Fifteen minutes of hard boiling will usually bloom to charm the sences with fragrance or be sufficient. Six tablespoonfuls of butter, splendor, but its homely hue is more enchantthree pounds of light brown sugar, one cup ing than the lily or the rose. It yields no of milk, one cake of Baker's chocolate brokfruit in earth or air, yet should its harvest en into small pieces, one and one-half teafail for a single year famine would depopuspoonfuls of vanilla flavoring to be added after taking from the stove. A half cup of cream may be used for half the amount of How To Drink a Farm. butter. Boil until thick, stirring constantly Bob Burdette gives this simple recipe: after the boiling begins. Flavor, pour into buttered pans, and when cool check with a " My homeless friend with a chromatic nose, sharp knife into squares. If properly made while you are stirring up the sugar in a ten the caramels should break apart like maple cent glass of gin, let me give you a fact to sugar.

wash down with it. You may say you have longed for years for the free, independent GINGER CHIPS. - Rub half a pound of butlife of the farmer, but have never been able ter in a pound and a half of flour; mix in to get money enough together to buy a farm. half a pound of brown sugar rolled free from But there is just where you are mistaken. half a pound of brown sugar rolled iree from lumps. Add a tablespoonful of powdered ginger, a teaspoonful of powdered cinnamon and a teaspoonful of powdered cinnamon and a teaspoonful of powdered cloves. Mix well, and stir in a pint of New Orleans or West India molasses, and the grated peel of a large lemon. Add a small teaspoonful of baking soda dissolved in tepid water. Stir very hard with a wooden spoon, and add enough sifted flour to make it stiff enough to roll out. Roll very thin, and cut with a jagging iron into strips one inch wide and lumps. Add a tablespoonful of powdered For some years you have been drinking a good, improved farm at the rate of a hunstatement, figure it out yourself. An acre mating for convenience the land at \$43.56 to just one mill per square foot, one cent for jagging iron into strips one inch wide and four inches long. Bake in a moderate oven. friends and have them help you gulp down that 500-foot garden. Get on a prolonged spree some day and see how long it requires

to swallow a pasture land to feed a cow. Put down that glass of gin; there is dirt in it-one hundred feet of good, rich dirt, worth \$43.56 per acre. -Blueberries as a garden berry are prac

tically unknown, but the Manchester Union says the bushes will do excellently if transplanted, and improve by cultivation as much as other small fruits. This authority adcup, three drops of extract of vanilla added, and behold! nectar, honey, nor maple syrup could excel our "lacent sirop tinct with" at all stations. W. R. CAMPBELL. General Manager and Secretary Resident Manager. that seem so insignificant to us; yet to some that produce the best fruit, and cut them

> well. The first season they will make some -Those who are fond of a nice, pungent growth of wood, but the second year they bit of green salad in winter, are advised try young mustard. Take a shallow cigar box, or pot, and fill it with earth with a litfruit above their usual product while grow tle clean sand on top, and sow some mus tard seed quite thickly on it; moisten the whole and put it in a warm place. In two or three days the seeds will have germinated, and in a few days more the scedlings will be big enough to cut and eat. Between sowthere will be a proportinate increase in the selling price. Our farmers can try this ber- ing and eating should be ten days, and one can keep up as many successions as desired. ry in their gardens with small outlay of

money. That farm has not reached its best -FARINA BANANA is a dish of which estate which does not have somewhere on it a garden of small fruits and table luxuries Good Health" tells: For one quart of rich milk take four tablespoonfuls of farina, and cook in a double boiler one hour. Add two like the vegetables which are eaten as salads. The small fruits, once started, take care of tablespoonfuls of sugar, and when it is slightthemselves, and give large returns even for ly cooled, pour it over thin slices of banana. neglect. A little care makes them pay as Serve without dressing, either warm well as anything on the farm. cold.

wo puddles mamma

Piteher's Castoria,

A Prompt Cure. GENTLEMEN,-Having suffered over two GENTLEMEN, - Having subred over tw years with constipation, and the doctors no having helped me, I concluded to try B. E B., and before I used one bottle I was cure I can also recommend it for sick headache. ETHEL D. HAINES, Lake View, Ont. pan, the outside uppermost, and bake the stove, covered with a second pan if late

in the afternoon and the oven is poor. -A dose for each attack .- Johnnie (who got his feet wet and had just finished a hot -I'm after yon, sufferers from Dyspepeia, with K. D. C. It is a guaranteed cure and sells on its merits. K. D. C. Company, Ltd. New Glasgow, N. S. Canada, or 127 State St. Boston, Mass. nch given in consequence)-I-I was in

--- Minard's Liniment cures Diphtheria. -Minard's Lightent cures Colds, sto,

11 05 11 12  $245 \\ 255 \\ 315 \\ 330 \\ 350$ 11 22 11 37 \*11 45 11 58 enough to roll. Halve it, and roll out to fit a deep tin; spread a little butter over the 116 Bridgeto 12 17 4 20 12 35 4 45 P. M GOING EAST. A.M. A 0 ANNAPOLIS-dp. 6 Roundhill 6 10 12 45 6 35 1 03 Tupperville Bridgetown Paradise 9 10 9 40 9 55 rwick 10 20 KENTVILLE-ar KENTVILLE-di Port Williams. Wolfville-dp. Volfville-dp. 3 20 3 38 6 13 11 15 3 38 6 20 11 25 3 44 69 Grand Pre..... 70 Horton Landing. 3 53 \*3 56 72 Avonport ..... 74 Avonport ..... 74 Mount Denson ... 75 Shaws Bog Siding 74 Falmouth 12 00 \*1 02 12 20 4 15 84 WINDSOR—ar... WINDSOR—dp... 87 Three Mile Plain ewport.. Stillwaler.
Mt. Uniacke, ar.
Mt. Uniacke, dp.
Beaver Bank.
Windsor Junc. ar.
Windsor Junc. dp.
Rocky Lake.
Bedford. 8 25 2 35 5 30 8 50 3 05 5 53 9 00 3 15 6 00 Rockingham.



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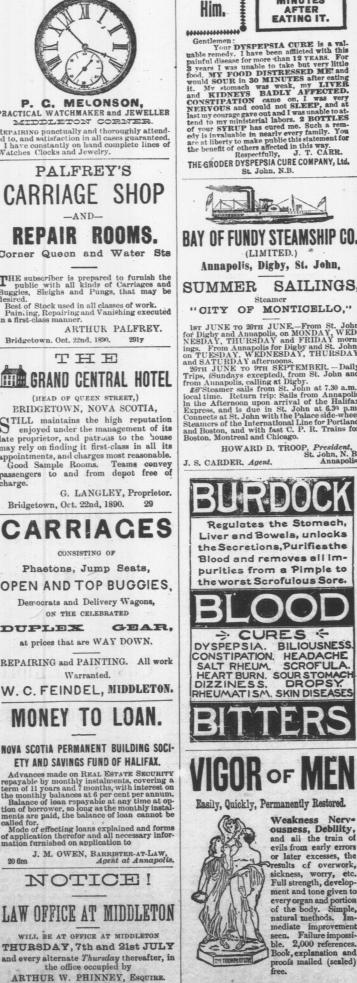
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AGENTS :

es, at Bridgetown, s, at houth Farmingto

CAPITAL, ASSETS.

£1,200,000. - £1,631.015.



Your DYSPEPSIA CURE is a val-Your DYSPEPSIA CURE is a val-remedy. I have been afflicted with this remedy. I have been afflicted with this uable remedy. I have been afficted with time painful disease for more than 12 YEARS. For 3 years I was unable to take but very little food. MY FOOD DISTRESSED ME<sup>2</sup> and would SOUR in 30 MINUTES after eating it. My stomach was weak, my LIVER would SOUR in 30 MINUTES atter caunage if. My stomach was weak, my LIVEE and KIDNEYS BADLY AFFEOTED. CONSTIPATION came on, I was very NERVOUS and could not SLEEP, and at last my courage gave out and I was unable tot-tend to my ministerial labors. 2 BOTTLES of your SYRUP has cured me. Such a You edy is invaluable in nearly every family a term edy is invaluable in nearly every family to make public this statement for the benefit of others affected in this way. Respectfully, J. T. CARR. THE GRODER DYSPEPSIA CURE COMPANY, Ltd.

dance, the after affects of la grippe, all dis-eases depending upon a vitiated condition of the blood, such as scrofula, chronic erysipe-las, etc. They are also a specific for the troubles peculiar to the female system, cor-recting irregularities, suppressions and all forms of female weakness, building anew the blood and restoring the glow of health to pale and sallow cheeks. In the case of men they effect a radical cure in all cases arising from mental worry, overwork or excesses

they effect a radical cure in all cases arising from mental worry, overwork or excesses of any nature. These pills are not a pur-gative medicine. They contain only life-giving properties, and nothing that could injure the most delicate system. They act directly on the blood, supplying its life-giving qualities, by assisting it to absorb oxygen, that great supporter of all organic life. In this way, the blood becoming "built up," and being supplied with its lacking constituents, becomes rich and red, nourishes the various organs, stimulating them to activity in the performance of their functions and thus eliminate diseases from the system. (LIMITED.) Annapolis, Digby, St. John,

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Ist JUNE TO 20TH JUNE.-From St. John for Digby and Annapolis, on MONDAY, WED-NESDAY, THURSDAY and FRIDAY morn-ings. From Annapolis for Digby and St. John, on TUESDAY, WEDNESDAY, THURSDAY and SATURDAY afternoons. 20TH JUNE TO STIT SEPTEMBER. - Daily Trips, (Sundays excepted), from St. John and from Annapolis, calling at Digby. 23TSteamer sails from St. John at 7.30 a.m., 23TSteamer sails from St. John at 7.30 a.m., Dr. William's Pink Pills are sold only in

boxes bearing the firm's trade mark and wrapper (printed in red ink). Bear in mind that Dr. Williams' Pink Pills are never sold AT Steamer sains from St. solar of Annapolis ocal time. Return trip: Sails from Annapolis a the Afternoon upon arrival of the Halifax xpress, and is due in St. John at 6.39 p.m. Jonnects at St. John with the Palace side-wheel in bulk, or by the dozen or hundred, and any dealer who offers substitutes in this form is trying to defraud you and should be avoided. The public are also cautioned against all other so-called blood builders mers of the International Line for F Boston, and with fast C. P. R. Tr ton, Montreal and Chicago.

HOWARD D. TROOP, President, St. john, N. B. ARDER, Agent, Annapolis

against all other so-called blood builders and nerve tonics, put up in similar form in-tended to deceive. They are all imitations, whose makers hope to resp a pecuniary ad-vantage from the wonderful reputation achieved by Dr. Williams' Pink Pills. Ask your dealer for Dr. Williams' Pink Pills for Pale People and refuse all imitations and substitutes. BURDOCK Regulates the Stomach, Dr. Williams' Pink Pills may be had of Liver and Bowels, unlocks Dr. Williams rink rins may be had of all druggists, or direct by mail from Dr. Williams' Medicine Company from either address, at 50 cents a box, or six boxes for \$2.50. The price at which these pills are sold makes a course of treatment compara-tively inexpensive as compared with other remedies or medical treatment. the Secretions, Purifies the Blood and removes all impurities from a Pimple to the worst Scrofulous Sore. ,00 -The man who found a fortune in a valise bought at an unclaimed baggage sale, the pawnbroker who found a treasure in the > CURES + DYSPEPSIA. BILIOUSNESS

pockets of clothing left with him, and the CONSTIPATION HEADACHE SALT RHEUM, SCROFULA, HEART BURN, SOUR STOMACH DIZZINESS, DROPSY RHEUMATISM, SKIN DISEASES man who has discovered the hiding-place of untold wealth buried by pirates have all turned up at the same time. Curiously enough, each one of them has confided in a newspaper reporter and secured an adver-

TERS tisement which may cause him to lose his

who relinquished a bequest of \$500,000 and \$100. declined a matrimonial alliance with a captain in the British Army in order that she Weakness Nervtoo frequently of the sacrifices she has made.

-Cure that Dyspeptic with K. D. C. and bring happiness to the home again. Free Sample, K. D. C. Company, Ltd. New Glas-gow, N. S., Canada, or 127 State St., Boston, Mass. evils from early errors or later excesses, the or sults of overwork, sickness, worry, etc. Full strength, develop-ment and tone given to

every organ and portion of the body. Simple, natural methods. Imseen. Failure impossi-ble. 2,000 references. Book, explanation and proofs mailed (sealed)

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Something New and Delicious!

neen St., r Bridgetown

Garden Sass. "Is your garden coming up rapidly?" MAPLE ICE CREAM "Yes, very; the chickens have discove

where there is paling off." TAYLOR'S,

Editor (reaching for his walking stick) .-So you are the person who sends the poems from Polecat Hollow?

The Poet (with pride).-I am he, indeed; and I came down to subscribe for your paper.

Editor(agitated).-Oh-er-allow methen, sir, to present to you this cane, as a token of my esteem! I purchased it expressly for you.

Still a Mystery.

Mamma-Why don't you go to sleep? Hubert-I am just lying awake to see if I can find out how I fall to sleep. Last night

I tried it. Mamma -And did you find out? Hubert-No, mamma, I didn't. After I had been awake about three hours, I fell

asleep accidentally. A Missionary.

Hennessey-Poor Doc. is a terrible drunk-

Pepper-Yes; and yet he does a great deal of good in the world.

Hennessey-How Pepper-Almost every time he gets drunk he swears off with someone, and now and then one of the fellows he swears off with keeps his pledge.

-A farmer employed Pat to mow a field for him. After sharpening the scythe very carefully he told Pat that it would cut itself. The farmer showed him the field and left him. About mid-day he went to the field to call Pat to dinner and espied Pat serenely sitting on the fence. Hello Pat, how is it that you are not mowing said the farmer. Be jaber,

says Pat, stand back, you don't know the minute she'll start.

An Undecided Point.

"Yis, mum," said Norak O'Dowd; "th' place an' wages suits me, mum, an' the even in's out are all roight, but"----

"But what?" "Oi hoven't seen your husband yit. Sind him 'round, an' if Oi likes his looks Oi'll accept the situation."

### Playing to Win.

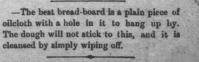
Husband and wife are playing cards. Wife-Let us play for something. Husband-Well, what shall it be? Wife-Let us play for a silk dress. If you lose I'll pick out the dress, and if I lose you CAUTION NECESSARY .- The Indiana girl | can pick it out; but it mustn' t cost less than

-The new baby had proved itself possesson might be free to marry the man of her choice deserves to be happy; but she should be cised them, much to Johnny's annoyance. careful not to remind her intended husband One day he said to his mother: "Ma, my little brother came from heaven, did'nt "he?" "Yes, dear." Johnny was silent for some time, and then he went on: "Say, Ma." "What is it, Johnny?" "I don't blame the

A Close Resemblance.

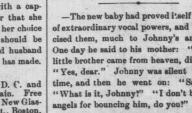
Many symptoms of Canadian cholera are imilar to those of the real Asiatic cholera, ents at druggists.

-Tailor-Married or unmarried? Customer-Married. Tailor (to cutter)-One pocket concealed in lining of vest. Cus tomer-Eh! What's that? Tailor (explai ing)-To hide your change, you know, at night. I'm married myself.



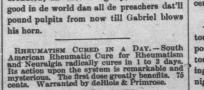
-A. I. Truman, Barrister, St. John, uses Hawker's Tolu as a family medicine, and recommends it to all afflicted with colds. -Now your blood should be purified. Take Hood's Sarsaparilla, the best string medicine and blood purifier.

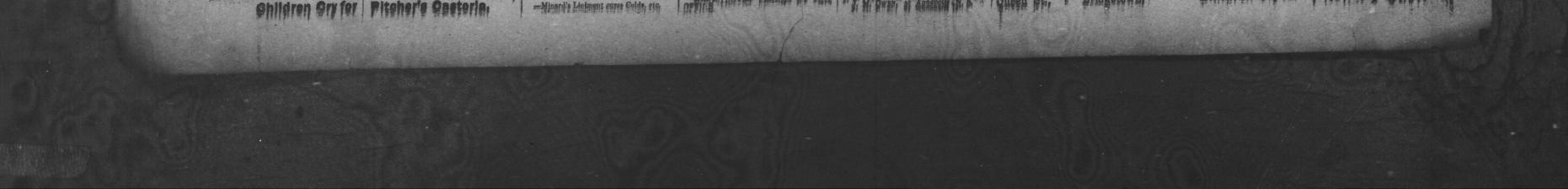
ohildren Gry fer | Pitcher's Gastoria,



# Rev. Plink Plunk on Good Humor.

#### De man dat has been blessed by de Lawd De man dat has been blessed by de Lawd wid a talent for makin' people laff, deah wreddern, an' uses it rightly, kin do more oreddern, an' uses it rightly, kin do more





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AGLETRATES' BLANKS AT THIS