It Spoken Of. end Hagyard's Yellow t cured me of rheumat-ers when I could not Ida Plank, Strathroy, for extarnal and sinful complaints.

t Wait

and vit or-the only dressing hair-and use a little, erve the natural color

inday, Sharon Grove, Ky., veral months ago my hair falling out, and in a few lead was almost bald. I remedies, but they did no ly bought a bottle of Ayer's and, after using only a part ints, my head was covered growth of hair. I recomtion as the best hair ie world."

was faded and dry," writes was inded and dy, writes irdy, of Delavan, Illi; "but bottle of Ayer's Hair Vigor ack and glossy." s Hair Vigor,

Druggists and Perfumers

s and Blotches, ag to the face, forehead, and be entirely removed by the 's Sarsaparilla, the best and ative and Blood-Purifier ever

lyer & Co., Lowell, Mass uggists; \$1; six bottles for \$5.

rv for Piicher's Castoria.

was sick, we gave her Castorna, a Schild, she cried for Castoria ame Mise, she clung to Castoria, d Children, she gave them Castor

WILSON'S



iption Drug Store.

## THE HUBON SIGNAL, FRIDAY, MARCH 2, 1888

ADAUI HH

Household Hints.

## Bealthful Homes

"The first wealth is health," said Em-

Strictly The famous Mr. Banting, who reducmade ga menta are less fashionable ter you couldn't ed his weight by more than filty pounds tell he from she in a theatre seat or a in one year, found that sugar was the church pew; and as long as a masculine most fattening thing he could eat. type of women kept her feet under the Hence, to increase your weight, eat counter the elerk said "No, sir," or cakes, puddings, syrup, honey, candy "Yes, sir," with a degree of couldence and pastry, always taking care that it be borne ont by all that was visible of the orisp and digestible, for indigestible food customer. A little German dressmaker is a chief cause of leanness. New Eagwas bemoaning that it was necessary to land pie-crust is probably responsible for employ an awful man as the figure head the appearance of the typical gaunt Yankee. Other fattening articles of of her establishment.

flow to ures Plump.

Another Hem.

pletely cured her, and she now recom-mends B. B. B. to her friends and neigh-

The Work Which Tells.

gain

"You see," said she, "ladies got so food are tender lamb, salmon and eels, mad for the dress made of man. I had milk and cream, corn bread and butter, to get a stick of a fellow, who all he and those vegetables which grow under knew way to the tape pass over their ground and of which sugar is madeshoulder and the waste round, and ery beets, turnips, etc. Boiled or baked poour 361 211, and then he must be close tatoes, mashed on the plate, and seasoned with salt and fresh butter, make' a watch . Sie give it wrong. The lit le woman then cut the gar- delicious dish, rapidly fattening. Eat

ment. All the wretched tape measure often, and very slowly, for it is not the quantity that is eaten but the amount This year the tailor-made suit is mot the that is thoroughly digested that nourrule, and so she may run her business in lishes the system and rounds the bodily her ow i person. Talor-made suits ad-

bors.

mit of . ... little variety to please the ran stitching or bands of braid scon tired When a dude lives beyond the means of his mother he must marry or come to the luxurious fancy of dressy women, and so the tailor-made female is scarcer

A purzetive medicine should possess tonic and curative, as well as cathartic preperties. This combination of ingre-dients may be found in Ayer's Pulls. Mrs J Thompson, of Elma, Ont., writes that she suffered from general weakness and was so reduced that at times she became almost unconscious. Three bottles of Burdock Blond Bitters com-They strengthen and stimulate the bowels, causing natural action.

than she used to be.

Ta tor-

de Garmonts,

## A New Game for Young Ladles. Beau bag parties are all the rage in

Washington and society belles are beon the side of one's work, it cannot be a heavy heart to the pursuit of worldly, coming very expert at the new game. At one end of the parlor or hall is plac- doubted that the importance of this aid ed an inclined board with a square hole to good work is generally overestimated. in it. Standing at the other end-and The popular doctrine that work which is further away from the board the more done freely, and because the worker fun there is in the game-the players likes to do it, is the best work, rests on pitch ten bean bags toward the hole. A nothing better than popular imagination, regular score is kept, and if the ten and is directly contradtcted by the facts bags fall in the hole it counts 100, or of ordinary life. The work which tells, ten for each bag. Another bag, double is oftenest the work which one does not the usual size, is also provided, and if like, but which is done with a willthis also is thrown into the square open- with set teeth, and hard breathing, and and others impurities, to say nothing of ing it adds twenty, making 120 the determination to do, and to do well. highest possible score. Should any of Work which is a pleasure, is likely to be the bags remain on the board they count treated as a pleasure, and to be done ex-five points a piece, but for every bag that is thrown upon or falls to the floor, moment goes ; but work which costs, five points are substracted. The big and which is done in the name of duty, bag, or Jumbo, counts double, or ten in has a higher claim upon the will and the each case. Many young society ladies attention, and is likely to be wrought

have become quite expert at pitching out with a carefulness which is proporthe little bags and show excellent skill tionate to the self-sacrifice involved in in accurately gauging the distance its undertaking. Work which is a pleas-

erson. We take pains to fulfil its con-ditions in our stock, as relates to food, the other part of the oysters' leaving the other part and liquor for soup ; add ditions in our stock, as relates to food, driak and shelter ; in practising home sanitation for benefit of our families we are blind—strangely stupid. Not su hour that we do not have occasion to apply some law of hygiene bearing di-rectly upon physical wellbeing. We all live by the same means, suffering from similar sources. No populity is initial.

in comperative infancy. Neverthein comperative infancy. Neverthe-less, there is positive knowledge on most LEMON PUDDING. Take the yolks of LEMON PUDDING .- Take the yolks of

of these subjects that may be accepted six eggs wall beaten, with a quarter of a with profit. There must be intelligent co-operation between husband outdoors and wife indoors; natural watchfulness to keep the home in a butth of the mix all together with the juice of to keep the home in a healthy state. He naturally looks after the water sup-the dish with a thim pull paste, pour in the mixture, and bake for half an ply, drainage, sewerage, etc ; she would hour add to her other cares a strict guardian-BAKED APPLES. -- Pare

mit of the little variety to please the ran of women. Thore is a resemblance in each to the other; unpleasant to a world full of change. The simple runs of stitching or bands of braid scon tired caused it is presumed, by bad environ water, pour over the apples and bake ment. There may be stagnant water until the apples are tender.

near, cesspools, defective plumbing, "CINNAMON CAKE - White of two eggs, damp cellar, with refuse and decaying balk one cup of million one cup of million one cup of million one balk one cup of million on damp cellar, with refuse and decaying vegetables. Some one of the these, or othor causes of similar kind, works'ruin with great celerity. The home is darkened, life saddened and the causes re-main in obscurity. Perhaps the parents ground cinnamon. BREAKFAST GEMS. -- One cup of swee never even inquire, "What causes diph-

never even inquire, "What causes diph-theria?" "Whence comes typhold fever?" They wrap themselves in the comfortable assurance that God doeth all things well ! and turn doubtless with a heavy heart to the pursuit of worldly gain.

Helpful as it is to have one's likings all things well ! and turn doubtless with

Hay fever is a type of catarrh having peculiar symptoms. It is attended by an inflamed condition of the lining mem-branes of the nostrils, tear-ducts and throat, affecting the lungs. An acrid mucous issecreted, the discharge is accom-panied wich a burning sensation. There are severe spasms of sneezing, frequent attacks of headache, watery and inflam-We have some loose, general ideas of entilation, open a door or window someimes for that purpose, or leave a slight crack in the chamber window at night. Suppose the whole house is supplied with fresh air, which is only supposing a case, where are the all-important venattacks of headache, watery and ioflam ed eyes. Ely's Cream Balm is a reme-dy that can be depended upon. 50cts. at druggists ; by mail, registered, 60cts. tilating flues for the escape of impure air? air loaded with carbonic acid perhaps Ely Brothers, Druggists, Owego, New germs of disease. It is estimated that one kerosene lamp consumes as much

air as four people. To be shut up in a Sardon, the French dramatist, building a magnificent villa at Nice fo the special benefit of Sara Bernhardt little kitchen -9 x 12-most of the day, working over an oil-stove with four the actress, whose power over the French theatre goes was the great means burners, is anything but exhilarating and healthful. If there is no intelligent by which the poet achieved his golde harvest. The three largest and mo supervision in combining food matemagnifi apartments of the villa have been designed and furnished and set apart for her, and the villa with its rials, in adopting the dietary to the season, or in making such dishes as health in accurately gauging the distance its undertaking. Work which is a pleas-and the strength necessary to be ure to do, is all very well in its way, and the children are fretful, the mother nervous, when she requires a period of luxurious rest and retiren and the father in forbilden paths. Was there ever so geat an absurdity as to Bangerous Counterfeits. enter upon the duties of householders, of housewives, of parents, while know ing next to nothing of hygiene law, of sanitary conditions? No man is his senses would trust his animals in the hands of such ignorance. There are now plenty of books on the subjects. I have just received a new one—"Home Sanitation"—published by Ticknor & Co., of Boston, and edited by a club of collegiate alumni. These ten young

Ont.

Triansig mild H

A Profitable Life.

their maturity.

our druggest or address

NASAL BALM

My wife suffered for five years with

that distressing disease, catarrh. Her case was one of the worst known in these

Mag 11th, 1887.

Dr Lew's Won Sy p has removed tape wo m from Un 30 net in length. It also nestroyed aline or worm. Im Orsten OROQUETES.- Scald and chi I

> It is Absurd For people to expedience for Indiges-tion, unless they rea from eating what is unwholesome at it maything will sharpen the appearant give tone to the digestive organications are separately and give the land stify to the merits of the medicine. Mrs. Sarah Burrough (243 Bighth street, South Boston, what are hus band has taken Ayer's Dyspepsia and torpid in, and has been greatly benefited." A Confirmed Dymptic.

C. Canterbury, of 141 Fudin ton, Mass., writes, that affer years from Indigestion, bras induced to try Ayer's Samari on, bras and, by its use, was entirely cui Mrs. Joseph Aubin, of High Holyoke, Mass., suffered for over from Dyspepsia, so that she coul eat substantial food, became very and was unable to care for her h Neither the medicines prescribely physicians, nor any of the read-alvertised for the cure of Dyspa helped her, until she commenced use of Ayer's Sarsaparilla. "The bottles of this medicine." she writ cured me,"



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## ners Magazine. SPECTUS FOR 1888. in) Christmas Number

lay issue, now ready, is complete in sining no serial matter. The cover by an ornamental border printed ho price is as usual, 25 cents. It ic most delightful stories, poema, by distinguished writers, and su-ritors

ations. the important articles to appear year 1888 are the following-Send

year 1888 are the following-Send tus: UIS STEVENSON will contribute re-each number during the year. He-of many topics, old and new, and iar and personal way, which will bonds of friendship between tho his thousands of readers. In the entitled "A Chapter on Dreams," in the January number, he relates ly, in connection with the general once interesting facts concerning of the now femous story, "Strange Jekylland Mr Hyde." CC DENTS, by W. & Chaplin, will of an an especially important and series of papers on railways, their tions and construction, including incerning facts, for W. & Chaplin, will end an especially important and neering feats, famous stancels, and

tions and construction, including neering feats, famous transls and id indeed, those branches of the sich in this day engage the ster-whole country. The illustrations laccompany this series will be very original and beautiful. The auth-e titles of the future articles will be lates

ARGEAT'S paper on Physical Pre-nd Physical Training will be con-y several of increasing inter-is rich and unique illustration as

y soveral of increasing inter-is rich and unique illustration as ch have already appeared. [ED ANT/EES of special interest will on the Campaign of Waterloo, by opes; on "The Man at Arms," by E, eld ; two papers by Edward L. Wil-rating results of recent Egy pilan re-further article by William F. Ap-nsubject connected wilh his recent on on Wagner, and many others of rest, Professor Shaler's articles on se of the Earth will be continued; es upon two of the most interesting f contemporary European writers companied by rich and novel por-trations.

Trations. Ty in its various applications as a ower, Explosives, etc., will be the t another group of illustrated arti-qual practical interest by leading

qual practical interest by leading a upon these topics. iOINT'S LETTERS written to his friend 5, at a peculiarly interesting time of . will furnish the substance of seve-res of great interest to musical read-will be illustrated with portraits ings from Meddlesshnwown hand. slil be strong, not only in the work nown writters, but in that of new n secaring whose cooperation the has been so fortunate during its of publication. A serial novel, en-rat Harvests, "by Frederic J. Stim-be begun in the January number, in the year novelettes will be pub-Henry James and H. C. Bunner, stories are of noticeable strength ness.

ness. TIQ VS. The Magazine will show in-rxcellence in its illustrations. They ore atomaint and elaborate than is the intention of the pholashers be the best work of the leading artists, phote and foster the most skilled

mote and foster the most skilled of wood engraving. IAL NOILCE. To enable resders the Magazine from the first num-ary, 1837) the following inducements scription and the numbers ubscription and the numbers 7.bound in two volumes cioth

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exercised. In most cases the bags needs doing as much as any : but if the are made of gaily corded ticking, Jumbo task which lies before you is one which will cost you both labor and pain, you being individualized by material of a should accept that as a sign of your different pattern, but a few young higher calling to which you dare not ladies have taken pains to have handprove untrue.-S. S. Times. somely subroidered receptacles for the beaus. The board is generally of plain

Books vs Experience. wood, polished, about two feet wide and Books are useful to add to our know-Books are useful to add to our know-ledge, but practical experience teaches in that the best remedy for all diseases of the Stomach. Liver and Blood is easily to be had and is called B.B.B. 2 three feet long and nine or ten inches high at its greatest distance from the ground. The hole is about five inches square and the smaller bags a little

A Soulful Peg. larger. Jumbo contains a pint of beans and the other bags half the quantity. In many houses where the game is playlady if her husband was at home, she ed, handsome prizes are awarded to these making the highest scores. The said : "I don't know ; I will see, Sir." sport is full of interest and bean-bag boards are now found in every household which expects to be considered up the wall ; then she returned and replied, pointing in the direction : "He is down to the times.

Depend Spon It.

Accidents will happen despite all care and painful injuries such as Sprains, Bruises, Cuts and Burns result. Every numbered on the entrance satemats family should therefore keep flagyard's Yellow Oil on hand, it is the greatest A board in the woodshed has numbers 

Not long ago a Pennsylvania man had his dog assessed and afterwards paid a clear to my comprehension. "At home" means about the house or barns, and him. The dog got among his masters' sheep one night recently and "absent" off from the farm. He shally

tax on

Drepepsia is dreadful. Disordered liver is misery. Indigestion is a fee to good nature. en abrohu disustation? The human digestive apparatus is of of the most complicated and wonderful things in existence. It is easily put out

frings in existence. It is easily put ous of order. Greasy food, tough food, sloppy food, had cookery, mental worry, lato hours, irregular habits, and many other thiuze which ought not to be, have made the American people a nation of dyspeptics. But Grean's August Thiwer has done

a wonderful work in reforming this sad business and making the American people so healthy that they can enjoy

collegiate alumni. These ten young ladies have given themsalves to much Calling at a farmhouse and asking the study and research, practically testing in their own homes the various questions presented. When young women Opening a door into the woodshed, 1 of high cuiture take up work of this saw her gaze a moment at something on kind, tending to improve the health and happiness of the people, it is a most encouraging sign of sanitary progress.in that woods." Finding the gentleman. J. E. J., Vernon, N. Y. he walked to the house with me, when I

Freeman's Worm Powders require no He has twenty-three fields and all are other Purgative. They are safe and sure numbered on the entrance gateposts. to remove all variaties of Worms. Im

"17," and that is the number of his corn-starch and two teaspoons of baking and Receipe Book \$1. Sold by all' woodlot. Thus the matter was made powder. Flavor with lemon or orange. druggists.

More Remarkable Still,

two teacups of mashed potatoes, one and one half teacups of cold boiled codish, two and one half teacups of milk, one-half egg, and one-quarter of a teacup of butter, bake a light brown.

Run no risk in buying medicine, but try the great Kidney and Liver regula-There's Red Pine Gum. For sale at J. Wilson's Prescription drug store.

to gaam ofew gentretto lat. Hoff biloiousness, indigestion, etc., and when combined with Johnston's Tonic Bitters.

busitness and making the American people so healthy that they can enjoy their meals and be happy. Remember: --No happiness without health. But Green's August Flower brings health and happiness to the dyspeptic. Ask your druggist for w bottle. Seventy-five cents. epwly.

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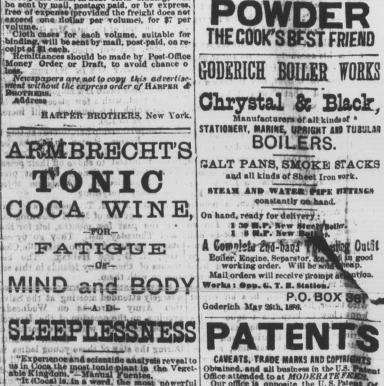
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