

"When you eat let it be the best."



World Happenings Briefly Told

The office of fuel commissioner is being abolished in Ontario.

The city of Winnipeg will not adopt daylight saving this summer.

John Burroughs, world-famous naturalist, died suddenly in a New York Central train at Kingsville, Ohio.

Hon. George M. Murray, premier of Nova Scotia since 1896, will retire from active politics owing to ill-health.

Nearly one-fifth of the total strength of the British army all over the world is now stationed in Ireland.

The total fire loss in Saskatchewan during 1920 was \$2,800,000. This is an increase over 1919 of about \$400,000.

Mrs. George M. Pullman, widow of the inventor of the Pullman car, died at Pasadena, Cal., recently, after a brief illness. She was 79 years old.

Alberta teachers are pressing for the appointment of a Dominion Minister of Education, with a view of forming a national educational policy.

Bishop Fallon told 600 Knights of Columbus at Hamilton, Ont., that he was convinced the fathers of Confederation favored denominational schools.

In order to vote on the Ontario liquor referendum, those making application to have their names placed on the voters' lists, must be present in person.

Lieut. MacIntosh, who last year flew from England to Australia, was killed in an accident recently at Pilbara, 300 miles northwest of Perth, Australia.

Purchase of two grams of radium for 2,500,000 francs has been voted by the municipal council of Paris. The radium will be used in fighting the ravages of cancer.

Enactment of ordinances making it an offense for a member of either sex to wear a bathing costume that does not extend "from the neck to within four inches of the knee" has been suggested in Britain.

The London official gazette publishes an order-in-council prohibiting, except under license, the importation into the United Kingdom of firearms, cartridges, bombs, depth charges, flame throwers, torpedoes, ammunition or any lethal weapons.

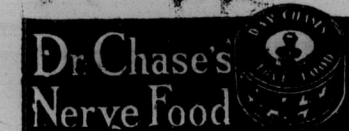


Could Not Sleep

Mr. Earnest Clark, Police Officer, 338 King St., Kingston, Ont., writes:

"For three years I suffered from nervousness and sleeplessness. I believe my condition was brought about by overwork. I had frequent headaches, neuralgic pains and twitching of nerves and muscles. I had indigestion, was short of breath and easily tired. I commenced a treatment of Dr. Chase's Nerve Food, and seven boxes of this medicine relieved me of all my symptoms. I am now feeling one hundred per cent. better than I was, and have to thank Dr. Chase's Nerve Food for the good health I am now enjoying."

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.75, all dealers, or Edmondson, Bates & Co., Ltd., Toronto.



Will Have New Coin

Canada Will Mint Seven Million Nickels Next Year.

If the resolution, notice of which was made in the house by Sir Henry Drayton, minister of finance, is passed, Canada will shortly have a new five-cent piece composed of pure nickel metal. It is proposed to have the coin weigh 70 grains and to make it the same size or very nearly the same size, as the new Canadian one-cent piece.

The American five-cent piece which is popularly called a "nickel" and is generally thought to be composed of the nickel metal, is in reality only 25 per cent. nickel and 75 per cent. base metal.

As all Canadian metal money-pieces must have the same face the new piece will bear the familiar features of His Majesty and the words, "Georgius V Dei Gra Rex Et Ind. Imp." There may be some slight variation in the under side of the coin. If legislation is passed authorizing the minting of these new coins some 7,000,000 would have to be run off in the first year. This is about the average number of five-cent pieces issued yearly. Several reasons are advanced in advocacy of the suggested piece. Nickel mines are at present very nearly at a standstill and although the metal required to make 7,000,000 such coins as are suggested is not large, "every little bit helps" in making the wheels of industry go round.

During the high price period of silver it was found that the face value of the Canadian five and 25 cent pieces was less than its intrinsic metal value. Consequently many coins were taken out of circulation by private people and melted down. Such legislation as is now asked for is intended to forestall any such repetition in the future.

Work of Reparation Agents

280,000 Prisoners of War Taken Out of Russia by Entente.

Two hundred and eighty thousand war prisoners of all nationalities have been taken out of Russia or sent back by the various Baltic routes up to the middle of March by reparation agents of the League of Nations, it was announced by the League of Nations News Bureau. Hundreds of thousands of prisoners, it was stated, still remain to be repatriated. The American repatriation commission has contributed \$865,000 toward the expense of the work furnishing means for restoring 10,587 prisoners.

The Prince of Wales' Hat

Recently allusion was made to the Prince of Wales' hat. The latest tale about him is that, having picked himself up after a toss at the end of last week, someone, giving him back his hunting hat, pointed out that it was broken. "Oh, never mind," said the Prince, smiling, "that's my third in ten days. I think I had better order them made gross."

Minard's Liniment for Sale Everywhere

Great Lakes Service

Canadian Pacific Announce Sailings for the Coming Summer.

The Canadian Pacific Great Lakes Steamship Service for the season 1921 will be similar to last year, according to announcement. The first sailing from Port William eastbound will be the SS. "Manitoba" on Thursday, May 5th, to Owen Sound. This steamer will ply on the Owen Sound route all summer, sailing each Thursday thereafter until the last trip.

The SS. "Assiniboia" and "Keewatin" will commence service between Port William and Port McNicoll with the first sailing May 28th, thence each Wednesday and Saturday until October 1st. Special boat train will be operated in connection with these sailings, leaving Winnipeg, Tuesday and Friday evenings. This train will operate through to the ship's side at Port William, thus avoiding long tire-some transfers.

If acidom pays not to pay your debts.

Shelter Belts of Trees

A Tree Planting Campaign for Prairie Provinces Again This Year.

The Canadian Forestry Association, which conducted a very successful educational campaign in the three prairie provinces last summer, has decided to extend the enterprise this year so as to cover eight months. Mr. Archibald Mitchell, a veteran tree planter, will be again in charge of the Tree Planting Car, which made itself a welcome visitor in scores of prairie communities during 1920, is being refitted as a motion picture demonstration with a sloping floor and the most modern motion picture equipment. New picture films are being made ready for this year's campaign.

The direct object of the Canadian Forestry Association's campaign is not only to beautify the homes of prairie settlers, but to combat the increasing damage through soil drifting and the blowing out of crops by getting popular co-operation in the planting of wind-breaks of trees. The remarkable effectiveness of thick shelter belts of trees is now widely recognized by prairie settlers. Recognizing the great value of this enterprise to the southern portions of the provinces, the Saskatchewan Government granted the Forestry Association one thousand dollars to assist the campaign this year.

Antelope Sanctuary in Alberta

With Western Canada's antelope herds reduced to between 800 and 2,000, the Government has created a national reserve extending over 5,000 acres, near Meniskam, Alberta, with a view to saving this animal from extinction. There are approximately 100 antelope within the park bounds at the present, according to a return brought down in the House.

When Your Appetite Fails This Is What You Need

When the very thought of eating makes you feel dizzy, when you're run down, stomach in bad shape, you need a real housecleaning with Dr. Hamilton's Pills. They tone up the liver, assist the stomach and improve digestion. The taste becomes aware of new flavors in food you never noticed before. You'll look and feel a whole lot better after using Dr. Hamilton's Pills. Many folks used this fine old remedy and nothing else and keep in the pink of condition all the time, 25c at all dealers, or The Catarrhose Co., Montreal.

The habit of drinking kerosene has long prevailed among the Indians in parts of South America, and to such an extent that the importation of kerosene for drinking is a considerable trade in Peru and Bolivia.

Minard's Liniment Relieves Neuralgia

Ontario's Mine Output

The value of Ontario's mine output for the year 1920 was \$46,000,000, according to the report of the Provincial Department of Mines. This included 564,309 ounces of gold valued at \$11,665,735, as against a total value of \$10,451,709 in 1919. Silver production in 1920 was worth \$10,819,673, which was about \$2,000,000 less than during the previous year. The value of nickel matte product of 1920 was \$10,685,500, as compared with \$7,940,403 in 1919.

An excellent protection against worms can be got in Miller's Worm Powders. They render the stomach and intestines untenable to them. They break the surfaces that have become inflamed by the attacks of the parasites and serve to restore the strength of the child that has been undermined by the draughts that the worms have made upon it, and that their operation is altogether health-giving.

Royal Fractions

There is a general opinion that the Queen of England is a person of considerable strength and determination of character. That opinion is reflected in a number of more or less amusing stories. One of them relates that the Prince of Wales, while visiting the British forces at the front, saw in a dugout the pictures of his royal father and mother. Under the King's was written, "George, the fifth," under the Queen's, "the other four-fifths."

Molly—My little sister's got measles. Jimmie—Oh, so has mine. Molly—Well, I'll bet you my little sister's got more measles than yours has. Answers, London.



The Retort

The black-haired boy had a mighty contempt for the tow-headed boy. "Huh," he said, "your mother takes in washing." "Of course she does," the tow-headed, sartorially retorted. "You didn't think she would leave it hanging out at night unless your father was in jail, did you?"

BABY'S HEALTH IN THE SPRING

The spring is a time of anxiety to mothers who have little ones in the home. Conditions make it necessary to keep the baby indoors. He is often confined to overheated, badly ventilated rooms and catches colds which rack his whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. This will prevent colds, constipation or colic and keep baby well. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Pyrites in Canada

The total shipments of pyrites in 1920 were 174,744 tons valued at \$751,009 and included 14,817 tons from Quebec, 148,652 tons from Ontario, and 11,275 tons from British Columbia. The total sulphur content of shipments was 67,627 net tons, or an average of 38.7 per cent. Of the total shipments 27,823 tons were sold for consumption in Canada and 146,921 tons for consumption in the United States.

Some of the most eloquent sermons are wordless.

Heart Weak, Nerves Shattered After the "Flu."

In a large majority of cases those who survived the last epidemic of Spanish influenza were left with weak hearts, shattered nerves, impoverished blood, and the whole system has been left in such a general weakened and exhausted condition that it has been impossible to get back your old health and strength.

If you are in this condition there is only one thing to do; take a course of Milburn's Heart and Nerve Pills and see how quickly your heart will be strengthened, your nerves toned up and your blood enriched. Mrs. W. W. Pearce, 14 Seaton St., Toronto, Ont., writes: "I was left with a weak heart and in a rundown condition from the 'flu.' My nerves were badly shattered, and I had such pains in my heart I could not sleep much at night. I took several doctors' medicines without getting any better. My husband got me to try Milburn's Heart and Nerve Pills, and after I took one box I got relief; after taking six boxes have been well and not bothered since."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

High Price For Canadian Poultry

Paid a Record Price for White Wyandottes.

Five white Wyandottes, all of which won prizes at the recent poultry show held in Kansas City, were bought by Thomas E. Quisenberry, president of the American Poultry Show, from J. S. Martin, of Port Dover, Ontario. The prices paid were \$1,000 for a first prize cock, and \$2,000 for first, second, third and fourth prize pullets. This is said to be the highest price ever paid for any breed in Canada and a record for white Wyandottes on the continent.

Many people are almost crippled with corns. But it is needless suffering which can be speedily ended with Holloway's Corn Remover.

The United States possesses 60 per cent. of all the telephones in the world.

W. N. U. 1243

An Evening Gown of Flamingo Satin



By Marie Belmont.

Among the colors that are especially liked flamingo stands pre-eminent at this time. It is shown in many different fabrics not only for the daytime clothes but particularly for those that are destined for evening wear. In the former realm it is chosen mostly as a trimming, while in the latter it is frequently favored for the fashioning of the whole garment. This lovely gown is originated partly in flamingo satin and partly in cream lace. The satin is draped effectively from the right shoulder toward the waistline, where it is slightly drawn in. From this point it falls gracefully toward the floor. The lace forms an interesting train and is also selected to veil the left side of the gown.

"Cold in the Head"

Is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the system, cleanse the blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system. All Druggists 75c. Testimonials free. 100.00 for any case of catarrh that HALL'S CATARRH MEDICINE will not cure. F. J. Cheney & Co., Toledo, Ohio.

One Kind Action!

"Well, Bobby, have you done any kind action today?" "Yes'm; I gave my white mice to the cat."

B.C. Lumber Industry

In dealing with the growth and prosperity of the lumber industry in British Columbia, W. J. Blake Wilson, president of the Vancouver Board of Trade, stated that an increase of 73,000,000 logs were cut last year over the previous record in 1919, while the value has increased to \$92,628,807 as compared with \$70,285,000.

BRINGS HAPPY EASE

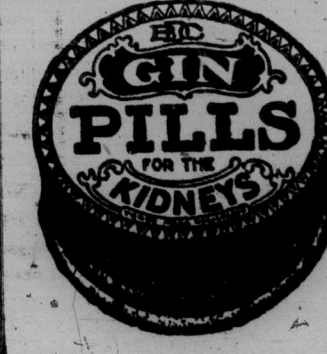


The Remedy your Grandmother used to Get Sure Relief On Sale Everywhere. A GOOD THING. RUB IT IN.

Its Quality Sells It—The fact that so many thousands of intelligent people continue to use Dr. Thomas' Electric Oil speaks volumes for its healing efficiency.

Every since it was first introduced it has grown steadily in public favor, owing entirely to its manifold usefulness in relieving and healing sickness. As a specific for cuts, burns, scalds and various inflammatory pains its record is beyond reproach.

Claudius, the Roman emperor, was the first to insure his ships at sea.



The People's Choice

For Over 70 Years

for digestive disorders has been Beecham's Pills. You can have confidence in this remedy for biliousness, headaches, flatulency, constipation. Sluggish organs are stimulated and the whole system benefited by

BEECHAM'S PILLS

In boxes, 25c, 50c. Sold every where in Canada.

The Ottawa Divorce Mill

There are over a hundred and fifty applications for divorce bills to come before parliament during the present session. The list is unusually long and is the result of marital troubles in two provinces only, the others having divorce courts dealt with all applications. A committee of parliament is not an ideal tribunal for such work, no matter how conscientious the members may be.—The Montreal Gazette.

Rheumatism Relieved in 1 to 3 Days

South American Rheumatic Remedy is a wonderful medicine in the treatment of acute or inflammatory rheumatism, chronic rheumatism, lumbago, neuralgia, and all ailments due to rheumatism. It often cures in 1 to 3 days. At druggists.

Big Order From Egypt

To guarantee British Columbia mills commencing to cut an initial order of seven million, seven hundred thousand feet of ties for Egypt, letters of credit arrived at Vancouver recently from the Egyptian government and were filed with local banks.

The first time a man falls in love he imagines he is in a bottomless pit.

PILES

Do not suffer another day with itching, bleeding, or protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and afford lasting benefit. 60c a box; all dealers, or Edmondson, Bates & Co., Limited, Toronto. Sample Box free if you mention this paper and enclose 3c. stamp to pay postage.

Liberty Grain Blower

Plan mill and elevator combined at half the cost of an elevator. Loads into box car, wagon or bin. One man and gasoline engine does the work of 5 men without shoveling or lifting. Elevators, Ales, Cleaners, scales and polishers. Write for literature. Price list higher and offering a better price. Light, durable, easily moved. Free literature. LINK MFG. CO., Portage la Prairie, Man. (Dept. 14)

MONEY ORDERS

Dominion Express Money Orders are on sale in 500 thousand offices throughout Canada.

AGENTS WANTED! BLISS NATIVE HERBS is a remedy for the relief of Constipation, Indigestion, Biliousness, Rheumatism, Kidney Troubles. It is well-known, having been extensively advertised, since it was first manufactured in 1889, by distribution of large quantities of Almanacs, Cook Books, Health Books, etc., which are furnished to agents free of charge. The remedies are sold at a price that allows agents to double their money. Write Alonzo O. Bliss, Medical Co., 124 St. Paul Street East, Montreal, Canada. Mention this paper.



Look's Cotton Root Compound

A safe, reliable, regulating medicine. Sold in three doses of strength—No. 1, 5c; No. 2, 10c; No. 3, 25c per box. Sold by all druggists, or send for a sample on receipt of price. Free pamphlet. Address: THE LOOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

Women! Use Diamond Dyes

Dye Old Skirts, Dresses, Waists, Coats, Stockings, Draperies. Each package of "Diamond Dyes" contains easy directions for dyeing any article of wool, silk, cotton, linen, or mixed goods. Beware! Poor dye streaks, spots, fades, and runs material by giving it a "dye-book." Buy "Diamond Dyes" only. Druggist has Color Card.

ASPIRIN

"Bayer" is only Genuine



Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin at all. In every Bayer package are directions for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada), of Bayer Manufacture of Monocrocin, a division of Bayerwerke.