

Tired, Overworked Mothers What You Need is Vinol

War conditions have made the demand upon a mother's time and energy unlimited. In their zeal to do all in their power for their loved ones, they continually overwork and are soon in a nervous, run-down condition. Vinol, the non-secret cod liver and iron tonic, will build you up and make you strong.

HERE IS PROOF

Whitman, Mass.
"I suffered from a nervous, run-down condition and loss of strength so it was hard for me to get around and do my work. After other medicines had failed to help me Vinol restored my health and strength and I heartily recommend it to anyone suffering from a nervous, run-down condition."—Mrs. K. M. Little.

Cleveland, Ohio.
"I kept house for my husband and myself and got into a weak, run-down condition, no strength, languid and no ambition. After doctoring for a while and getting no better I tried Vinol and to my surprise it built me up and strengthened my whole system. It is certainly a good tonic."—Mrs. Wm. D. Dawson.

Vinol Creates Strength

THOMAS WRAN, DRUGGIST.

YOUNG MAN FOUND

HE WAS FRESH

Made a Great Mistake in New Restaurant.

(Chicago News.)
"Smart, that's what I am—just plain smart" bursts out the young man who is looking upward from the button-most rung of the ladder of fame and fortune. "Say, somebody ought to take me out and beat some brains in to my head! Say, but I'm a dub!"

"You're really growing quite sensible," his roommate told him. "I agree with you."

"This is no time for jest," the hard young man protested. "I might as well be a known better. Such things simply aren't true. They don't happen. Then why should I have had the idea they would happen to me? Gee, but she was a peach!"

"Alas!" said his roommate, sitting down and hunching his chair closer. "It looked so different—that's why I went in," protested the stricken young man. "Anybody who has to eat down town knows what I mean. Restaurants are all right, but when they happen regularly in your life every day, why, nobody'll blame you for doing most anything! Human nature can stand just so much, and no matter how kind-hearted a fellow may be, there comes a day when he rises in rebellion at having corned beef, tomato salad, apple pie and hash all flavored just alike. It was at that point, I couldn't decide whether to drop in at Bobbin's for lunch and get a ham sandwich and a piece of pie."

IF YOUR CHILD IS CROSS, FEVERISH, CONSTIPATED

Look, Mother! If tongue is coated, cleanse little bowels with California Syrup of Figs.

Mother can rest easy after giving "California Syrup of Figs," because in a few hours all the clogged-up bowels, sour life and gentle laxative moves out of the bowels, and you have a well, playful child again.

Sick children should be treated with this harmless "Figs" laxative. Millions of mothers know it handy because they know its action on the stomach, liver and bowels. It is a bottle of "California Syrup of Figs," which contains directions for babies, children of all ages and for grownups.

2 STILLS SEIZED IN REST. COUNTY

Return of John T. Kelly, Preventive Officer.

John T. Kelly, preventive officer of Inland Revenue Department, returned on Friday from a trip to Restigouche County. At Balmoral and Eel River stills that were seized by Inspector Mann were turned over to Kelly and are at his office at the Custom House—St. John Globe.

EUROPE WANTS MEAT.

Canada now has the opportunity to make her export position permanent. The war stimulated the export trade in Canadian live stock products to a degree deemed well nigh impossible five years ago. Exports of beef increased 578 per cent, of bacon and pork products 571 per cent.

Total exports of live stock products in the fiscal year ending March 31st, 1918, were valued at \$172,743,881 as compared to \$53,349,119 in 1914.

Canada has the opportunity of holding this trade and increasing it, for our meat products won a splendid reputation in Europe during the war and Canada is in the position of the favored nation.

The price of feed has been high and the cost of producing live stock has been correspondingly. But the market price of finished animals has also been high. The price may decline gradually, but the price of feed will decline also, and the percentage of profit to the farmer should thus remain about the same. Indeed if the cost of feed declines first, the profit to the farmer will be increased.

J. E. Brethour of Burford, Ont. won the first prize for export bacon on the table at the Winter Fair at Guelph, says that with the relative prices of feed and bacon then prevailing there was a good profit.

With standard feed at \$57 a ton and hogs at \$15 live weight, I make a profit of over 20 per cent," said Mr. Brethour. "It is the profit that counts not the selling price and profit depends upon the relation of the price of feed to the market price of the finished animal."

A full purse is the best pocket companion.

calling her from the kitchen: Thereupon she made a lightning getaway. "Young fellow," said a millionaire-looking old chap behind me, "you may be interested in knowing that young lady's father is Samuel Highstairs—the Highstairs who makes about twenty new millions each year—and she and her friends are working here because it's their food for France shop and they're earning money to send over to the war!"

"Well I got up and sneaked out. And you bet I dropped my change in to the contribution basket on the cashier's desk I hadn't noticed before. All of it!"

"Sa-a-y!" gasped his roommate. "Sa-a-y!"

Gray Hair
Hair's Health
A preparation for restoring natural color to gray or faded hair. It is a safe and reliable remedy for all cases of hair loss, thinning, itching, or falling out. It is sold by all druggists and is made by the Gray Hair Co., New York, N.Y.

HOW TOWNSHEND WAS RELEASED

Despatch of the Hero of Kut to Arrange Turkish Armistice.

The London Daily Express has received from Lemnos the story of how General Townshend, of Kut, took a most important part in the negotiations which led up to the Turkish armistice.

It seems that after the flight of Cover Pasha and his follow, Young Turk conspirators the Government fell into the more stable hands of Izzet Pasha, who realized at once how necessary it was to arrange for a peace without delay. There was a downwind, the prisoner, on the Bosphorus. Why not send for him and ask him what to do? In every line of view that the Turk leaders had with the hero of Kut for the past three months he had urged them to surrender. He had no opportunity to impressing on both the Enver party and their successors the dangers in the store for Turkey if they hesitated.

The Germans, under the notorious Count John Bernhard, the German Ambassador, were keenly conscious of Townshend's growing influence and popularity, and they made it extremely difficult for him to see the Turk leaders in person. Eventually, when Izzet Pasha, after Enver's flight, sent for him, the British General, dressed in multi, went into the Sublime Porte through a side entrance and there had his secret talk with the new head of the government.

Izzet was extremely anxious to preserve the government, and he offered General Townshend his freedom if he would proceed to Lemnos and arrange matters.

The General declared himself ready to go. Accompanied by a Turkish officer and the British A.D.C. who had been left with him in his captivity, he crossed over to Asia, and was taken by special train to Smyrna. Here he was received with almost royal honors by the Turkish Government, who gave a luncheon for him and made highly complimentary speeches, in which the defence of Kut was compared to Osman's defence of Vienna, which means a lot in Turkey.

Outside the General noticed a British officer prisoner accompanied by a Turk. The officer had come in to see his dentist, but the General beckoned him and asked him to come along with him; to which the Turks made no objections, and the officer is now a prisoner in England.

The Arrival at Mitylene.

The party left that night in a Turkish tug for Mitylene. The Turkish captain was nervous about the minefields over which they had to pass. He protested to the General that if his ship were to strike a mine and the distinguished soldier were killed, he, the tug captain, would be court-martialed. To which General Townshend is reported to have replied: "Never mind. If we strike a mine you'll not be there to attend the court."

They arrived at Mitylene at night, and a young British naval officer who came out in a launch to meet them, was dumfounded when on shouting to the stranger, "Who are you?" he was answered with, "It is General Townshend." "By your side," he blurted out, "I am glad to see you."

From Mitylene the party went on to Lemnos, where the fleet, and to here, after some wiring to London, the Turkish officer was put on board a seaplane and hurried back to Constantinople to fetch the peace plenipotentiaries.

GERMANS HAVE SURRENDERED SUPER-DREADNAUGHT BADEN

London, Jan. 11.—(British Wireless Service).—The German super-Dreadnaught *Baden* has arrived in Scapa Flow and has been interned there with the other vessels of the German fleet. The surrender of this warship was demanded in place of the battle cruiser *Macdonald*, which has not sufficiently completed to leave Germany.

Baden is a vessel of about 27,000 tons, similar to the Queen Elizabeth class, mounting eight 15-inch guns and steaming nominally 23 knots.

Another flotilla of German submarines, numbering sixteen, is to leave Germany tomorrow for surrender to the Allies. There are still seven submarines in neutral waters which are about to be surrendered, and forty-four U-boats in German ports which must be given up. One hundred and seventy are in various stages of building, but the majority of them are mere skeletons and further construction work on these vessels has been suspended.

Send your RAW FURS TO A. E. ALEXANDER & SONS

Raw furs and skins are not boring to us. We always receive the latest quality and the highest market prices. Quick delivery. We price list furs but we guarantee to hold your value amounts until you accept of satisfactory offer.

FARM BOOKKEEPING PRODUCES THRIFT

Has Never Known It to Fail, Says a Business Man Dealing With Farmers.

"Your Farmer's Account Book is a great idea to encourage farmers to know more about their business. Wherever farmers keep records of their business, if nothing more than the expense incurred, it seems to produce thrift. I have been dealing with the farmers 23 years and have always encouraged them along this line. I have a small farm and take much pleasure in knowing about the farm in producing each year and comparing one year's results with another. I will use your book now, since it is simpler and easier to refer to than my own method."

Thus writes J. B. Reed, a wholesale and retail flour and feed dealer of North Hadley, Que., to the Commission of Conservation. The Farmer's Account Book referred to above is a simple yet comprehensive set of farm book-keeping blanks which any farmer may obtain from the Commission of Conservation, Ottawa, by stating in his application how many acres of land he works. If you are losing money, you want to know where you are losing it before it is too late. If you are making money, you likewise are doing it for you, so you can specialize in them.

ST. JOSEPH'S SCHOOL, NASHVILLE, N. B.

Report for December, 1918.

Medal of Honor:—
General Average—Margaret LaPointe, 92.3; French, 92.4.

Testimonial of Excellence:—Margaret LaPointe.

Testimonial of Satisfaction:—
General Average—Clarence LaPointe, 92.3; Helen LaPointe, 92.5.

Testimonial of Excellence:—
General Average—Laura LaPointe, 95.4; James LaPointe, 95.3; Mary J. LaPointe, 91.1; Agnes LaPointe, 95.3; Charles LaPointe, 90.1.

Testimonial of Satisfaction:—
General Average—Eugene LaPointe, 91.2.

Testimonial of Satisfaction:—
French—Clarence LaPointe, 94.5; Helen LaPointe, 94.6.

Testimonial of Excellence:—
French—Laura LaPointe, 95; James LaPointe, 93.4; Mary J. LaPointe, 90; Agnes LaPointe, 92; Charles LaPointe, 92.3.

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Perfect Attendance:—Laura LaPointe, Helen LaPointe, James LaPointe, Mary J. LaPointe, Charles LaPointe, Agnes LaPointe, Eugene LaPointe, Marg. Landry.

MARGARET LAPOINTE, Teacher.

NOTABLE RECORD OF LONDON NEWSPAPER OFFICE EMPLOYEES

Of Ten Thousand Men and Boys Employed Five Thousand Joined the Army—Press at Head of Trade Group in Recruiting.

London, Jan. 13.—(Canadian Press despatch from Reuters, Limited).—A striking fact in connection with recruiting is mentioned in a recent speech of Sir Auckland Geddes. Of ten thousand men and boys employed by London newspaper offices five thousand joined the army, and at the moment of the armistice was being signed there were not thirty men fit for general service in all London newspaper offices. This was a record, said Sir Auckland, which placed the press at the head of every trade group in the matter of recruiting.

POINTERS ON SEEDING CLOVER.

One of the farmers conducting illustration work for the Commission of Conservation in Dundas county has the following to say in regard to the thickness of seeding clover.

"I think it pays well when seeding clover to sow at least 5 lbs. of clover seed per acre. We find a good mixture to be 8 lbs. of red clover, 2 lbs. alsike, 2 lbs. alfalfa and 6 lbs. timothy. I find also that it pays well to sow down all grain crops, even if we do not need or wish to have it for hay, as the clover tends to keep down weeds that would otherwise start after harvest. It also furnishes a large amount of pasture and when ploughed down supplies the soil with humus."

WHAT IS A CORD.

What is a cord of wood? The N. B. consolidated statutes states that a cord is 4 ft. by 8 ft. by 4 ft.—4 in. or 136 cubic feet, not 128 cubic feet as recently published. The extra 8 cubic feet is allowed for loose pack of the cord wood. This is the only legal cord in New Brunswick and should be so measured.

The following is an extract from a letter received by the Commission of Conservation from one of the farmers conducting illustration work in Dundas county.

"Previous to conducting illustration work for the Commission of Conservation, which I began in 1917, I was sowing about 4 or 5 lbs. of red clover seed per acre. During 1917 and 1918, I sowed on a part of my farm as high as 8 to 10 lbs. per acre. The yield of the cord wood seedling was about one-third more than on that sowed at the usual rate."

CARD OF THANKS.

The members of the family of Mr. W. H. Clapperton and Mrs. Chas. Clapperton wish to thank their many friends and neighbors of New Richmond and Miramichi for their kind sympathy and assistance during their recent bereavement.

The Salvation Army Requires Your Assistance

It is estimated that approximately 300,000 soldiers will be required to receive them. The Government has established Hospitals, Convalescent Homes, Training Schools and Penitentiaries, but will there not be many cases of distress and suffering for which the Government has made no provision? Most assuredly there will be. Then what are we going to do to provide for such cases?

The Salvation Army is asking for one million dollars, three thousand of it from this County, to enable them to look after these cases for which the Government has made no provision.

What will your contribution be?

Our returning soldiers have made great sacrifices in order that our homes might be protected from the German menace, and those who will never return have made an infinitely greater sacrifice.

We sent our boys away to the sound of music and loud huzzas, let us welcome them home to the sound of our dollars dropping into the till of the Salvation Army's Home Coming Campaign Fund, that will be sweeter music to them than all the bands in creation.

Solicitors will call upon you during the week of January 20th to 25th, do not treat them as though they were asking alms, remember it is a duty we owe to our boys.

A. A. ANDREW, Chairman.

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The Salvation Army Million Dollar Fund

MAIL YOUR CONTRIBUTION TO ONE OF THE TREASURERS BELOW, OR TO COMMISSIONER RICHARDS, 20 ALBERT ST., TORONTO

We MUST provide for the need of the Soldier and his family!

It is absolutely necessary to ensure certain safeguards and comforts to our boys over there and over here, so that they may be re-established in Canada, strong in body and soul, contented that we at home have stood by them to the finish. What sacrifice can we make for the boys who were prepared to sacrifice everything for us?

What the Salvation Army Has Done

It has provided comforts for fighting men since the twelfth day of the War. Hundreds of thousands of parcels of food and clothing for the boys. Tens of thousands of beds in Hostels in daily use in France, England and Canada. 197 Huts for Soldiers. 1,200 uniformed workers. 45 ambulances. Thousands of War widows cared for. Looked after soldiers' families. Helped to preserve the home ties. Given the MOTHER touch to lonely men.

What Remains to be Done

Keep the Hostels open and open more, so that every returning soldier can get a clean bed and wholesome meals at a price he can afford to pay.

Provide comforts and safeguards for our boys, advancing into Germany, as well as those coming home and needing a place to eat and sleep in Halifax, St. John, Quebec, Montreal, Kingston, Toronto, London, Chatham, Winnipeg or Vancouver.

Guide and assist soldiers' families, especially the widows and orphans.

Soldiers Home **Coming Campaign**

January 19th to 25th

The Salvation Army is equipped and organized to take care of the soldiers' URGENT and PERSONAL needs—needs that are imperative. It has never made a general appeal for funds to carry on this work until now. Give and give liberally. If you are not certain that your contribution will be taken up by a canvasser, send it direct to the Hon. Treasurer, Sir Edmund Walker, Toronto—subscriptions will be acknowledged.

"God loveth a cheerful giver"

SALVATION ARMY MILLION DOLLAR FUND COMMITTEE

Headquarters:

Treasurer Toronto and Ontario: **SIR EDMUND WALKER**, Toronto.

Treasurer New Brunswick: **JAMES M. CHRISTIE**, Bank of Commerce, St. John, N.B.

Treasurer Nova Scotia: **DONALD MCGILLIVRAY**, Bank of Commerce, Halifax, N.S.

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The Flavor Lasts

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